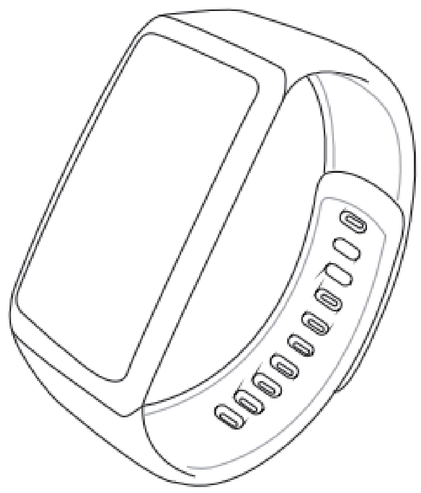
智能运动手环

使用说明书

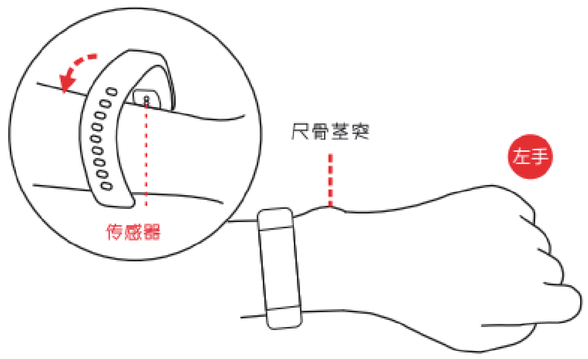
User Guide



亲爱的用户：
欢迎您使用本产品！
为了您更好的使用这部手环使用前请仔细阅读本操作指南

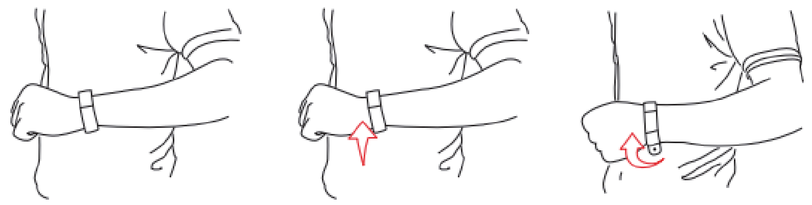
正确佩戴

手环以尺骨茎突后佩戴最佳；根据调节孔调好适合手腕大小；
扣上腕带扣；传感器紧贴皮肤，避免移动；



点亮屏幕

点亮手环屏幕方法：1.滑动屏幕 2.抬手、翻腕



功能介绍

手环功能

自动识别运动　　自动监测睡眠

时间 12 13（竖屏）	卡路里	距离
步数	血压	睡眠监测
心率	短信/微信/QQ显示	来电提醒
运动模式	智能闹钟	蓝牙连接
关机	蓝牙广播	来电拒接
久坐提醒	功能设置	

手环配置多种传感器，佩戴后能轻松识别运动睡眠状态
并记录运动、睡眠数据,计算您的运动、睡眠质量；
睡眠数据暂时只支持APP查看

注意：晚上佩戴手环入睡才会有睡眠数据

使用方法

功能	操作示意
开机	长按屏幕
关机	滑动屏幕至功能界面 切换至 后长按关机
切换二级目录	在时间界面滑动屏幕
确认	长按
来电拒接	长按
信息	滑动屏幕至信息界面 点击查看信息
运动模式	滑动屏幕至运动界面 点击屏幕选择运动类型，选定运动后，长按屏幕，图标闪烁即表示进入运动
查看步行数据	滑动切换至手环时间屏幕，点击屏幕，即可依次查看步数 、卡路里 、距离
心率监测	滑动切换至手环时间屏幕，点击切换至 界面自动开始测试心率
血压监测	在时间日期主界面单击屏幕，点击切换至 界面自动开始测试血压
来电提醒 消息推送 闹钟设置	在【GloryFit】APP中设置

Android用户温馨提示:

使用提醒功能时需要设置为允许"Gloryfit”后台运行；

建议在权限管理中添加"Gloryfit”为信任。

个人信息

进入APP后请先设定个人信息设置→个人设置

可设置头像-性别-年龄-身高-体重单位，个人信息

可提高数据的精准度。

定制个人每天的运动目标，合理的运动规划，

有助于身体素质的提高。

设备连接

首次使用需连接APP进行校准，连接成功后会自动同步时间，
否则时间不准确

打开手机APP点击我的

▼

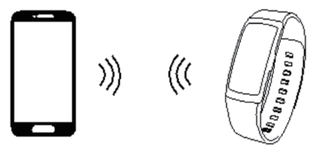
我的设备（IOS)/添加设备（Android)

▼

下拉扫描设备

▼

点击设备连接



蓝牙连接：配对成功后，APP会自动保存手环蓝牙地址，

APP打开或在后台运行，都会自动搜索并连接手环。

数据同步：在APP主页面，直接下拉即可同步数据。

提醒功能：连接状态下，在玩吧界面开启微信、QQ、来电、

短信智能闹钟、久坐提醒开关，手环会震动提醒。

其他功能

更多APP提醒

可添加更多APP提醒，目前只支持部分机型。智能防丢连接状态下手机超出一定范围会发出警报。

Android用户使用此功能时，需要允许"GloryFit”显示悬浮窗

查找手环

连接状态下，点击“查找手环”选项，手环会发出震动。

摇一摇拍照

进入摇摇拍照界面，连接状态下，用户摇一摇手环即可进行倒计时3秒后拍照。

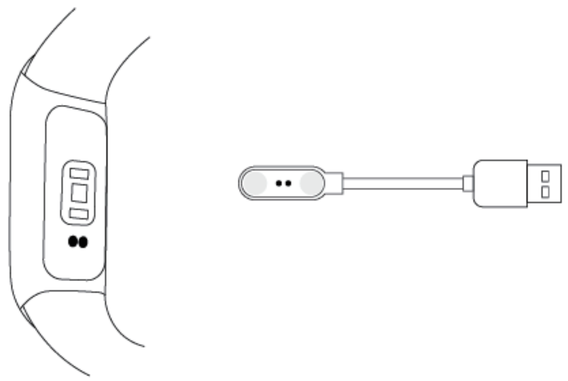
固件升级

固件升级用于检测手环固件是否有新版本；升级过程中，保证蓝牙连接状态下大约需2-3分钟升级完成，期间避免蓝牙设备断开。

恢复出厂设置

恢复出厂设置手环和APP的数据会全部被清零请注意恢复出厂后APP会恢复到出厂设置并退出应用。

手环充电



初次使用确保手环电量正常，若低电不能正常开机,请连接充电器对设备进行充电，手环会自动开机。

充电方式：

用磁吸充电线充电接头端连接手环充电触点，USB一端连接到USB充电设备即可充电。

APP下载

在手机上安装应用

扫描以下二维码或进入各大应用市场下载并安装“GloryFit”

基本参数

设备类型	智能手环	工作温度	-10℃~50℃
显示屏幕	0.96寸OLED	防水等级	IP67
主体重量	19.2g	手环全长	240mm
电池类型	锂聚合物	电池容量	80mAh

注意事项

1.洗澡和游泳不宜佩戴

2.血压和心率测试结果仅作参考，不能作为医学诊断数据。

3.同步数据时请连接手环，使用自带的充电线充电

4.不要把手环长时间暴露在水分较高、温度极高或极低的地方

5.时常取下产品,以便清洁,也可让皮肤透气

6.请勿将产品置于洗衣机或烘干机内

7.请勿在桑拿房或汗蒸房使用本产品

8.请勿将产品投入火中处理,电池可能爆炸

9.请勿使用擦洗剂清洁

10.如果感觉手环在发热,请将其取下加并及时与产品售后进行联系

敬告声明

安全使用声明

1.本机及配件请远离幼龄儿童，以防出现意外。

2.只有本公司专业人员或者指定维修机构才能维修本机，自行拆装或维修可能带来损坏与危险，并不例入保修范围。

3.本机内置电池的能效（待机时间和使用时间）因实际使用方式不同而有所不同。

防水保障声明

4.本机依据IP67防水设计，不仅能够防护日常生活中的灰尘颗粒，汗液等腐蚀性物质，而且可以直接用水冲洗

5.避免高温潮湿环境使用与存放，手环可用清水短时间清洗，但禁用洗涤剂或其他腐蚀性溶剂。

著作权声明

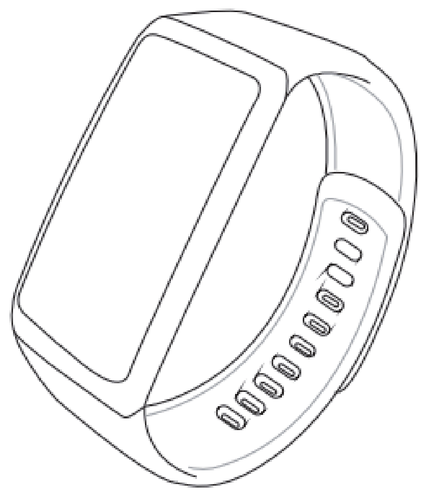
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Smart Bracelet

User Manual

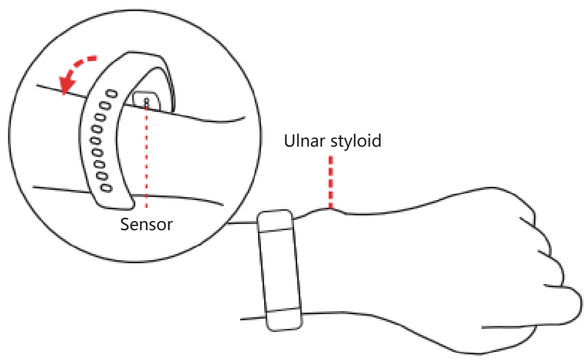
User Guide



Dear costumer,
Thank you for using our product! Please read this manual carefully before use.

Wearing

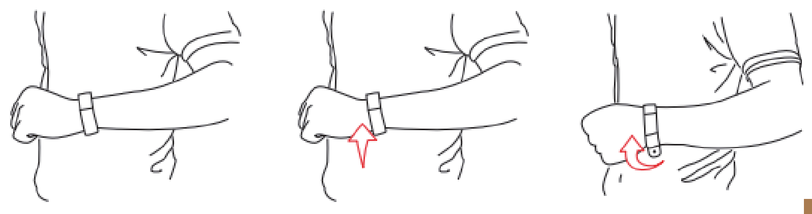
It is suggested to wear the smart bracelet below ulnar styloid process(where the bone sticks out on the left wrist) see drawing. Adjust the bracelet to fit the wrist well and buckle to make the sensor close to the wrist.



Wakeup Screen

Methods to wake up the screen:

1. Swipe the screen or.
2. Raise hand and turn over the wrist.



Functions

Functions

Detect Activities Automatically

Monitoring Sleep Automatically

Time （竖屏）

Calories

Distance

Steps

Blood Pressure

Sleep Monitoring

Heart Rate

Message

Incoming Calls

Exercise Mode

Alarm

Bluetooth

Turn off

Bluetooth Broadcast

Call Reject

Sedentary Remind

Function Setting

This smart bracelet has various sensors to detect exercise and sleeping status. It generates corresponding data to help you know the quality of exercise and sleep.

The sleep data can only be read on the app.

Note: To get sleep data, you need to wear the smart bracelet during sleeping.

Operations

Function	Operation
Turn on	Long press the screen 
Turn off	Swipe the screen to Function Setting switch to and long press to turn off
Switch to second-level directory	On Time Interface, swipe the screen upwards or downwards 
Confirm	Long press 
Call rejection	Long press
Message	Swipe the screen to Message tap to read message
Exercise Mode	Swipe the screen to Exercise Mode tap to choose exercise type. Long press to confirm the exercise type. Enter the exercise type when the icon flashes
Check step data	Swipe the screen to Time Interface, tap the screen to read Steps Calories and Distancein sequence
Heart rate measuring	Swipe the screen to Time Interface, tap the screen to interface to measure heart rate
Blood pressure measuring (Optional feature)	Swipe the screen to Time Interface; tap the screen to interface to measure heart rate.Note: this only works while the hand is rested comfortable on a table and will take about one minute.
Call remind Message push Alarm	Set on GloryFit

Note: Remind function for Android users:

1. Please set to allow GloryFit run on the background if you want to use remind function.
2. It is recommended to add GloryFit to trust in permission management.

Personal Information

Please set personal information on the app before first use. It is able to set avatar, gender, age, height and weight. Correct personal information is necessary to improve accuracy of data.Set daily exercise target - A reasonable exercise plan can help you improve physical fitness effectively.

Device Connection

You need to connect the smart bracelet to the app for calibration before first use. The smart bracelet will sync time from Smartphone automatically.

Open the app, go to My Device (iOS)

▼

Add a new device (Android)

▼

drop down to scan devices

▼

tap the correct device to connect.



Bluetooth connection: When paired successfully, the app will save the Bluetooth information. The app will search and connect the smart bracelet automatically when it is running. Data sync: On the main page of the app, drop down to sync data. Remind function: This is located on the "Smart" menu. When the smart bracelet connected with smart phone, enable remind function on the app for SNS apps, phone call, SMS, alarm, sedentary, etc.

Other Functions

Remind for More Apps

Following are functions located under “Smart” menu It supports to add remind for more apps for limited models. Anti-lost function enables the smart bracelet vibrate to remind you when the Smartphone is out of a certain range.

For Android users, it needs to allow GloryFit displays floating window.

Find the Smart Bracelet

In connection status, tap Find the Smart Bracelet on the app. The smart bracelet will vibrate.

Shake to Take Photos

Enable “Shake to take selfie” then position the Smartphone on location you desired shake the smart bracelet to enter a countdown (approx 3 seconds) to take photos from Smartphone via smart bracelet.

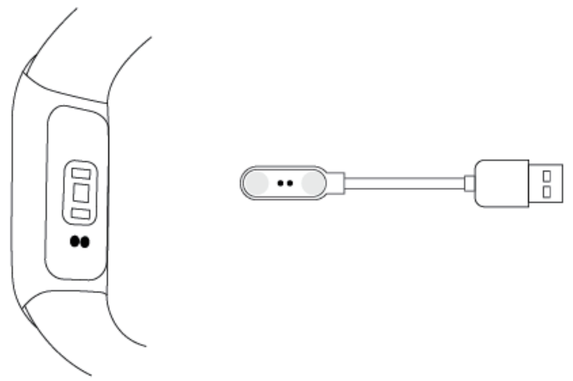
Firmware Upgrade

Use Firmware Upgrade function to upgrade the smart bracelet. It may take 2-3 minutes to complete the upgrade. Do not disconnect them during upgrading.

Restore Factory Settings

Please note restore factory settings will clear all the data on the smart bracelet and the app.

Charge the bracelet



Please charge before first use. The smart bracelet will turn on automatically.

Charge Method:

Connect the charger to the charging contact, and connect the USB plug to a USB port.Fully charge bracelet will last approx 4 days pending on usage.

App Installation

Install the app on Smartphone

1. Scan the QR code below to install the app.
2. Search GloryFit on Apple Store or Google Play to install the app.

基本参数

Device Type	Smart Bracelet	Working Temperature	-10℃~50℃
Display	0.96″ OLED	Waterproof Grade	IP67
Weight	19.2g	Size of Unit: (LxWxH)	240mm*19mm*9mm
Battery Type	Lithium polymer battery	Battery Capacity	80mAh

Notes

1. Do not wear it on snorkeling or deep sea diving.
2. Measuring results of heart rate and blood pressure are for references only. It cannot be used for medical diagnosis.
3. Please connect the smart bracelet to Smartphone before sync data. Use only the original charger to charge the smart bracelet.
4. Do not expose the smart bracelet to high humidity, extreme high temperature or low temperature environment over time.
5. Take off the smart bracelet regularly to clean it and allow your skin to breathe.
6. Do not place it in a washing machine or a laundry drier.
7. Do not use it in a sauna room or a steam room.
8. Do not put it into fire as it may cause explosion.
9. Do not clean it with abrasive cleaner.
10. If you feel the smart bracelet is heating up, take off it immediately and contact the seller.

Declaration

Safe Use Declaration

1. Keep the smart bracelet and its accessories away from children in case of accidents.
2. Do not disassemble or repair this smart bracelet. Refer all servicing to qualified service personnel. The damages caused by non-professional maintenance or dismounting specified by our company are out of warranty service.
3. The actual battery time may be changed by different using conditions.

Waterproof Declaration

4. This smart bracelet is IP67 waterproof. It is resistant to dust and sweat in daily use. It can also rinse under running water.
5. Keep the smart bracelet away from high temperature or wet place for using or storing. Clean it with clean fresh water for short time. Do not use any detergent or other corrosive agent to clean it as that will damage or scratch the display surface.

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