realme

version: 1.0

realme Watch S Pro
User Manual



Thank you for choosing realme Watch S Pro. Please read this manual carefully before using the product and keep the manual for further reference.
Illustrations of the product, accessories, and user interface in the manual are for reference purposes only, as the product is being updated and upgraded. There may be some differences between the actual product and the schematic. Please refer to the actual product.

Overview

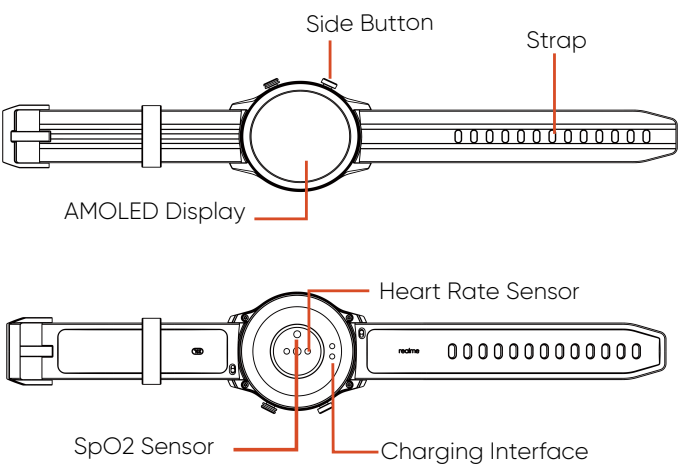
1. General Instructions

The new realme Watch S Pro (hereinafter referred to as *the watch*) is an ultra-thin, big screen watch with long-lasting battery life. It is capable of measuring your blood oxygen levels, tracking your heart rate, sleep and workout activities, as well as serving as an information assistant and other smart tools. With its fashionable design, big screen display and the ability to track your workout and health accurately, the Watch is the perfect companion for your daily fitness and leisure activities.

Features:

- Bluetooth BLE 5.0
- Full touch screen with 2.5D glass cover
- A 1.39-inch AMOLED display with 454*454 pixel
- Daily tracking: steps/calories/heart rate
- Meditation Mode
- Sleep monitoring
- Call/message notifications
- Swimming style identification
- Find your phone
- Music control
- Camera control

2. Production Information



3. In the box

1. The watch (built-in polymer lithium battery)
2. User Manual
3. The charger

Instructions

4. Installing the App and Pairing

a. Installing the App

Please turn on the Bluetooth of mobile phone and use your phone to scan the QR code shown on the watch screen to download and install realme Link app. You can also scan the QR code below or go to app store to download realme Link app.

https://www.realme.com/in/app-download#realmeLink

b. Binding and Connecting

Go to the realme Link app, tap "Add device" and bind the watch according to the instructions.



Tips:

Before binding, please make sure the Bluetooth of your mobile phone is turned on, and your phone is properly connected to the watch.
If you fail to find the watch when trying to add it, or unable to connect to it when using it, reset the watch to factory default settings and then add it again in the app.

Instructions

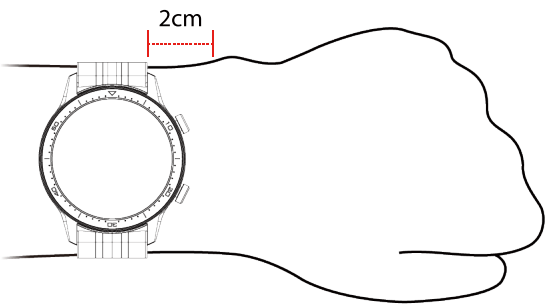
5. User Guide

Please find more details about instruction from realme Link app --> Settting --> User guide.

To view Regulatory Information on your watch: go to Settings page --> System --> Regulatory Information.

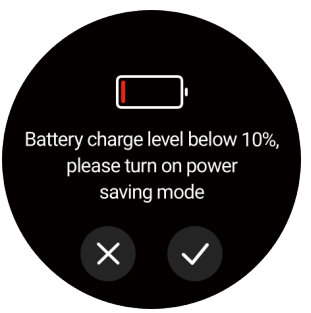
6. Wear Properly

To ensure the accuracy of the heart rate measurement, please wear the watch about 2cm from your carpal bones and make sure the heart rate sensor can collect data normally.



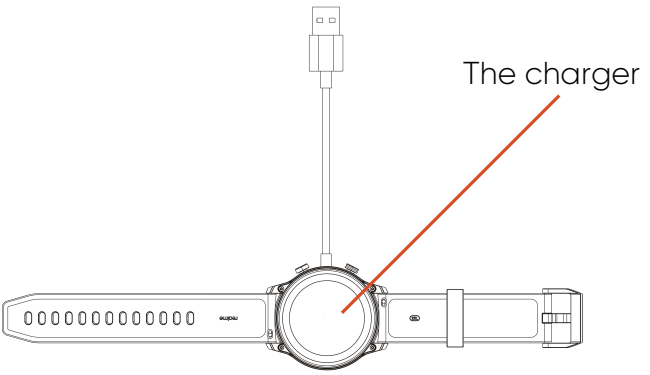
7. Low Battery

Please charge the watch immediately if the battery power is lower than 10%. The watch will vibrate once and a pop-up window will appear as below, tap √ to enter the Power Saving Mode, or X back to the lastest state.



Instructions

8. Charging



a. Place the watch on the charging base, and make sure the charging contacts on the back of the watch are properly aligned and attached to the metal pins on the charging base.

b. Connect the charging base to a standard, certified USB charger.





Tips:

a. When not used for a long time, the watch may fail to power on, in this case, you need to charge the watch for about 2 minutes before the charging icon appears on the screen.

b. Before charging, gently wipe the charging contacts clean and dry to get rid of sweat and moisture.

Frequently Asked Questions

9. FAQ

Issue description	Possible cause	Solution
Incorrect step counting	Abnormal waggling or vibration of device.	Wear the watch properly to avoid abnormal vibration.
	Walked less than 10 steps.	Walk continuously for more than 10 steps.
	Sliding or walk wearing slippers.	Walk with normal posture.
No display.	Low battery.	Connect to charger to charge the watch.
Failed to sync up data with APP	The mobile's Bluetooth is off.	Turn on your mobile's Bluetooth.
	APP is shut down or crashed.	Reset the realme Link APP.
	Out of Bluetooth signal range.	Keep your device close to mobile device with Bluetooth is on.

For further information, please scan the QR code below to follow us.

Specifcations

10. Specifications

Product Name	realme Watch S Pro
Product model	RMA186
Screen	1.39 inch Amoled Display
Resolution Ration	454*454 pixel
GPS&Glonass	Support
Sensor	Accelererometer, Geomagnetic sensor Gyroscope sensor, Ambient light sensor Optical heart rate sensor.
Frequency Range	2402MHz-2480MHz
Bluetooth Version	BLE 5.0
Bluetooth Transmitting Power	< 1 dBm
Weight	Approx. 63.5g (including the strap)
Battery Capacity	420mAh
Working Temperature	0 °C to 45 °C
Storage Environment	Temperature:-20 °C to 60 °C Relative Humidity: ≤90% RH

Warranty Policy

Thank you for purchasing realme products. If there is any product quality problem within 12 months from the date of purchase, you can enjoy the warranty service of our company for free.

Matters Needing Attention:

1. When you buy the product, the sales unit will issue a valid proof of purchase.

2. The warranty card and the proof of purchase should be kept by the user properly, and it will not be replaced if lost.

3. If the product fails due to non-human factors, the user can present the warranty card and proof of purchase to the realme customer service center for free maintenance during the warranty period.

Non-warranty situation:

This warranty does not cover the following cases:

1. Out of warranty period.

2. Damage caused by use not in accordance with the instructions.

3. Damage caused by man-made causes.

4. Failure caused by unauthorized disassembly, maintenance, or modification of the product.

5. Damage caused by force majeure factors (such as floods, earthquakes, lightning, etc.)

6. There is no warranty card, invoice, or warranty card that does not match the invoice information.

7. The product wears naturally.

8. Other failures and damages that are not caused by the quality of the product itself.

Website: www.realme.com

Warranty Card (Stub Copy)

Dear user, thank you for using the product of our company. Please read and keep the warranty card properly after purchasing the product so that we can provide better services to you.

User Info

User's Name_____

Phone Number_____

Address _____

Email_____

Product Information

Product Model _____

Product Serial Number _____

Sales Information

Purchase Date_____

Invoice Number_____

Sales Unit _____

Phone Number _____

Address _____

Warranty Card (Customer Copy)

Dear user, thank you for using the product of our company. Please read and keep the warranty card properly after purchasing the product so that we can provide better services to you.

User Info

User's Name _____

Phone Number _____

Address _____

Email _____

Product Information

Product Model _____

Product Serial Number _____

Sales Information

Purchase Date _____

Invoice Number _____

Sales Unit _____

Phone Number _____

Address _____

Safety instructions

1. This product is not a medical device and so it is not intended to diagnose, treat, cure or prevent any disease.
2. Please consult your doctor before starting or adjusting any fitness program.
3. If you are suffering from a physical illness that may be affected by the use of this product, please consult your doctor first.
4. Do not check screen information when you are driving, distracted, or in other hazardous situations.
5. This product is not a toy. Do not allow children or pets to play with it. the small components of the product may cause suffocation.
6. The functionalities may be affected by external factors such as interference, therefore the data is for reference only.
7. The product can be used to track your heart rate prolonged wearing of the product may cause skin irritation or allergies for some users or pose a health risk to users suffering from certain ailments. If you are in any of the following situations, please check with your doctor before using the product or stop using it.
   --you are epileptic or sensitive to light.
   --you have poor blood circulation or are suseptible to bruising or you have heart disease or other diseases.
   --you are taking any photosenstive drugs.

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IS 13253(PART 1)
IEC 60950-1

R-41148849
www.bis.gov.in

realme

Service website: www.realme.com

Regulatory Information

11. Recycling intiative

At realme we understand that our responsibility doesn't end at selling you our products. realme has been working in the area of safe disposal of electronic waste. Since mobiles, tablets and other electronic items are made of hazardous constituents. Under the Guidelines of Ministry of Environment, Forest and Climate Change, Government of India, E-waste (Management) Rule, 2016 and Amendment E-waste Rule 2018.



- realme will seek shared responsibility and cooperation from customers in reducing the environmental impact of their products.
- realme will comply with all the applicable laws related to E-waste management.

For more information on safe disposal, recycling and you may log on to https://www.realme.com/in/legal/e-waste-management or write an email to service@realme.com or contact our Toll Free No 1800-102-2777.

Disposal and Recycling Information

This symbol (with or without a solid bar) on the device, batteries (included), and / or the packaging, indicates that the device and its electrical accessories (for example, a headset, adapter or cable) and batteries should not be disposed of as household garbage.