

BestPractice

bestpractice.bmj.com

用户指南

BMJ Evidence Centre

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Best Practice 介绍

卫生保健人员在做诊断和临床决策时，需要快速访问到可靠、即时更新的信息---这正是Best Practice能够为您提供服务。

Best Practice 为您提供全新的即时信息投递服务。我们将最新的研究证据，指南和专家意见整合到单一病症中，按照疾病的预防，诊断，治疗和预后的顺序组织信息。您无需进行数据库资源检索，**Best Practice**能够迅速为您提供参考意见。其独特的以病人为中心的方法，代表了当今即时信息投递领域的最新进展。

关于本指南

本用户指南将带您浏览Best Practice，包括：如何浏览病症内容，内容结构及其他特性。

浏览与检索

在Best Practice中，您可以通过多种浏览方式或进行全文检索查找信息。包括首页在内的每个页面的顶端都提供浏览和检索功能。如下：

通过检索框，进行免费文本检索

按首字母方式浏览全部内容

点击“按疾病浏览”
浏览病症

按照内容类型（分析和概览）
或临床分类浏览病症

The screenshot displays the Best Practice website interface. At the top, there are navigation links: "About Best Practice", "Patient Leaflets", and "My Best Practice". On the right, there is a language selector set to "English". Below the navigation bar, there is a "Browse conditions" button and a "Search Best Practice" search bar. A list of medical conditions is displayed, including "Abdominal aortic aneurysm", "Abdominal pain, chronic, assessment of", "Abetalipoproteinaemia", "Abscess, anorectal", "Abscess, retropharyngeal", "Absence seizures", "Acanthosis Nigricans", "Acetylcholine nicotinic post-synaptic receptors", "Acid Reflux Disease", "Acid-base abnormality", and "Acid-base disorder". A sidebar on the left lists various medical categories such as "All conditions", "Assessments", "Overviews", "Allergy and Immunology", "Cardiothoracic surgery", "Cardiovascular disorders", "Critical care medicine", "Dermatology", "Ear, nose and throat", "Emergency medicine", "Endocrinology and metabolic disorders", and "Gastroenterology and hepatology". At the bottom, there is a banner for "BestPractice" with a description: "Best Practice is a completely new concept in decision-support information. Structured around the patient consultation, it covers diagnosis, prognosis, treatment and prevention. Your instant second opinion." Below the banner, there are links for "Purchasing Options", "Take a Tour", "Free Trial", and "Sample Content", and a logo for "from BMJ|Evidence Centre".

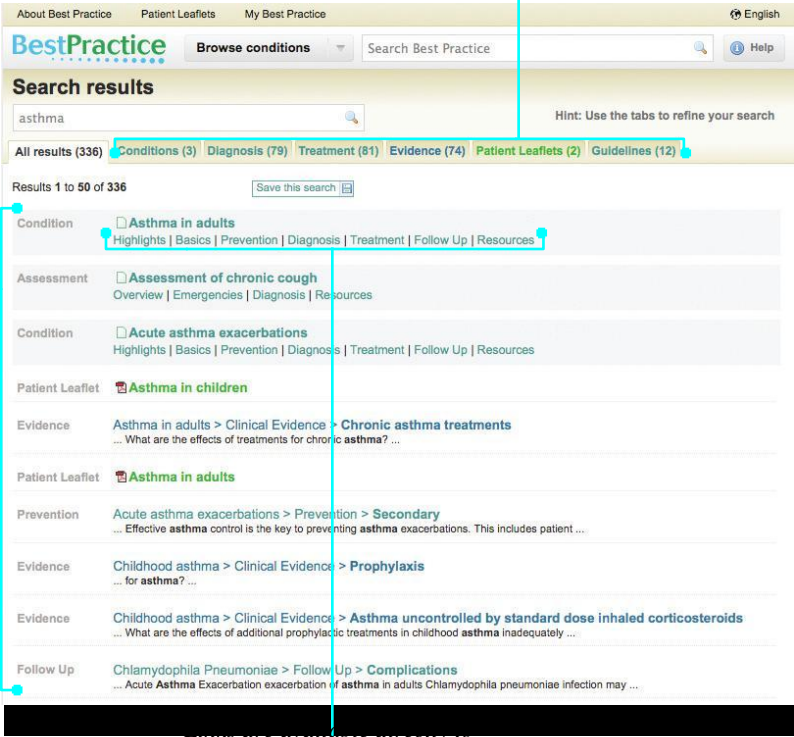
浏览与检索

检索结果

检索结果按照相关性排序，允许读者直接访问与您最相关的内容

使用内容类型标签，优化检索结果

明确列出检索结果的内容类型



提供文章不同章节，便于快速访问

产品正文浏览 分析

分析专题---提供临床重要症状诊断，
诊断试验应用及试验步骤的详细指南。

提供疾病临床诊断
的详细信息

提供应急考虑信息

鉴别诊断内容可按
照频率和分类排序

点击扩展链接至额外信息

Best Practice

Browse conditions

Search Best Practice

English

Help

Assessment of chronic cough

Last updated: January 16, 2009

Overview

Summary

Aetiology

Emergencies

Urgent considerations

Diagnosis

Step-by-step

Differential diagnosis

Resources

References

Images

Online resources

Patient leaflets

Credits

Bookmark

Print

Email

Differential diagnosis

Sort by: common/uncommon or category

Common

show all

- Upper airway cough syndrome (UACS)
- Asthma
- Gastro-oesophageal reflux disease (GORD)
- Non-asthmatic eosinophilic bronchitis (NAEB)

History	Exam	1st test	Other tests
chronic non-productive cough; no differentiating features on hx	no differentiating features on examination	sputum or broncho-alveolar lavage (BAL) differential count: eosinophilia	exhaled nitric oxide (ENO): elevated therapeutic response to inhaled steroids: present

Uncommon

show all

- Lung cancer
- Bronchiectasis

病症专题---包括了与疾病相关的全部治疗信息，如背景信息，预防和随访信息等。

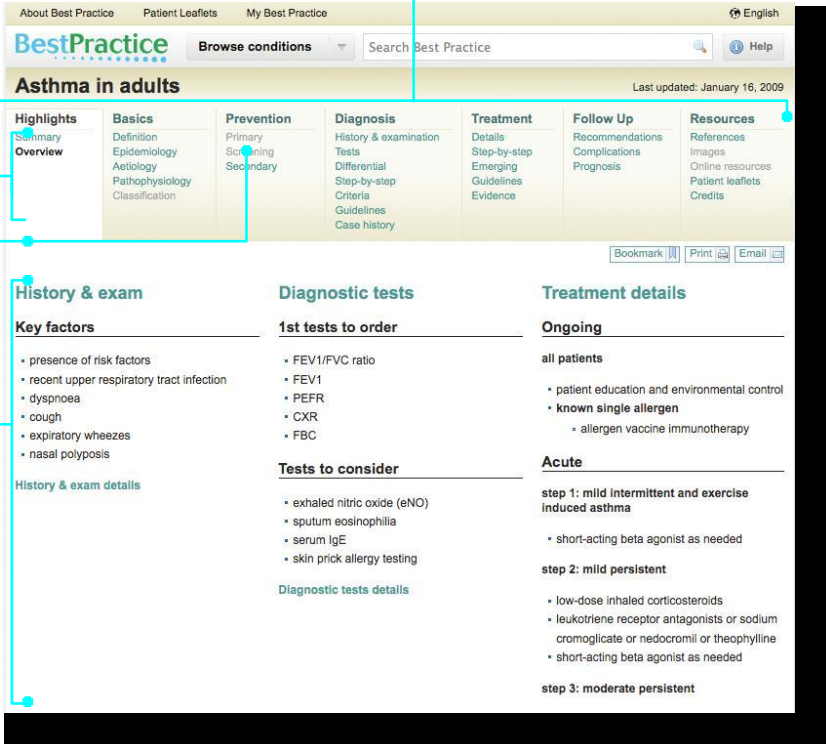
专题内的导航菜单风格一致，便于读者使用。该菜单提供不同章节的快速参考，允许读者快速访问最相关内容。

页面顶部的导航条提供至本专题内不同章节的入口

点击章节内信息，获取最相关的内容

灰色的标题提示本篇文章没有标题相关内容

概览页提供诊断与治疗章节中的亮点内容



产品正文浏览

病症

诊断与治疗信息简洁明了，易于查找
读者可以根据个人需求，扩展或隐藏
文本细节。

文献资料部分包括参考文献（提
供文摘或全文的链接）图片库（同
时可在全文中查看）及其他资源。

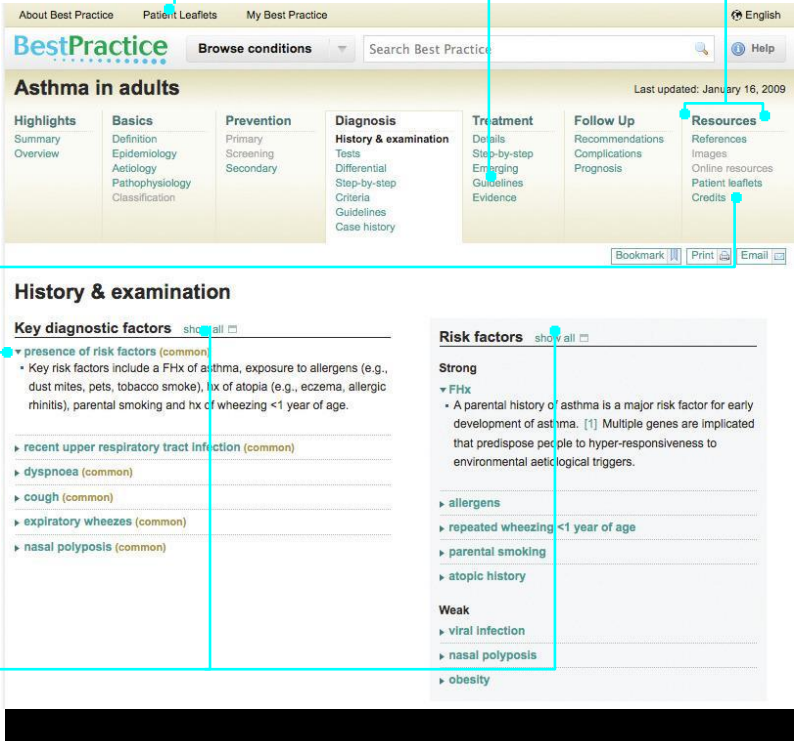
提供疾病相关的国际和地
区组织机构的疾治疗指南

点击查看所有患者教育传单

点击进入此病症相关的患者信息

点击查看详细信息

点击“查看全部”，显示所有内容



Best Practice 疾病治疗的信息来自BMJ
证据中心提供的最新证据。*Clinical Evidence*
是当今世界最可信的医学研究评价来源之一。
Clinical Evidence 中的内容已经被直接收录至
Best Practice 相应的病症中。

直接链接至Clinical Evidence文章，
了解治疗方案的益处和害处

收录Clinical Evidence

治疗效果总结，一目了然

Best Practice

Browse conditions Search Best Practice

Asthma in adults Last updated: January 16, 2009

Highlights: Summary, Overview

Basics: Definition, Epidemiology, Aetiology, Pathophysiology, Classification

Prevention: Primary, Screening, Secondary

Diagnosis: History & examination, Tests, Differential, Step-by-step, Criteria, Guidelines, Case history

Treatment: Details, Step-by-step, Emerging, Evidence

Follow Up: Recommendations, Complications, Prognosis

Resources: References, Images, Online resources, Patient leaflets, Credits

Systematic reviews: Questions Intervention Table ClinicalEvidence

What are the effects of treatments for chronic asthma?

Effectiveness	Intervention
Beneficial	<ul style="list-style-type: none">Adding long-acting inhaled beta₂ agonists in people with mild to moderate, persistent asthma that is poorly controlled by inhaled corticosteroidsLow-dose inhaled corticosteroids in people with persistent asthmaShort-acting inhaled beta₂ agonists as needed in adults with mild or moderate asthma
Likely to be beneficial	<ul style="list-style-type: none">Adding leukotriene antagonists in people with mild to moderate, persistent asthma not taking inhaled corticosteroidsAdding theophylline in people with mild to moderate, persistent asthma poorly controlled by inhaled corticosteroids
Unknown effectiveness	<ul style="list-style-type: none">Adding leukotriene antagonists to inhaled corticosteroids in people with mild to moderate, persistent asthma

个性化服务

Best Practice增值特性---可根据您的需求提供个性化服务。

提供17中语言的标题和导航栏

注册 ‘My Best Practice’ 账号
(或使用已有的BMJ Group 账号)
享受个性化服务。

‘My Best Practice’ 允许用户保存检索史及喜爱文章的书签

集团订购用户可选择上传本地指南和链接

