

# Analysis of Triglycerides by Liquid Chromatography/Mass Spectrometry Application

Food

## Author

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## Abstract

Triglycerides were readily analyzed using liquid chromatography/mass spectrometry with atmospheric pressure chemical ionization in positive ion mode.

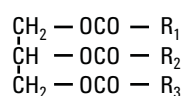
## Background

Oil is a primary component of many foods, such as cooking oils and dairy products. Consequently, it is desirable to conduct compositional analyses of oil-based fatty acid components in food. Such analyses may use either gas chromatography (GC) or high-performance liquid chromatography (HPLC), but the GC methods have problems with the complexity of sample preprocessing, which requires saponification.

With HPLC a direct analysis is possible; however, these methods are low in sensitivity because the compounds of interest do not absorb ultraviolet and separation is barely adequate.

In this study, six triglycerides (Table 1) with identical fatty acid compositions were analyzed using liquid chromatography/mass spectrometry (LC/MS) and atmospheric pressure chemical ionization (APCI) as the ionization mode.

Table 1. Chemical Structure of Triglycerides



Triglyceride	$\text{R}_1=\text{R}_2=\text{R}_3$
Trilaurin	$\text{C}_{11}$
Trimyristin	$\text{C}_{13}$
Tripalmitin	$\text{C}_{15}$
Tristearin	$\text{C}_{18}$
Triolein	$\text{C}_{18:1}$
Trilinolein	$\text{C}_{18:2}$

## Method

- Instrument: Agilent 1100 LC/MS with APCI in positive mode
  - Mass range: 100 to 1000  $m/z$
  - Drying gas:  $\text{N}_2$  4 L/min, 350 °C
  - Nebulizer:  $\text{N}_2$  50 psi
  - Fragmentor: 160 V
  - Vaporizer: 400 °C
- LC Conditions:
  - Mobile phase:  $(\text{CH}_3)_2\text{CO}/\text{H}_2\text{O}$  (98/2)
  - Flow rate: 1.0 mL/min
  - Oven temperature: 40 °C
  - Injection volume: 15  $\mu\text{L}$
- Column: Develosil ODS-UG3, 4.6 mm id  $\times$  75 mm long



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## Results

The following figures show total ion chromatogram (TIC) and selected ion mode (SIM) chromatograms, and mass spectra for the selected triglyceride standards.

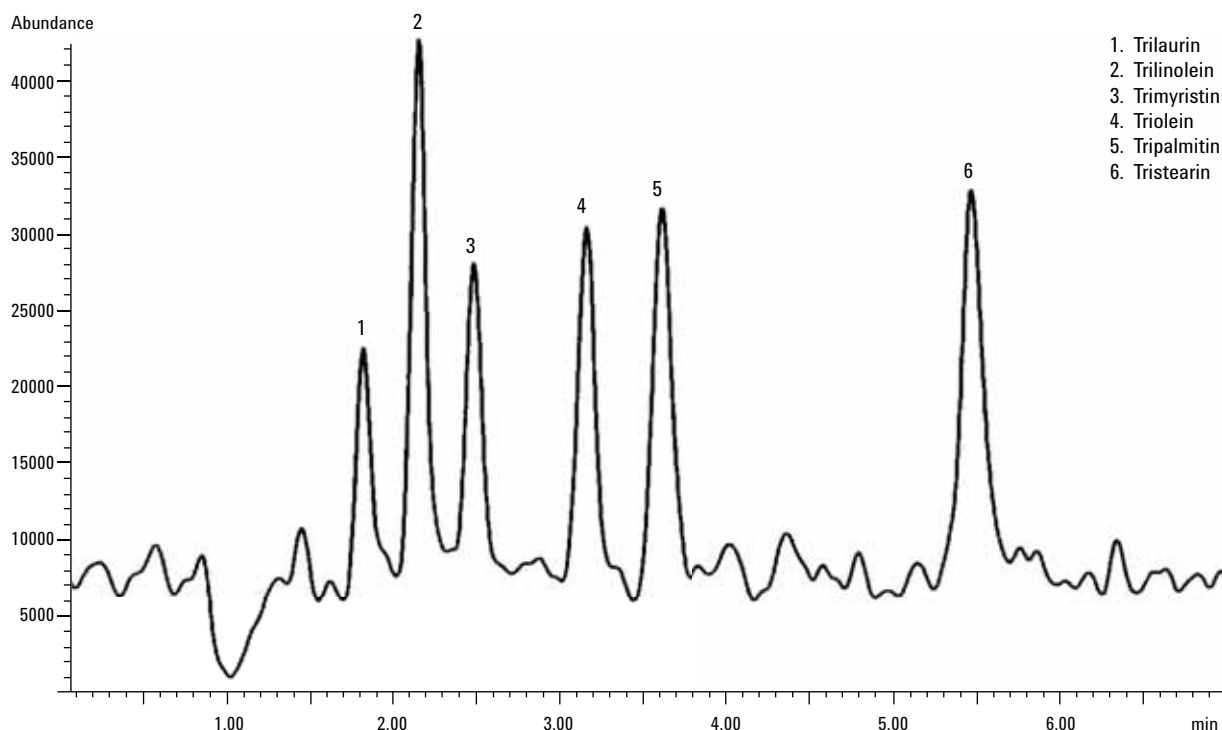


Figure 1. TIC of triglyceride standards, each at 0.2 ppm.

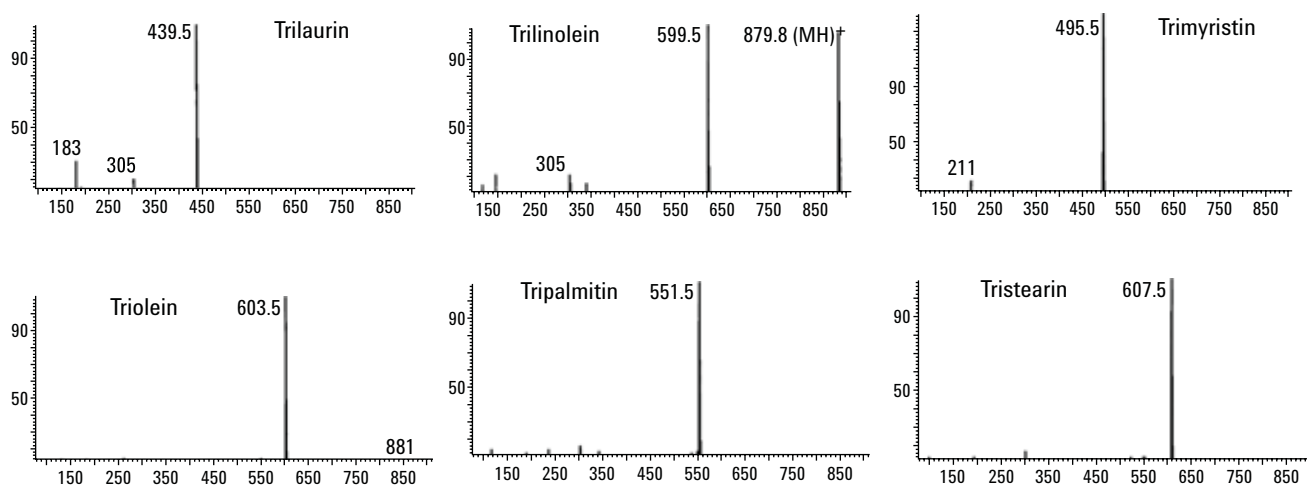


Figure 2. Mass spectra of individual triglyceride standards at 0.2 ppm.

The tallest peak in each case represents the  $[MH-HOOCR]^+$  ion created after the loss of a fatty acid group from the protonated pseudomolecular ion. With the exception of Trilinolein, the protonated pseudomolecular ion was not observed.

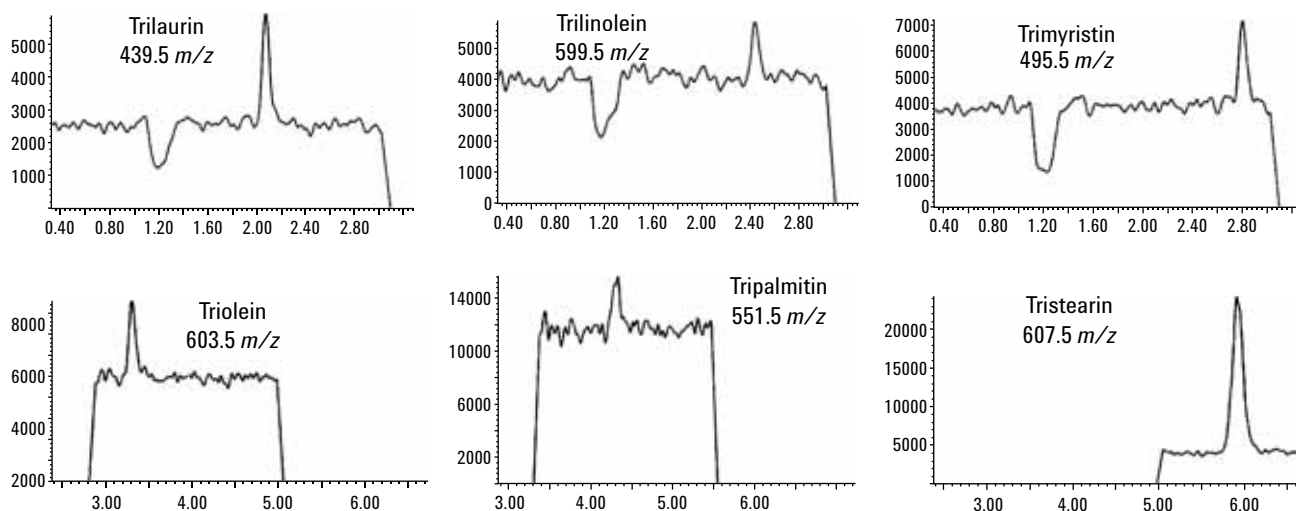


Figure 3. SIM chromatograms of individual triglyceride standards at 1 ppb.

The protonated molecular ions were rarely observed—trilinolein in the scan mode is the exception—and the base peaks consisted of fragmented ions from which fatty acid had been detached.

Sensitivity was favorable, extending down to 0.2 ppm in TIC mode. In the SIM mode, measurements at 1 ppb were possible by selecting the base peak in the mass spectrum of each composition of monitored ions. With this technique, it is possible to measure fat-soluble substances such as triglycerides with a high degree of sensitivity.

## Conclusions

LC/MS, with APCI in positive ion mode, readily detected selected triglyceride standards with high sensitivity.

The analytical peaks were the positively charged fragmented ions from which fatty acid had been detached.

SIM mode yielded sensitivity to 1 ppb.

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Printed in the USA  
August 22, 2006  
5988-4235EN



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