Panasonic[®]

使用说明书 Operating Instructions

(家用)电动按摩椅 (Household) Massage Lounger

型号 EP-MA100

简体中文 SC2 English EN2



感谢您购买本Panasonic产品。 使用本产品之前,请仔细阅读本说明书, 并妥善保存以供未来使用。 Thank you for purchasing this Panasonic product. Before operating this unit, please read these instructions completely and save them for future use.

扫描二维码

关注松下服务官方微信平台



在线人工客服 一键报修报装 服务进度查询

列出各种常见问题,以便寻找!

SC 10

搬运、设置和组装

● 本机的尺寸! (SC49)

SC 18

简单地通过触控面板设置按摩偏好!

- 用户选择/用户注册(SC22)
- 进行全身按摩时(SC23)
- 使用喜欢的动作对特定身体部位进行按摩(SC24)
- 强度调节(SC30)

SC 28

结束按摩要花多久?

- "自动全身按摩"(SC23)
- 按摩程序和运作时间(SC28)
- 调整设置以适应您的个人偏好(SC30)

SC 28

关于温热按摩

SC 47

声音异常!

●动作声音、感觉等

目录

使用前	
安全注意事项SC4	
主机各部件名称和功能SC8	
设置按摩椅SC10	
组装SC12	
开始按摩前SC14	
使用方法	
遥控器各部件名称和功能SC16	
简易操作	
肩部按摩轮侦测体型SC20	
用户选择/用户注册SC22	
进行全身按摩时	
使用喜欢的动作对特定身体部位 进行按摩	
动作内容	
手·手臂·腿部和足底的合适放置位置SC29	
力度调节SC30	
设置和屏显帮助SC35	
按摩结束后SC36	
搬运本机 SC37	
請洗及保养SC38	
州ル以体が、	
其它	
常见问题解答(Q&A)SC39	
故暗检修 SC44	

安全注意事项(请务必遵循这些安全说明)

下文列举的是使用中为防止人身受伤或财产损害必须遵循的安全事项。

■ 所有安全事项将根据因错误使用本机导致受伤或损害的程度予以说明。 请确保在使用前阅读所有说明。

<u> </u>	可能造成死亡或重伤后果的事项内容。
<u> </u>	可能造成轻伤或财产损害的事项内容。

魚警告

关于症状



● 下列人员请勿使用本机:

- (1)被医生禁止接受按摩的人员(例如:血栓栓塞症、下肢深静脉血栓、肺栓塞、重度动脉瘤、急性静脉瘤、静脉炎、各种皮肤炎或皮肤感染症[包括皮下组织炎症]患者等)
- (2) 骨质疏松患者、脊椎骨折病人、患有扭伤、肌肉拉伤或撕裂等急性疼痛性疾病的人
- (3) 佩戴起搏器或其他易受电子干扰的体内植入型电子医疗器械的人
- (4) 孕妇、刚完成分娩的妇女
- (5) 急性腰痛、椎间盘突出症、腰椎滑脱症、脊柱管狭窄症、腰椎退化性疾病患者
- (6) 脊椎异常或脊椎弯曲患者
- 有以下症状者,请勿使用腿部按摩、腰部/臀部按摩以及骨盆伸展。
 - (1) 臀部周边急性炎症、急性臀部疼痛、梨状肌综合征或坐骨神经痛患者
 - (2) 髋关节变形等髋关节较脆弱的人
 - (3) 使用时感觉臀部和腿部疼痛、麻痹或酸胀的人

(否则可能会导致症状恶化。)

●本产品不宜供肢体、感官或精神上有残疾者,或缺乏经验和知识者(包括儿童)使用,必须有监护者从旁监督并对本产品的使用加以指导,且对用户的安全能承担责任。请避免儿童将本产品视为玩具,从而引发危险。

(否则可能会导致事故或受伤。)



- 具有下列任何状况或正在接受治疗的人,在使用本机之前,应咨询医生。
 - (1) 恶性肿瘤患者
 - (2) 心脏病患者
 - (3) 热觉丧失患者
 - (4) 因糖尿病等高度末梢循环障碍引起知觉障碍的人
 - (5) 正在接受抗凝血治疗者
 - (6) 按摩部位受伤的人
 - (7) 体温38°C以上(有发热症状)的人

(例如:有急性炎症症状(如疲倦感、寒颤、血压波动等)强烈时,身体虚弱时)

- (8) 必须静养或身体显著不适的人
- (9) 除上述之外,身体感觉特别不适的人
- 使用中感到身体异常,或使用后感觉没有效果时,请立即停止使用并咨询医生。
- 本机具有发热表面。对热不敏感的人使用时必须注意。

(否则可能会导致事故、受伤或感觉不适。)

并请注意以下几点



● 请勿擅自改造本机。请勿自行分解或修理本机。 (否则可能会导致起火或动作异常引起的受伤。)

■ 必须遵循的安全说明用下列符号表示。(下文为符号范例。)



绝对禁止事项。



必须执行事项。

使用时



- 按摩颈部时,请注意按摩轮的动向,请勿按摩前颈或过重地按摩颈部。
- 请勿坐在置脚台、靠背或扶手上。
- 儿童禁止使用本机。请勿让儿童在本机上玩耍 或爬到置脚台、座面、靠背或扶手上。
- 怀抱儿童时请勿使用按摩椅。
- 在使用过程中,请勿将手、手肘、手臂、脚塞 入靠背覆盖在按摩轮活动范围上的面料。

(否则可能会导致事故或受伤。)

- 当使用"温热"时,请勿让按摩轮长时间接触同一个部位。
 - (否则可能会导致低温烫伤*。)
- * 即使温度相对较低(40°C 60°C), 长时间接触皮肤的同一部位没有发热、疼痛等自觉症状,也可能导致低温烫伤。



- 在使用本机之前,一定要检查靠背或置脚台覆盖在按摩轮活动范围上的面料是否破损。或其他部位的面料是否破损。
 - 无论发现多么细小的破损,都请立刻停止使用,拔掉本机背面的电源插头,并将本机报修。 (否则可能会导致受伤或触电。)
- 首次使用,请选择轻度按摩的"揉抚放松"程序。
- 一天的使用时间为30分钟以内。
- 请将对身体同一部位的按摩控制在5分钟以 内。

(否则可能会导致不良影响或受伤。)

- 请按《使用说明书》中的指示方法,正确地使用 按摩椅。
- 在肩部滚轮侦测体型时,使用按键进行调整,确保按摩高度不低于用户的肩部位置(SC20)。



●按摩中或移动靠背、置脚台时,请事先确认本机周围(本机后面、下面、前面和侧面)没有人或宠物。

(否则可能会导致事故或受伤。)

每次使用完毕,应将本机背面的电源开关滑到 "关"位置,并将安全锁开关拨到"锁定"位置, 然后拔出安全锁钥匙和电源插头。 (否则可能因儿童接触导致事故或受伤。)

安全注意事项(续)

⚠ 警告

电源插头、电源线等



● 请勿损坏电源线及电源插头。

请避免此类行为:损伤、加工、强行弯曲、扭转、拉长电源线及电源插头,或将电源线及电源插头靠近发热器,或在电源线及电源插头上系重物、或任意捆绑。(否则可能会导致触电事故、着火或短路。)

- →请到购买本机的商店或授权服务中 心咨询修理电源线或电源插头的方 法。
- 请勿用沾湿的手插拔电源插头。 (否则可能会导致触电。)



- 请严格遵守插座和配线器具的使用 规定。
- 请使用220 V 交流电。 (请勿在国外使用本产品,或擅自 连接变压器。)
- 请务必将电源插头插到底,使其确 实地插入插座中。

(否则可能会导致触电或过热引起火灾。)

- 请定期清理电源插头上的灰尘等脏 污。
 - 请用干燥抹布擦拭电源插头。 (否则可能因湿气等原因引发绝缘 不良,从而导致火灾。)
- 请勿扯电源线,试图拔出电源插头时一定要握住插头本身再将其拔出。 出。

(否则可能会导致触电事故、着火或短路。)

若发生异常或故障



● 发生异常或故障时,立即停止使用,拔掉电源插头。 (否则可能导致冒烟/着火或触电。)

<异常、故障事例>

- ・ 按 ① 后无任何动作。
- 移动电源线,有时通电有时不通电。
- 运行中发出焦臭味或听到异常声响。
- 按摩椅变形或异常发热。
- →请立即委托授权服务中心进行检查 及修理。

关于症状



- 下列人员即使目前身体健康,也请咨询医生后再使用本机。
 - (1) 因年龄增长而导致肌肉萎缩的人或身体纤瘦的人
 - (2) 因骨头或内脏问题而感觉腰痛的人
 - (3) 容易扭伤或容易瘀伤的人
 - (4) 晕车、晕船或其他交通工具时,反应异常激烈的人
 - (5) 过去曾被施予心脏手术或其他内脏手术的人

(否则可能会损害自身健康。)

● 因使用本产品而产生出疹、红肿、发痒等症状时,请立即停止使用,并咨询医师。 (否则可能会导致事故或身体状况不佳。)

安装和移动



- 请勿在电热毯等加热设备上使用本机。 (否则可能会导致火灾。)
- 请勿在已安装好的状态下拖动或推动本机。
- 请勿在地板上使用脚轮移动本机。 (否则可能会在地板上留下伤痕。)
- ●请勿在有人入座时移动本机。(否则可能因机身翻倒导致意外或受伤。)
- 移动本机时,请勿握住足底按摩部分。(否则可能会因移动中滑动导致受伤。)
- 请勿在潮湿的地方(如浴室)使用本机。 (否则可能会导致触电。)



- 本机必须放置在水平面上使用。 (否则可能因本机倾倒导致事故。)
- 使用脚轮移动本机时,请在地板上铺上垫子或其他覆盖物。

(否则可能会损坏机器。)

- 使用脚轮移动本机前,须先清空装置周围障碍物。将靠背抬至最高位置后,抬起置脚台到略低于腰的位置(距离地面大约80 cm以下),慢慢移动。
 - 将遥控器和电源线放在椅座上。
 - 由于握住底部会让足底按摩装置滑动,因此,请托住 置脚台两侧。
 - 放倒本机靠背时,请小心双脚并用手托住置脚台,直至结束

(否则可能会因机身翻倒导致事故、受伤。)

注意

关于电源



- 为确保安全,请将本机连接至正确接地的插座。
 - 否则可能会导致意外事故或放电。 (否则可能会导致触电。)

使用前、使用中



- 请勿将头部、腹部或皮肤紧贴按摩轮。另外, 请勿将手或脚伸入按摩轮之间。
- 在手·手臂按摩部分,请勿仅插入手指。
- 在足底按摩部分,请勿仅插入脚趾。
- 请勿将膝盖夹在腿部·足底按摩部之间。
- 请勿在使用本机时入睡。此外,饮酒后请勿使 用本机。
- 使用气囊动作后,空气未完全排出前,请不要 在椅座上站立、跳跃或放置物体。

(否则可能会导致事故或受伤。)

- 请勿将手、手指、脚、头伸进本机的下述间隙。
 - (1) 靠背与座面、扶手的间隙
 - (2) 置脚台与座面、扶手的间隙
 - (3) 座面与扶手的间隙
 - (4) 背面外罩与脚盖的间隙
 - (5) 置脚台的背面
- 按摩中,请勿拔出电源插头,或关闭电源开关。
- 不要站立使用足底按摩。

(否则可能会导致受伤。)

- 当置脚台未完全下降时,请勿坐在或站在置脚台上,或将物体放在置脚台上。 (否则可能会导致置脚台边缘旋转或本机倾斜 从而引发事故或受伤。)
- ●请勿与其他治疗器械同时使用。 (否则可能会导致意外事故或健康状况恶化。)



- 就坐前,确认按摩轮处于收纳位置。
- 按摩途中若想离开座位,必须先停止按摩动作,再离开座位。

(否则可能会导致事故或受伤。)

- 就坐前检查本机各个部件之间是否有异物。
 - 确认靠背、置腿台、手·手臂有没有夹杂异物。
 (否则可能会使手、脚或其他物件被本机夹住, 从而引发事故或造成受伤。)
- 在使用本机时,请勿在头部佩戴任何硬质饰物 (如发卡等)。
- 当裤子口袋内装有硬物时,将其取出,然后按
- 按摩手部与手臂时,请取下指甲套、手表、戒 指等硬物。

(否则可能会导致受伤。)

●请勿将口袋等里面的任何物品掉落到本机的空隙中。

(否则可能会因掉落而物品丢失。)

- ●清洗及保养本机前,必须先从插座上拔出电源插头。 (否则可能会导致触电或烫伤。)
- 不使用时,务必从插座上拔出电源插头。(否则可能会因灰尘、湿气导致绝缘老化,引发漏电、火灾。)

并请注意以下几点

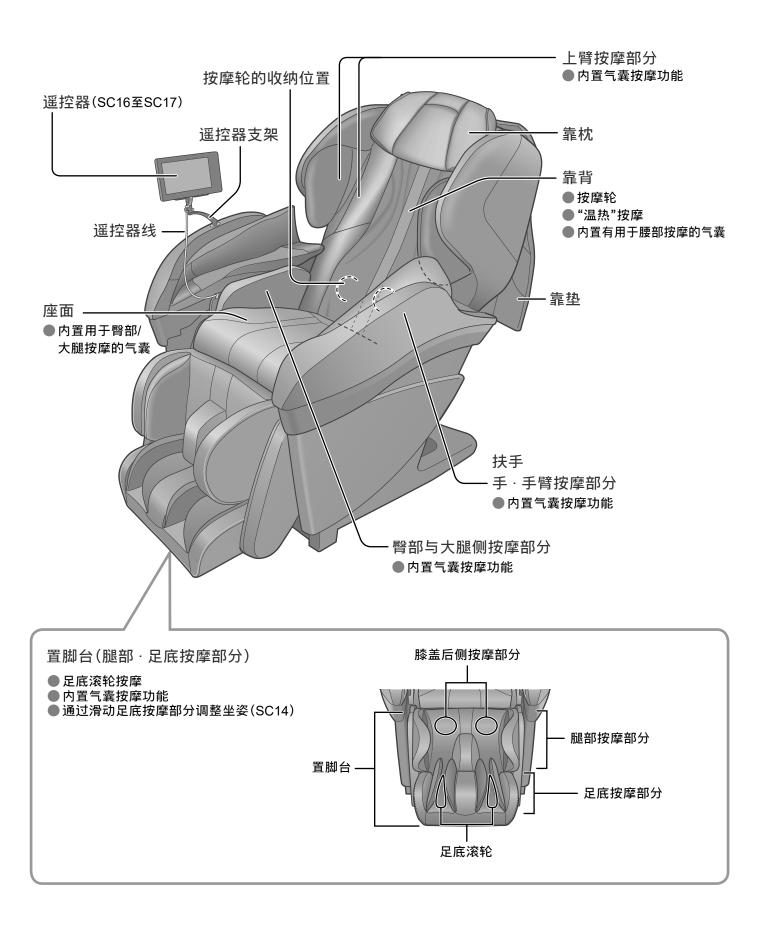


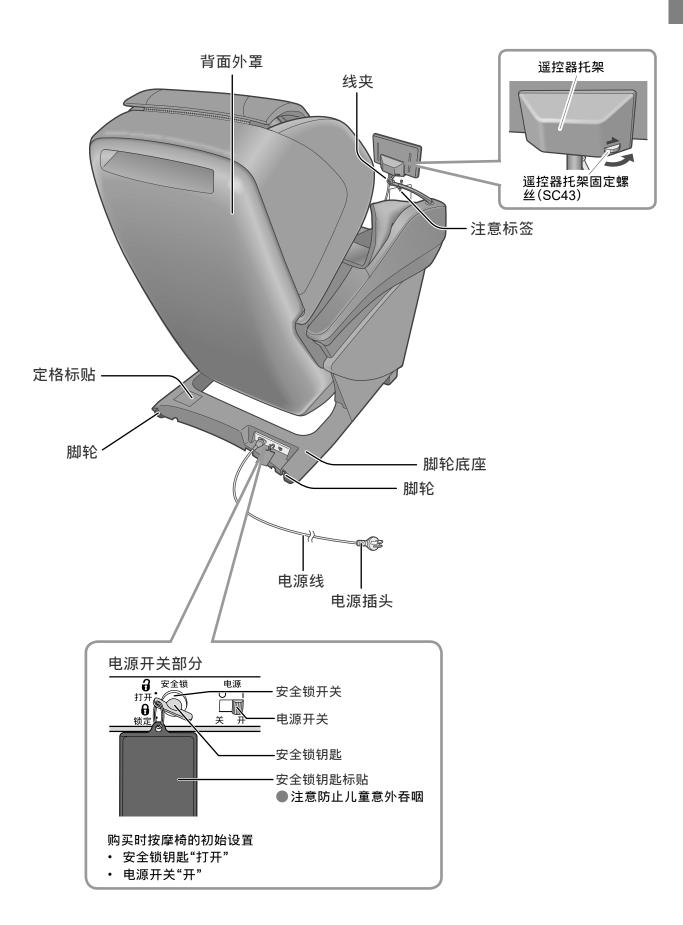
● 请勿将水滴等物质滴在本机或遥控器上。 (否则可能会导致触电事故、着火或短路。)



- 将安全锁钥匙保管在儿童无法触及的地方。 (否则可能会导致儿童误食钥匙,引起事故。)
- 停电时立刻拔出电源插头。 (否则可能在电源恢复时造成事故或受伤。)
- 闲置一段时间后使用本机,请先重新阅读使用说明书,确认机体动作正常后,再开始使用。 (否则可能会造成损坏或受伤。)

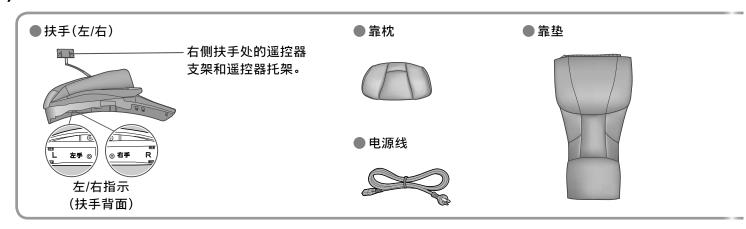
主机各部件名称和功能





设置按摩椅

1) 检查附件



2) 使用本机的场所

确保预留足够的空间以便按摩椅可以倾斜。

- ●机身尺寸 高约120 cm×宽*约85 cm×长*约200 cm (详见SC49, 了解本机尺寸。)
 - *当本机靠墙摆放时,请确保倾斜状态下,靠背和置脚台等部位距离墙面10 cm以上,扶手与墙的间隙应为5 cm以上。
- ●请勿将按摩椅暴露于阳光直射或高温环境下,如在热源前。以免导致合成皮革褪色或硬化。





- ① 本机必须由两人以上搬运。
 - 由于本机较重,因此搬运时请小心,以免造成背部拉伤。

本机重量

约87 kg

② 注意脚下,小心安放。

因此,建议在地板上铺上垫子等物品。 本机可能会损坏地板,建议将本机放在垫子 上。

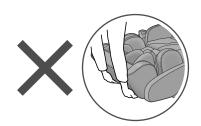
将垫子铺在本机下面时,垫子的大小应足以 盖住本机接触地板的范围与置脚台接触地 板的范围(至少120 cm×70 cm)。

托住置脚台两侧。



用手托住置脚台,直到它完全放在地面上。 如果您过早放开置脚台,它将弹回到初始 位置。

■ 请勿握住置脚部分! 足底按摩部分可能会滑动,造成受伤。



●安全锁钥匙(1把)



出厂前,安全锁钥匙 插在电源开关部分的 安全锁开关内。



●固定螺丝(M6×29)银色



(2个)

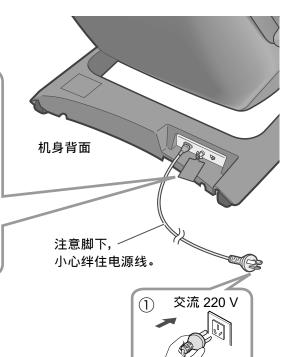
4) 接通电源,调直靠背

- ① 将电源插头插入电源插座。
 - 请务必插在交流220 V的插座上。
- ② 确认安全锁钥匙设定在"打开"位置。
- ③ 确认电源开关设在"开"位置。



- ④ 在 ① 遥控器上按两次按钮。
 - 先按一次,约1秒后再按一次。靠背将自动调直。





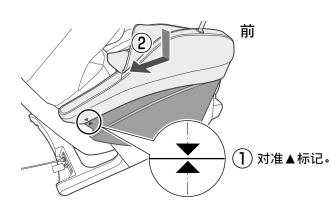
组装

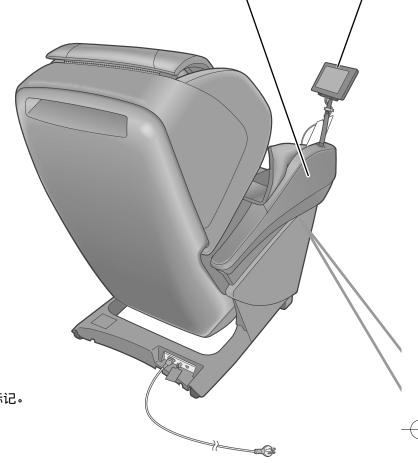
安装扶手

<安装右侧扶手>

- ① 将扶手插入本机。
 - 扶手背面标有"右手"和"左手"。
 - 对准扶手侧面的▲标记,从顶部插入扶手。
 - 小心夹到手指和遥控器线。

② 向下推扶手的同时,将其向后滑动。



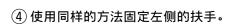


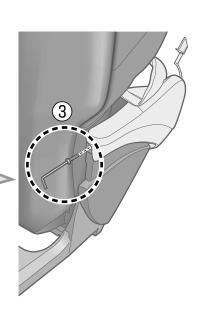
- ③ 使用固定螺丝(左右两侧各一颗)固定扶手
 - 使用螺丝: 固定螺丝(M6×29) ×2颗(银色)

■如何紧固螺丝



- 1.将螺丝放置在六角扳手的尖端。
- 2.拧紧螺丝,确保螺丝孔和螺 丝头部齐平。
- 如果螺丝插入螺丝孔位置不当,使用六角扳手紧 固螺丝可能导致螺丝毁坏。

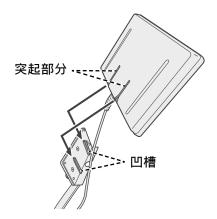




2 将遥控器安放到遥控器托架上

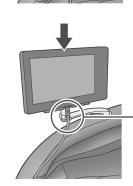
① 将遥控器线放在遥控器托架的凹槽内。

② 将遥控器凹槽 与遥控器托架 上的突起部分 水平对齐。



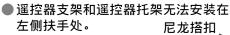
③ 推动遥控器。直至卡入到位。

凹槽



线夹用于固定遥控器 线,确保用户不会在 起身离开按摩椅时, 被遥控器线绊倒。 线夹

●尼龙搭扣用于固定遥控器线。 (为了避免线缆挡手,阻碍手臂插入 扶手。)

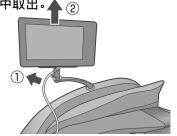




<卸下遥控器>

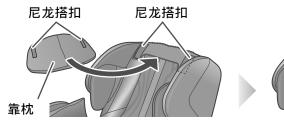
① 将遥控器线从线夹中取出。♠ ②

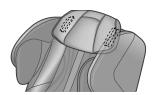
② 抬起遥控器。



3 安装靠枕

用尼龙搭扣固定靠枕。

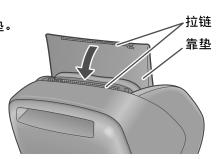


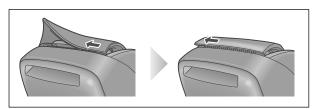


●使用按摩椅时推荐的靠枕位置(SC15)

4 安装靠垫

用拉链固定靠垫。





开始按摩前

检查周围

确定本机周围没有人、宠物及其他物体。

■若猫狗等宠物撕咬遥控器线或被线绊倒,可能会使按摩椅无法正常运作。 (这可能导致停机。)



将遥控器支架从主机 上卸下时,请当心撞 到周围的人或墙。

调整遥控器的位置和方向

位置:使用遥控器支架进行前-后调节。





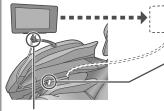
方向:使用遥控器托架进行上-下、左-右调节。

向上/向下





<卸下遥控器后的使用方法>



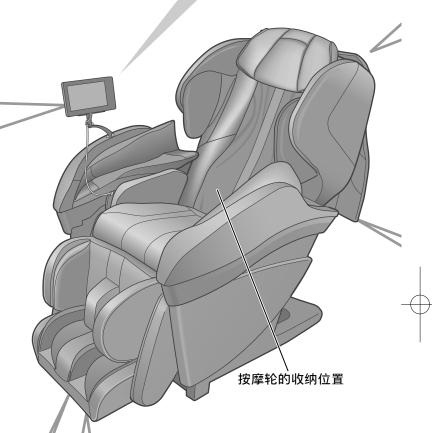
卸下尼龙搭扣可让遥控器 ·与用户更近。

使用前, 请将遥控器线从线夹中取出。

遥控器托架的固定方法见SC43。

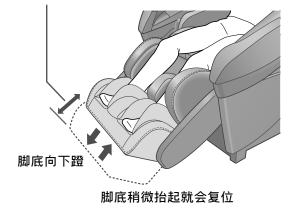
确认置脚台位置

- ●确认置脚台处于最低位置。 (在充分下降的状态下,置脚台接触到了地面。)
- 当置脚台未充分下降时按下 () 两次,可让置脚台充分下降。
- ■面料可能会产生特殊气味。使用一段时间后也会褪色。



将足底按摩部分滑到自己喜欢的 位置

● 抬起置脚台后调整到您喜欢的位置。 (倾斜角度调节相关内容,见SC16) 足底按摩部位置可调节,调节距离约18 cm。



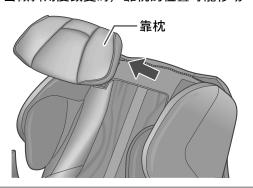
插上电源,将安全锁钥匙转到"锁定"位置,电源开关滑到"开"。

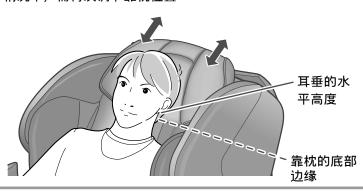
(SC11)

调整靠枕的位置

取下靠枕并调整靠枕的高度,使底部边缘与耳垂的水平高度齐平。

- 靠枕高度的不同, 会影响按摩轮按压颈部的力度。
- 当倾斜角度改变时,靠枕的位置可能移动。在这种情况下,需再次调节靠枕位置。





翻起靠垫,检查主机

请检查以下几点:

- 布料是否有破损?
- ●主机内是否夹有异物?
- ●按摩轮是否处于收回位置?

靠垫仍在靠背上时,请勿进行按摩。

- ・布料会更快磨损。
- ・体型侦测失败时会显示 **U10** 。(SC40)

♠ 警告

● 在使用本机之前,一定要检查靠背或置脚台覆盖在按摩轮活动范围上的面料是否破损。或其他部位的面料是否破损。无论发现多么细小的破损,都请立刻停止使用,拔掉本机背面的电源插头,并将本机报修。

(否则可能会导致受伤或触电。)

请确认坐入位置

为了能让按摩更有效果,在座垫中央有能方便您靠后坐 的突起部位。

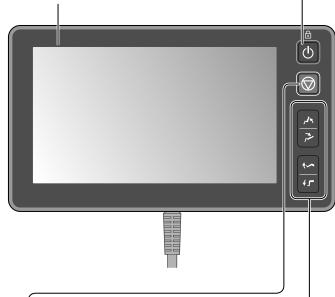


●详见SC29,了解手·手臂·腿部和足底的合适放置位置。

遥控器各部件名称和功能

遥控器

触控面板 (SC17)



紧急制动按钮

- 按摩中,如出现紧急状况或感到异常,
 - •请立即按下此键,停止按摩。
 - 置脚台、靠背和按摩轮不会回到收纳位置。
 - •请起身离开按摩椅, 当心不要绊倒。
 - •如要重新使用,请按 两次,将靠背和按摩轮 收回至其初始位置,然后再次使用。

按下倾斜角度调整键





调整按键。

- ●打开遥控器电源,使用按摩椅。
- 可对靠背和置脚台角度进行调整。
- ★安全申 安全申 安全
- ●扶手会根据靠背的倾斜度移动。

关/开按钮

- ●启动按摩程序
 - 打开遥控器电源
 - •按摩程序结束后,电源自动关闭。
- 暂停正在运行的按摩程序
 - 置脚台自动下沉,靠背升起,按摩轮收回至初始位置。
- 设置和解除遥控器儿童锁

设置和解除儿童锁

- 此设定下,无法进行按摩程序操作。
- ■如何设置

长按 约5秒,直至遥控器电源关闭,或屏幕

- 上显示用户选择/用户注册界面。
- 屏幕上会显示以下界面,约10秒后,电源自动 关闭。



● 设置成功后按下 (1) ,屏幕上会显示以下界面,约10秒后,遥控器电源自动关闭。



■如何取消

长按 (少) 约5秒,直至屏幕上出现上述界面,或 遥控器电源在设置状态下已切换为关闭状态。

关于语言选择

第一次激活控制单元时,可选择设备语言。 (如何设置和更改设置,请见SC35)



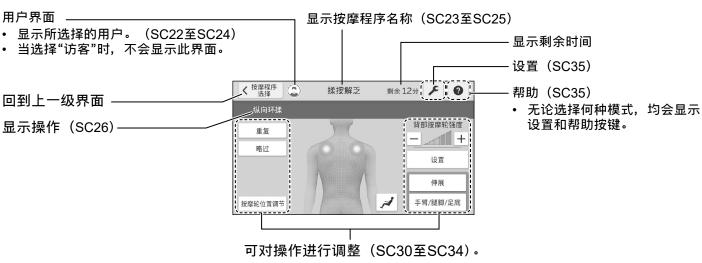


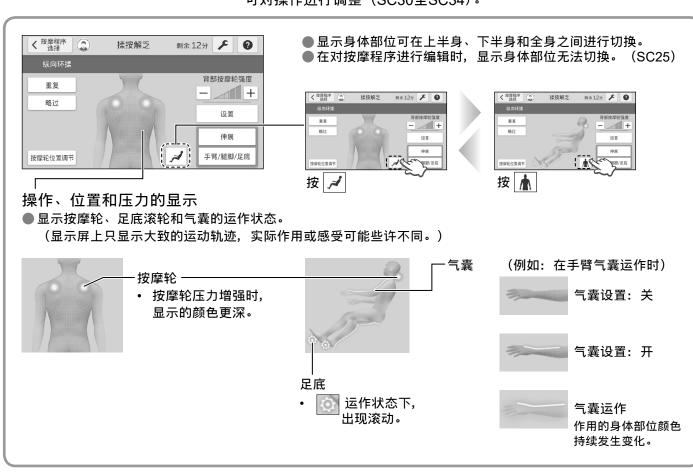
按摩时屏幕上会出现的内容

- 按下显示按钮进行操作。
- ●如按摩椅尚未开始运作,静置约3分钟后,电源会自动关闭。

<查看屏幕>

以"自动全身按摩"程序为例,屏幕上会显示如下内容。因所选按摩程序的不同,显示的按键和状态也存在差异。





● 仅当选择了气囊按摩程序,或对某身体部位进行气囊 按摩时,屏幕右侧才会显示这一内容。

(气囊按摩相关内容,请见SC26。)



手臂/腿脚/足底按摩操作 开启/关闭操作,动作强 度显示(SC32至SC33)

简易操作

用户选择

菜单选择

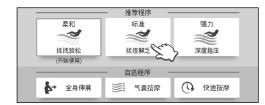
按摩程序和身体部位选择

只需选择按摩程序, 让设备负责按摩



自动全身按摩

进行全身按摩时 (SC23)



选择一种按摩程序



选择用户

- 如已有注册用户,其有关 设置将会保留。 避免每次使用时进行重复
- 如在使用时不希望对用户 进行注册,可选择"访 客"。(SC22)

按摩身体部位或按您个 人喜好进行操作

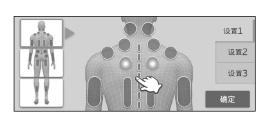


选择喜欢的部位

使用喜欢的动作对特定身 体部位进行按摩 (SC24至SC25)



在屏幕中选择想要按摩的身体部位



选中一个身体部位,然后按下 "确定"

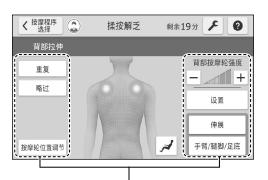
● 可随意选择任意身体部位进行按摩。

肩部按摩轮侦测体型

开始按摩, 调整为理想设置

● 详情见SC20至SC21。





可对操作进行调整(SC30至SC34)





可对操作进行调整 (SC30至SC34)

选中以下操作后,无法进行检测。

<选中气囊按摩程序时>



<对某身体部位进行气囊按摩时>



选择身体部位,激活气囊按摩: 上臂/手臂/骨盆/腿部/足底



例如:按摩时屏幕上会出现的内容 **c**

SC19

肩部按摩轮侦测体型

■ 肩部按摩轮侦测体型是指通过肩部位置预判用户体型的过程,提高了按摩的匹配度。 (肩部按摩轮可侦测的体型范围在140 cm至185 cm之间。)

肩部按摩轮侦测体型过程

选中一个按摩程序 或是身体部位,然后按下 "确定"。



设备会自动运行并倾斜到便于体型侦测的角度。



●在气囊按摩程序下,或只接受气囊按 摩时,无法进行侦测。(气囊按摩相关内容,请见SC26。) ●在机身严重倾斜且没有运作时。 请将身体完全坐入按摩椅,轻轻向 后靠,将头部靠在靠枕上。 ●靠枕位置调节。(SC15)



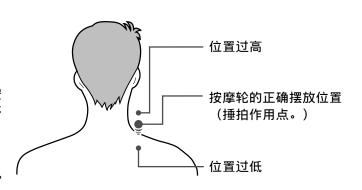
■肩部捶拍位置没有匹配

捶拍时(约12秒)按下"▲"或"▼",调整肩部高度,然后按下"确定"。



每次按下按钮,按 · 摩轮向上或向下移 动约1.2 cm。

按下"确定"后,肩部按摩轮侦测结束,按摩便会开始。



肩部按摩轮侦测体型



完成

按摩轮移动

- 听到哔声后,按摩轮会沿着 背部, 上升至颈部周围, 随 后轮体向外突出。
 - (如肩部位置不准确, 按摩 轮会再次上升到肩部位 置,重复侦测体型。
- 座垫内的气囊将会鼓起,防 止体型侦测期间身体移动。

捶拍动作

调整肩部位置时会执行捶拍动 作, 以便识别按摩轮的位置。

●体型侦测开始后约30秒,按 摩轮将缓慢抵达肩部位置, 并开始柔和捶拍。

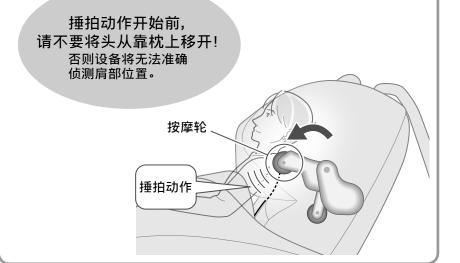
(当捶拍位置定位不准时, 请按下文所述适当调 节。)

下内容,按摩随即开始。

● 侦测结束后,屏幕上会显示如



- 在捶拍动作期间,当您按下 "确定"时,体型侦测将会 结束并开始按摩。
- ●根据肩部位置推算大致身 高, 置脚台可自动调整其角 度,使足底与其接触。



●如果肩部位置偏离很大,请暂时按 ∪ 停止动作。 将肩部紧靠靠背,重新进行侦测。

用户选择/用户注册

<u>当您想在记</u>忆按摩程序中存储偏好设置时

- ■请在使用按摩椅进行按摩前,完成用户注册。 如已注册,则您的按摩设置和参数调整,会自动存储在记忆按摩程序中。 无需执行额外的保存操作以保存设置。
 - "略过"和"全身伸展"部分内容将不会存储。
 - •由于肩部位置受用户坐姿影响,因此每次按摩都将进行"肩部按摩轮体型侦测", 无论用户是否成功注册。
- 即便按摩中途停止,在此之前保留的设置,也会存储在记忆按摩程序中。
 - •但因电路故障、主机背面开关 "关闭",或电源线断开而造成的中断,其设置将不会存储在记忆按摩程序中。
- 当您不想注册或希望立即开始按摩时,请选择"访客"模式。

注册为用户,能够在记忆按 摩程序中,存储参数设置。

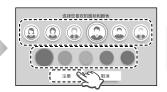


立即开始按摩

用户选择/注册方法



按下按键,注册为用户



选择图标和颜色, 按"注册"键



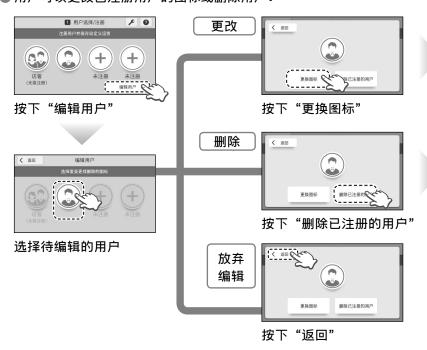
注册完成后,屏幕上会 显示注册图标。

将您理想的设置参数存储进记忆按摩程序中,省去了每次调整设定的繁琐步骤!

●用户注册成功后,只需在使用按摩椅时选中相应用户,按摩程序便会自动记录按摩 过程中调整的设定设置。

编辑用户 (更改和删除用户按键)

● 用户可以更改已注册用户的图标或删除用户。





选择一个新图标,然后按下"注册"。



按下"删除"

:户选择/用户注

进行全身按摩时

●如按摩椅尚未开始运作,静置约3分钟后,电源会自动关闭。

开启电源。

选择用户。 (SC22)





(示例: 已注册的用户) 体型侦测结束后,开始按摩。

(SC20至SC21)







● 检测操作开始 (SC20至SC21)。

开始按摩后,最长大约19分钟自动结束按摩。 按摩自动结束。

● 从下一次开始,记忆按摩程序中记录的上一次操作,便可直接



选择"自动全身

用户界面

选择喜欢的部位

●显示按摩动作。

ڭر 自动全身按摩

......

● 在按摩过程中,您可以创建喜欢 的按摩设置。(SC30至SC34)

●按摩详情不会改变,即便选择了 "访客"模式。

全身伸展

■ 自动全身按摩的特征

<推荐程序>

当您逐渐习惯后,请使用揉抚放松按摩程序。

柔和 (适合初次用户)

揉抚放松程序: 19分钟

当您想柔和地放松您的身体

在身体表面均匀传导作用力,来缓慢地舒缓张

气囊用于按摩放松您的手指和指尖。



标准

揉按解乏程序: 19分钟

当您想充分放松您的身体

深度地缓和酸痛,恰到好处地放松您的肌肉。 通过旋转、揉捏等动作,让紧张的身体部位得 到缓解。对手臂、足底和小腿进行充分按摩, 可赶走一天的疲劳。



强力

深度指压程序: 19分钟

当您想彻底放松您的身体

深度指压程序通常会在紧张的身体部位,施加 更大的作用力。

深度指压时,按摩轮与皮肤表面呈垂直角度,

从肩部开始,朝两侧挤压腰部。 对手臂、足底和小腿进行充分按摩,可赶走一

天的疲劳。

<其他自动程序>

全身伸展程序: 16分钟

当您想伸展整个身体

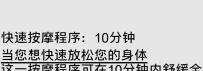
这一按摩程序含六道拉伸操作,有助您全

拉伸操作包括身体拉伸或揉捏动作,通过 结合运用气压和按摩轮。

气囊按摩程序: 16分钟

当您想用气囊柔和地放松您的身体 这一按摩程序只使用气囊来柔和地放松

(上半身的按摩轮不会滚动)



这一按摩程序可在10分钟内舒缓全身的张力。 主要通过揉捏动作,完全地放松您的身体。 通过旋转、揉捏等动作,让紧张的身体部位得 到缓解。









使用喜欢的动作对特定身体部位进行按摩

- ●如按摩椅尚未开始运作,静置约3分钟后,电源会自动关闭。
- 在"选择喜欢的部位"中,选择制定部位和喜欢的动作。(详见SC25) 开始后约按摩19分钟自动结束。如只选中的身体部位较少,则会集中在这几个部位重复按摩。
- 设置详情中至多包含三种模式,如在个人偏好中选择的身体部位、可编辑的按摩动作等,依次类推。

开启电源。

选择用户。



"设置1-3"

3 部位选择

DC

● 通过屏幕选中的身体部位

会随即存储在记忆按摩程

选择其中一种。

1 用户选择/注册 F 0 +

(示例:已注册的用户)

点击屏幕, 身体部位。



F 0

设置1

设置2

设置3

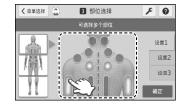


●点击屏幕,选中想按的 身体部位。

点击"选择喜欢 的部位"



选中某个身体部



- 选中想按摩的身体部位。
- ●支持多选。
- 重复步骤5和6,选择身体 部位。

"确定"

序中。

〈菜单选择 ◯



- 开始进行检测 (SC20至SC21)
- ●选中身体部位后,如只设 置了气囊按摩,则肩部按 摩轮不会自动侦测体型。 (见SC26了解气囊按摩相 关内容。)

体型侦测结束后,开始按摩。

(SC20至SC21)





- 在选中的身体部位中,按摩顺序为从颈部依次到臀部。
- 当身体部位仅包括上臂、手臂、骨盆、腿部和足底时,只涉及气囊 的按摩动作将会执行。
- 当身体部位包括上臂、手臂、骨盆、腿部、足底和其他许多部位 时,在其他身体部位及上臂、手臂、骨盆、腿部、足底上的按摩动 将同时开展。
- 设置详情会自动存储在记忆按摩程序中。

设置1 设置2 设置3

在记忆按摩程序中存储设置信息,便于在后续的按摩操作 中使用,触控屏上会显示之前设置过的"设置1-3" "想按的身体部位"和"位置"。无需重复选择身体部

当正在运行按摩的身体部位或设置出现更改时,记忆按摩 程序将自动覆盖设置详情。

(突然断电时,记忆按摩程序不会更新)



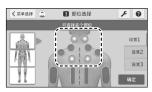
时,"设置1-3"不会显示。

这能帮您免去每次调整为理想按 摩设定的繁琐步骤!

想要以我喜欢的方式按摩

- 支持为身体各部位关闭或启用某个按摩动作,或只进行理想的按摩操作。(程序编辑)
- 开始按摩后,操作便设置成功了。
- 如果用户已经注册,编辑按摩程序中选择的内容将记录在记忆按摩程序中。

如何编辑按摩程序



按图中操作所示,以编辑"颈部指压"为例。

身体部位选择: 颈部和背部。

①按下"程序编辑"





② 选择编辑操作。



●启动已编辑的操作。

- ●显示选中身体部位的按摩程序编辑界面。
- 将按摩程序编辑为(黄色)框内的操作。 (例如: 颈部夹揉)

③ 按下 🕕



④ 按下"关闭"





- 下一个动作执行时,选中 的动作即会失效。
- ●如在同一处持续按摩了五分钟,按摩轮会向上移动约3 cm(按摩轮也可向下移动,取决于滚轮的位置)。

<为其他身体部位编辑操作>

按下下一个部位,选中待编辑的操作,然后执行上述的步骤③和步骤④。









●每次按下 下一个部位 时,便会显示选中身体部位的按摩程序编辑界面。

动作内容

按摩轮操作

- ●选择"自动全身按摩"后,适用于这一按摩程序的操作将会自动执行。
- ●选中"选择喜欢的部位"后,可为选中的身体部位开启/关闭所示操作。

揉捏

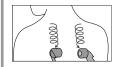
对点进行轻轻揉按的手法。



- 3D揉捏
- 揉捏
- 肩部揉捏
- 夹紧揉捏
- 臀部揉捏

纵向环揉

上下移动并进行揉搓手法。



- 纵向移动揉捏
- 螺旋揉捏
- 横向移动揉捏
- 臀部移动揉捏

指压

垂直推压肌肉酸痛处。



- - 颈部指压 • 夹紧指压
 - •纵向指压
 - 臀部指压
- 肩部指压
- 三段指压

揉按

深层揉按。



- 颈部推拿揉按
- 肩部揉按 • 向外揉按
- 向内揉按 • 推拿揉按
- 臀部揉按
- 深入组织
- 三倍滚压

拉伸

伸展某一部位的手法。



- 向上拉伸

 - 推压拉伸
- 臀部拉伸
- 向上推压
- 腰部推压

揉抚放松

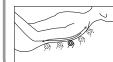
大面积轻柔手法。



- 颈部揉抚放松
- 肩部揉抚放松
- 下推抚揉 • 肩上抚揉
- 纵向揉揉抚放松
- 双臀揉抚放松
- 纵向延伸揉抚放松
- 臀部揉抚放松

背部拉伸

沿脊椎舒展身体的手法。

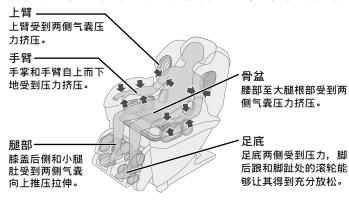


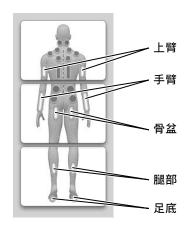
- 背部拉伸
- 背部揉按
- 背部揉抚

●各种不同的手法适合于各个具体的身体部位。 ("颈部"与"肩部"相对应的"深度指压"手法可能 不同。)

气囊按摩操作

气囊按摩是指利用气压达到舒缓放松目的。(上半身的按摩轮不会滚动)

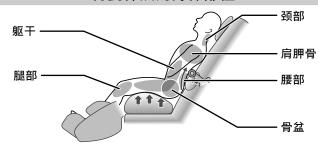




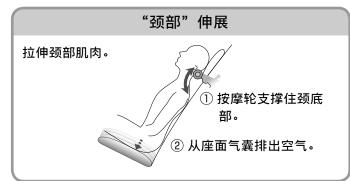
伸展

伸展操作是指,通过气囊或按摩轮的作用,让身体得到伸展或转动。

得到伸展的身体部位



伸展动作说明

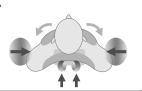


"肩胛骨"伸展

在肩胛骨和胸部周围伸展肌肉。

① 用肩侧气囊支撑住肩部。

② 用按摩轮将背部向前推。

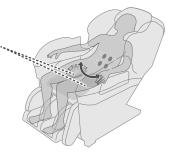




"骨盆"伸展

将骨盆周围的肌肉交替地向左右拉伸和转动。

- ① 置脚台放低。
- ② 座面气囊左右交替 充气。



"腿部"伸展

从膝盖区域到大腿方向拉伸肌肉。

- ① 座面或大腿根两侧的 气囊将身体托住。
- ② 置脚台下降,然后小 腿肚和膝盖后侧得到 按压放松。
- 如果您在足底按摩部分滑出的状态下使用"腿部" 伸展,它可能会与地板相撞。



动作内容(续)

臀部按摩

臀部按摩时,座面气囊将臀部抬起,按摩轮滚动臀部,深深按入臀部进行按摩。此外,腰部气囊支撑腰部,将骨盆上 抬,从而令按摩轮可以达到有效按摩臀部肌肉的位置。

■臀部按摩流程

- ① 将置脚台上升到最高位置。
- ② 将座面气囊充气,抬高身体。 (此时,大腿和手的位置可能发生变化)
- ③ 按摩轮移向臀部, 开始按摩。
- 臀部按摩开始时,其他身体部位的按摩会停止。 若"选择喜欢的部位"中选中了气囊按摩的话,则在臀部按摩结束后,气囊按摩随即开始。 (见SC32至SC33"臀部按摩"和SC26"气囊按摩"相关内容)

■如何使用臀部按摩

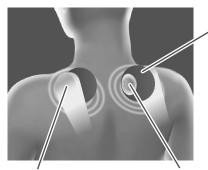
- 靠后坐, 让您的臀部与靠背相接触。 (如不靠后坐,按摩轮就无法充分与臀部接触。)
- 弯曲膝盖时,按摩轮的接触强度会增强。



深深坐进按摩椅中

"背部温热"

- "背部温热"按摩轮中的加热器将温暖按摩区域的布料。
- 无法进行温度调节。
- ■温暖感根据室温、衣服、身体形状、动作、位置和按摩 程序而有所不同。



轮橡胶部分

"背部温热"按摩

"背部温热"按摩轮 加热器

"背部温热"按摩 轮加热器

按摩程序和运作时间

从开始按摩到自动停止最多19分钟。 定时因按摩程序而异。



"揉抚放松"、 "揉按解乏"、 "深度指压": 约19分钟 "全身伸展"、 "气囊按摩": 约16分钟

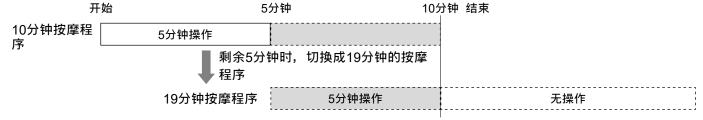
"快速按摩": 约10分钟



约19分钟

<按摩程序更改后>

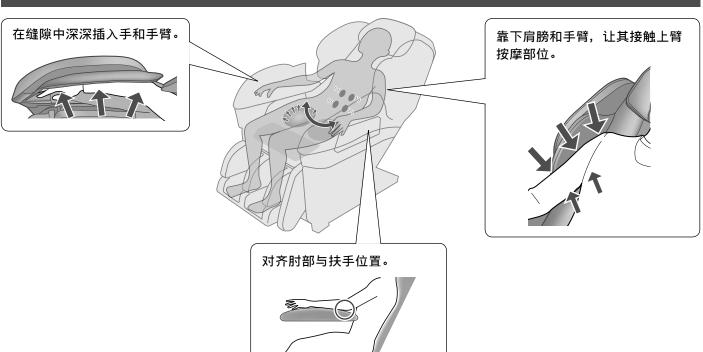
- 更改为设置时间更短的按摩程序(例如:将19分钟的按摩程序更改为10分钟的),剩余时间会按更改后的时间设 定,进行更新。
- ●按摩程序正在进行时,对程序做出的更改,不会增长剩余时间。 (例如:将最初的10分钟按摩程序,更改为19分钟,不会让剩余时间增长为19分钟。)



• 以5分钟剩余时间开始倒计时,按顺序进行19分钟按摩程序下的身体部位按摩操作。

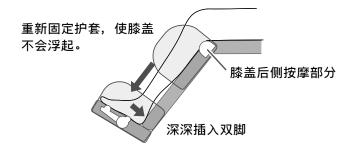
手 · 手臂 · 腿部和足底的合适放置位置

手・手臂按摩



腿部和足底按摩

● 如果按摩中,膝盖后侧按摩部分发生偏移,请重新对准位置。



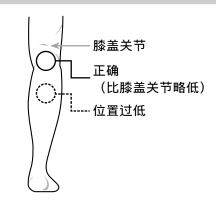
体型较高者: 即使重新固定了护套, 膝盖仍会浮起。



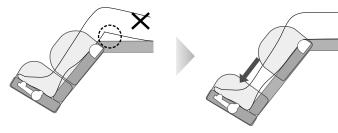
体型较小者:足底碰不到底部。



膝盖后侧按摩部分未对准

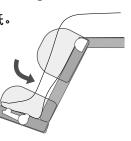


① 重新固定护套,使膝盖不会浮起。



② 如果不起作用,则将腿部角度放低。



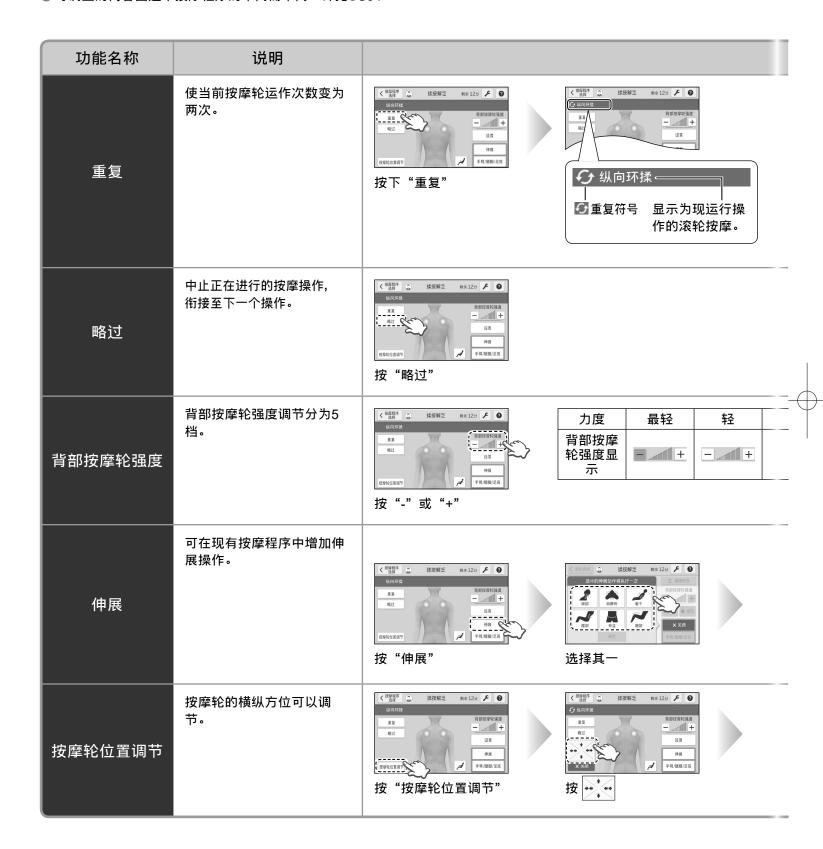


手.手臂.腿部和足底的合适放置位置动作内容

力度调节

- 可自行调整设置,以适应您按摩时的个人偏好。按摩中,调整为"重复"、"略过"或"伸展"等操作,不会影响整体运作时长。按下"重复"或"伸展"时:更改时间会计算石层,且按摩程序不会结束。

 - 按下"略过"时:按摩程序可能结束,而后回到最初状态。取决于剩余时长。
- 可调整的内容因选中按摩程序的不同而不同。详见SC34



设置和更改方法

- 当按摩操作正在切换时,点击此键,可能无法使动作重复。
- 可通过触控面板,得知重复动作的详细情况。
- ■重复次数与按键次数相同,可以是重复一次、两次甚至多次。

中	重	最重	
+	- +	- +	

- ●参考SC42部分指示内容,了解如何在强度偏大或偏小时,进行强度调节。
- ●当按摩操作正在切换时,点击此键,可能无法调节力度。
- 在显示屏上调节强度时,按键会闪烁变化。闪烁时,无法调节力度。



按"确定"

- 只可选择一次伸展操作。完成设置后,操作回到原始按摩程序。
- ●请见SC27, 了解伸展动作详情。



按"关闭"。

按下 ** ** ,为正在进行的动作调节滚轮位置。

- 每个方向可调节至多三次。
- 某些按摩部位无法进行调节。

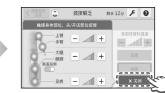
力度调节(续)

功能名称	说明	
	为上臂/手臂,以及大腿/腿部和足底,开启/关闭按摩操作操作强度调节分为3档	按 "手臂/腿脚/足底"。 选中某个身体部位 选中 "选择喜欢的部位" 后,可在屏幕中增加或取消身体部位。
手臂/腿脚/足底		<开启/关闭操作> 通过点击身体部位,开启/关闭按摩动作。 卅月: ON 关闭: OFF 由于足底按摩时需要腿部移动,所以当足底设为"ON"时,腿脚也应设为"ON"。 膝盖后侧操作包括在腿脚操作内。腿脚操作为"ON"时,可以开启或关闭膝盖后侧操作。
温热	可开启/关闭温热	"自动全身按摩"设置 《
捶拍动作	可开启/关闭捶拍操作	#自动全身按摩"设置 ###################################
臀部按摩	可开启/关闭臀部按摩	"自动全身按摩"设置 《

设置和更改方法



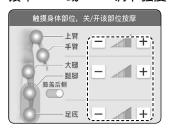
按 "-" 或 "+"



按"关闭"。

<动作强度>

操作强度调节分为3档,可针对不同的身体部位, 按下 "-" 或 "+" 调节强度。



力度	轻	中	重
上臂/手臂和大腿/腿脚和 足底强度显示	- +	- 4 +	- 1 +

●详见SC26, 了解气囊动作。

按"关闭"。

"选择喜欢的部位"设置



按"温热"

● 开启: ON 关闭: OFF

"选择喜欢的部位"设置



按"关闭"。



开启: ON 关闭: OFF

按"捶拍"



按"关闭"。

"选择喜欢的部位"设置

● 可在"身体部位选择"界面,开启/关闭 <===== □ 臀部按摩。



● 可开启/关闭单个操作。

力度调节(续)

可调节的设置详情

因所选按摩程序的不同,支持调节的设置也存在些许差异。

○: 可调节 —: 不可调节

				<u> </u>	, , , , , , , , , , , , , , , , , , ,
	自动全身按摩				
调节功能	推荐程序	其他自动程序		选择喜欢 的部位	
	揉抚放松/揉按解乏/深度指压	全身伸展	气囊按摩	快速按摩	H 2 HIS ITT
重复			_	\bigcirc	
略过		0	_	\bigcirc	
背部按摩轮强度		0	_	\bigcirc	0
伸展		0	_	\bigcirc	\circ
按摩轮位置调节		0	_	0	0
手臂/腿脚/足底				\bigcirc	
温热			_	\bigcirc	
捶拍动作			_		可开启/关闭单个 操作。
臀部按摩		0	_	\bigcirc	_

设置和屏显帮助力度调节

设置和屏显帮助

设置界面



■画面亮度 ……………… 设置触控面板亮度

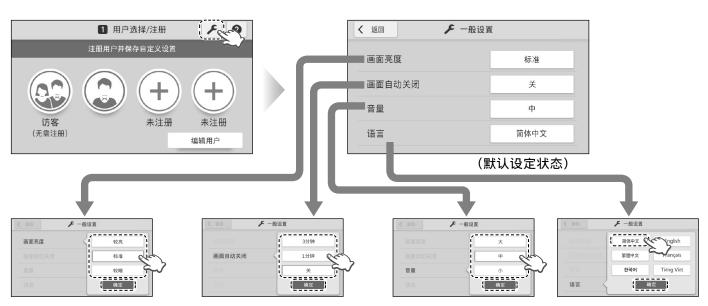
■画面自动关闭 ………… 设置让屏幕自动变暗的待机时长

 一旦设定时间内未进行任何操作,显示屏会自动变暗。 唤醒显示屏时,屏幕又会重新变亮。 显示屏重新变亮后,方可执行操作。

• 如按摩椅尚未开始运作,静置约3分钟后,电源会自动关闭。

■音量 ……………… 设置操作按键音量

■语言 ………………… 选择语言



选中任意一项,并按下"确定"

帮助界面



帮助界面能让您在屏幕上看到说明解释。



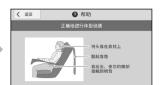
按 🕝



选择帮助菜单中想看的 内容



选择想看的一项



按摩结束后

计时器到时后

定时停止后,

● 置脚台会下降,您可以安全地站起来。

如果您已经将足底按摩部分的滑块展开,它可能会撞到地板上,不 会完全缩回。

抬起脚使其完全缩回。

●靠背不会自动升起。

按 靠背升起 两次,靠背升起。

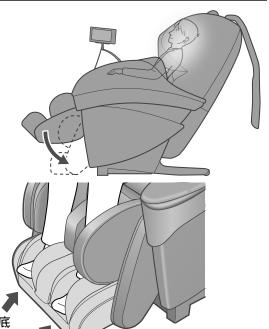
● 按摩轮移动到回缩位置。

按摩途中可随时按下紧急制动按钮,停止按摩

将足底按摩部分完全恢复至原来位置,然后按

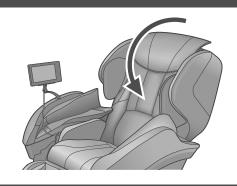
● 置脚台会自动下降,靠背逐渐调直,按摩轮和足底 滚轮回到初始位置。

稍微抬起脚,则足底 按摩部分复位。



将按摩椅调成常用位置

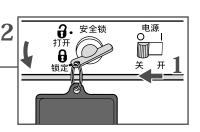
将靠垫安装在靠背上。



关闭电源

- "关闭"电源开关。
- 2 将安全锁钥匙转到"锁定"位置,然后将其拔出。
- **3** 从电源插座上拔下电源插头。
- 4 安全锁钥匙必须存放在儿童无法触及的地方。





魚警告

- 每次使用完毕,应将本机背面的电源开关滑到"关"位置,并将安全锁开关拨到"锁定"位置,然后拔出安全锁钥匙和电源插头。
 - (否则可能因儿童接触导致事故或受伤。)

搬运本机

搬运时请抬起本机

抬起和搬运时,一个人托住置脚台两侧,一个人握住靠背外罩上的沟槽。(SC10)

抬起本机至少 两人以上!!

使用脚轮搬运时

- ●清除周围的障碍物
- ●搬运前,确保座椅靠背已调直。 按下 (b) 两次,即可调直座椅靠背。

由于本机较重,因此搬运时请小心,以免造成背部拉伤。

使用脚轮移动本机时 的起重量

约35 kg

托住置脚台两侧,用脚轮移动本机。

●请托住置脚台的两侧

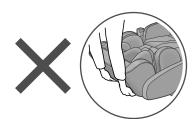
● 将本机抬起至不超过臀 -部(离地约不超过80 cm) 将遥控器和电源线放在椅座上。



地板可能受损, 因此,建议在地板上铺上 垫子等物品。

握住侧面





请勿握住置脚的部分。 足底按摩部分可能会滑动, 造成受伤。

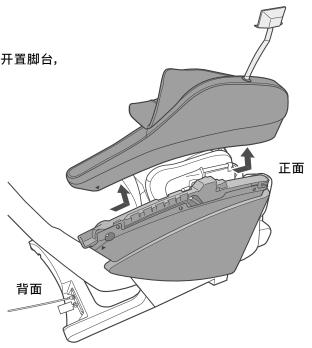
■放下本机时

- 慢慢放下本机并小心您的脚部。
- 用手托住置脚台,直到它完全放在地面上。如果您过早放开置脚台, 它将弹回到初始位置。

■拆卸扶手

拆卸扶手使其更易于移动。

- ① 拆下固定螺丝(SC12步骤1-3)。
- ② 将扶手滑到前面, 用双手抬起。



搬运本机

SC37

清洗及保养

切勿使用诸如稀释剂、 汽油、 酒精等化学品。

使用须知

- 穿着牛仔裤或彩色衣服等服装使用本机时请小心。(由于合成皮革和布料可能会被衣服染色)
- 请避免与塑料制品等长时间接触(否则会导致变色。)
- 如果使用发膏,请在可能触及的部位上铺上毛巾。

合成皮革部分

使用柔软的干布擦拭

- 请勿使用含有乙醇成分的市售清洁剂。 (否则会导致变色或改变物质属性)
- ●请勿用吹风机等快速吹干。



<沾染严重污渍时>

- ① 将软布浸入水中或混合了3%-5%中性 厨房清洁剂溶液的温水中,并拧干。
- ② 轻轻擦拭表面。
- ③ 最后,将软布用水冲洗并拧干,然后擦 去所有清洁剂。
- 4)使用柔软的干布擦拭。
- ⑤ 使其自然风干。



中性厨房

■对于难以清洁的污渍,用相同的中性厨房清洁剂溶液等擦拭,不过应使用市售的"三聚氰胺泡沫材料海绵"。

面料部分

① 将软布浸入水中或混合了3%-5%中性厨房清洁剂溶液的温水中,拧干后擦拭。



- ② 使用水或中性厨房清洁剂,并在座椅面料特别脏的区域上刷洗。
 - 注意不要用力刷洗面料,以免造成损坏。



CCCO

- ③ 最后,将软布用水冲洗并拧干,然后 擦去所有清洁剂。
- ④ 使其自然风干。

塑料部位

- ① 将软布浸入水中或混合了3%-5%中性 厨房清洁剂溶液的温水中,拧干后擦拭。
- ② 最后,将软布用水冲洗并拧干,然后擦 去所有清洁剂。
 - 擦拭遥控器前(而非触控面板部 分),请务必拧干。
- ③ 使其自然风干。





触控面板部分

使用柔软的干布,如纱布等,轻轻擦拭。

<沾染严重污渍时>

将沾有水的干布,如纱布等,彻底拧干后, 进行擦拭。



常见问题解答(Q&A)

Q (疑问) A (回答)

按摩开始前

每天能用多少次?

向医生咨询	因为生病而经常出入医院的人可以 使用本产品吗?	使用本机之前请咨询医院的医生。 按摩即所谓"触压刺激",即通过对肌肉进行压迫,缓解肌肉紧张。根据不同的病因,按摩有可能造成病情恶化,因此请务必在和主治医生商量之后再使用本品。(SC4)		
	上半身位置与腿部位置不匹配。如何对齐按摩位置?	建议分开按摩上半身和腿部。 只按摩上半身时 抬起靠垫,露出靠背和靠枕使用。只按摩腿部时 请在靠垫安装在靠背的状态下,使用腿部·足底按摩部分。		
使用方法	身高不到140 cm或者超过185 cm的 人能够使用吗?	可以。 针对肩部位置按摩轮无法有效侦测体型的用户,我们建议您按下述方法使用。 <身高不到140 cm时> 「请在座面上垫一个垫」 请放倒靠背,向下挪子,在椅子里坐定,使 动身体。 用本机。 体型较高者:请将靠背放倒使用。 体型较小者:请将靠背抬起,升高置脚台后使用。		
)* (/		

请每天使用少于30分钟。

●使用16分钟或长时间后,请休息10分钟。

常见问题解答(Q&A) (续)

Q (疑问) A (回答)

使用中

肩部按摩轮侦测体型,	在肩部按摩轮侦测体型或按摩时,会发出7次哔声(屏幕上显示U10),动作随即停止。这是为什么?	按摩突然停止,可能是因为下列原因。出于安全考虑,此时按摩椅会自动停机。 ②按摩椅上无人。 ③用户的头部、背部没有紧贴在靠背上。 ③靠背部被垫上了缓冲垫等物品,或者用户穿的衣服太厚。 • 在按摩椅中坐定,头慢慢靠在靠枕上,按 ⑦ ,然后再次按 ① ,开始按摩。 ③没有向上翻起靠垫。
		在以下几种情况时,上半身的按摩轮强度调节按钮不会起作用。 这一设计旨在避免按摩力度的突然加强,而非设备故障。
 关 	调节位置后按摩轮没有马上移动。	根据按位置调节按钮的时机,按摩轮可能不会马上移动。(有一点点时间差,但这并非异常。) 如果您按下按钮时听到极限声音(哔哔哔),表示它已处于最极端的位置,不能再移动。
关于上半身按摩	感觉左右按摩轮的高度(按摩强 度)不同。	因按摩椅的结构,有时可能感觉到不同。 为了能够模拟出最自然的按摩手法,本品机芯采用了允许左右按摩轮交替捶拍的机芯构造。在按摩过程中,左右按摩轮接触背部的具体位置可能稍有差异,从而导致了用户产生左右两侧按摩力度有所不同的感觉。 此时,本品本身并未发生故障。
	按摩轮有时会以抽动的方式一点一 点地移动。	按摩椅正在检测作用在按摩轮上的压力并改变按摩力度。按摩轮可以根 据压力一点一点地移动,但这不是异常。
	按摩椅的按摩强度调整按钮无效	基于使用安全的考虑,按摩椅程序处于自动调整状态时,按摩强度按钮 有时不能立即反应,请尝试等待一会后再次按下按摩强度按键。
足底	在按摩开始之前,足底滚轮有时会 移动…	在按摩开始之前,足底滚轮会移动到位。但这并非异常。
手・手臂	在自动按摩程序(包括记忆按摩程序)中,气囊运作和足底滚轮运作可能会突然停止并转换到下一个操作…	当臀部按摩或伸展动作的自动按摩程序开始时,气囊会开始充气,同时足底滚轮会暂时停止。由于与按摩轮滚动相连的气囊运作,其优先级更高,提高了臀部按摩或伸展动作的效率。 出于这一原因,左右两侧手臂滚轮按摩的次数,可能与手臂气囊按摩的交替施压次数不同。

^{*} 肩部按摩轮来回移动: 用于侦测体型

(疑问) A (回答)

使用中(续)

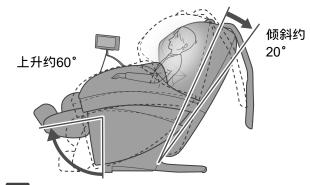
靠背、置脚台、扶手的角度有时会 自动改变。

在以下情况下,角度会自动变化。

● 在肩部按摩轮侦测体型时

机体会自动运行,倾斜到便于侦测体型的角度。

● 在机身严重倾斜且没有运作时



● 当按 () 结束按摩时。

按摩椅自动返回到垂直位置。

- 如果按照程度设置时间完成按摩,则只有置脚台返回至原来的位
- 如果按下 ② 结束按摩,则所有操作立即停止,并且角度不会自动 更改。

按摩后,靠背没有回到初始位置。

计时按摩结束后,只有置脚台回归到原来的位置。

按下 () 两次将按摩轮返回最高位置。

使用后操作

在手·手臂气囊按摩后,手和手臂的 背面留下红点。

使用后,可能在手、手臂上留下按摩痕迹,但会随时间消失,因此没有 问题。

如何调整<位置>

进行体型侦测的时候,无法准确找 到肩部位置。

(肩部位置每次都会滑落。)

某些坐姿(如前倾等)会让设备有时无法准确找到肩部位置。

请按"▲"和"▼"键,调节肩部位置。(SC20至SC21) 为了更加正确地侦测体型,请在本机中坐定,<u>将头部充分靠在靠枕(靠</u> <u>背)上。</u>

常见问题解答(Q&A) (续)

Q (疑问) A (回答)

如何调节<强度>

关于上半身按摩	将自动按摩程序的按摩强度"设定为最强后还是嫌力度不足…",或者"设定为最弱后还是觉得力度太强…"。	请尝试下述方法。
臀部	臀部按摩力度太弱…	请将身体完全坐入按摩椅。 由于身体完全坐入后,靠背与臀部之间的空隙变小,按摩轮容易与身体 相接触,便于加大力度。(SC28)
手·手臂	手·手臂按摩能同时运作吗?	按摩以交替方式进行,为了确保用户能在异常发生或感到危险时,及时停止按摩程序。
	即使在调节后,我也感觉不到足底滚轮的强度有任何变化…	足底滚轮强度通过足侧气囊顶住足底的压力来调节强度。 因此,根据操作模式,您可能不会感觉到强度差异。 足侧气囊
足底	即使在最柔和的设置下,足底滚轮也还是太强…	稍微降低足底按摩部分,使足跟升高到其上方,这将减轻滚轮的效果。

Q (疑问) A (回答)

其他

遥控器	遥控器托架晃动。	请再次紧固遥控器托架固定螺丝。 以 方向转动固定螺丝,拧紧托架。 • 遥控器托架无法完全固定,仍有活动空间,以用户转动为理想的位置和方向。 遥控器托架
	屏幕中显示的操作或位置似乎与实 际不符···	显示画面仅表示大致动作。 实际动作或感受可能与之不同。
噪声	长时间使用按摩椅后,噪音会变 大。	这可能是故障。 请联系最近的授权服务中心进行检查和维修。
	是否带有定时功能?	是。 为了防止过度使用,按摩开始最长约19分钟后,自动停止。(SC28) 当定时器结束时,置脚台自动降低,按摩轮收起。 按下
定时功能	不同的按摩程序,时长是否不同? 能否更改时间设置?	按摩程序不同,定时功能的设置会不同。(SC28) 无法自定义。 每种按摩程序的设置时长是预先决定的。 据抚放松 操按解乏 深度指压 全身伸展 气囊按摩 约16分钟 快速按摩 约10分钟
电源	按摩椅不通电了怎么办?	请先参考SC11内容确认。 ① 您的家中电源是否正常,可以尝试换一个电源连接按摩椅。 ② 您的按摩椅电源连接线是否有松动。 ③ 您的按摩椅电源控制盒上的开关是否处于"开"的位置。 ④ 您的按摩椅安全钥匙是否正确连接,并且处于"锁定"位置。 备注:如以上步骤确认后依然无法启动按摩椅,请拨打售后服务热线。

故障检修

检查"问题",并应用下面的"处理方法"。 处理后如果仍然存在异常,请与授权服务中心联系。 需要维修时,请参考SC51页内容。

问题	原因和处理方法
动作中途停止	因停电导致。 →由于按摩操作已经停止,请按
	如果在运行过程中对按摩轮施加过大的力量,为了安全起见,动作可能会停止。 →关闭电源开关,等待约10秒钟,然后再次打开电源开关。
	如果在运行过程中,操作界面回到了菜单选择画面,则操作会随即停止。
座椅不能倾斜,置脚台不能下降	如果本机遇到了障碍物或者在使用本机时用力过大,出于安全考虑,本机将停止工作。 →当靠背和置脚台已经停止运行后,应将本机背面的电源开关滑到"关"位置,10秒后再次将电源开关滑到"开"位置,以运行设备。
按摩轮没有达到肩部或颈部的位置	如果头部没有接触到靠枕,或背部没有接触到靠背,在按摩轮侦测体型的过程中,肩部位置可能低于实际位置。 →坐在座椅的最深位置,将头部靠在靠枕上,然后从头开始重复操作。 (SC20至SC21)
左右按摩轮的高度不同	因为搭载了可进行按摩轮交互捶拍动作的按摩机芯,所以这属于正常情况。 并非本机发生故障。 (SC40)
"背部温热"按摩轮不变热	"背部温热"设置处于关闭状态。
	按摩轮的温热感因用户体型、按摩部位、按摩动作、所穿衣物以及室温而异。
"背部温热"按摩轮即使在关闭后 也无法冷却	由于加热器的结构,"背部温热"按摩轮在加热后片刻依然会因为余热而感到 温暖。
	即使在关闭"背部温热"开关后,持续按摩同一部位也会使体感温度上升。
按摩已经开始,但没有发生倾斜 (座椅无法自动倾斜)	如果靠背倾斜已经超过了20°,则靠背将不会自动返回正确位置。 (SC41)
靠背无法恢复到垂直位置	如果本机因按摩自动结束或按下了

故障检修

故障检修(续)

问题	原因和处理方法
本机根本无法运行	出现电力故障。
	电源插头连接已断开。 (SC11)
	本机背面的电源开关设置为"关"。
	已设置了儿童锁。 (SC16)
	未选中按摩程序或按摩身体部位。
触控面板无法操作	触控面板无法操作,由于与周围的设备产生干扰。
	→按下 <mark>⑦</mark> 按钮,关闭主机背面的电源。约10秒后,重新开启电源。
无法按摩手部和手臂	如果扶手不牢固,气囊插头插入孔处的气囊插头可能会松动。 气囊插头插入孔 气囊插头 →检查气囊插头的连接,及扶手是否安装牢固。 (SC12)
有时在按摩结束时再次按 ① 后没 有打开电源	由于正在关机(约5秒钟),所以 ① 可能无效。 →当所有运作均已停止后至少等待5秒钟,然后再按 ① 。
	已设置了儿童锁。 (SC16)
触控面板上发现红色、蓝色或绿色 的像素点	不发光的故障像素点、保持常亮、呈现不匀或出现色移现象,均为触控屏的特 征,属正常现象。
本机已受损	→为了防止事故,请务必咨询授权服务中心。 (SC51)
电源线或电源插头异常热	

故障显示

< 故障显示示例> U10 为安全起见,若本机不能确认用户已落座,将自动中止程序。若用户已落座仍出现此错误,请按下紧急停止按钮,紧贴靠背重新落座后,再次操作。

故障显示	目录		
U10	为安全起见,若本机不能检测到是否有人坐在上面,将自动中止动作。如果就坐之后依然出现该错误,请按 🕝 ,全身倚靠靠背就坐,从头开始重新操作。		
F03 ~ F39	按摩设备内有故障。 停止使用,并联系经销商进行检查和维修。 (联系时若能提供故障代码,服务和维修将进行得更顺利。)		

本机正常使用时的声音和感觉

使用本机时会听到以下声音并有以下感觉。不过,它们是由本机构造而产生,是完全正常的。

从每个气囊按摩部位(参照SC8每个气囊按摩部位的位置)

- "弹响声"、"回声"、"弯折声"和"推挤声"
- 气囊充气的过程中,由于气囊袋的相互碰撞,会伴随各种声音和感觉。
- "爆破音"、"撞击声"

听起来像是按摩轮正在挤压布料,令其产生褶皱时 发出的声音

- "卡嗒声"、"嘎吱声"、"沙沙作响" 揉按或捶拍动作发出的声音
- "咯吱声"

按摩轮在工作时发出咯吱声

"卡嗒声"、"顿挫声" 当按摩轮向上或向下移动时的声音 "隆隆作响"

传送带的转动声

"电机音"

当施加气囊压力时, 电机发出的声音

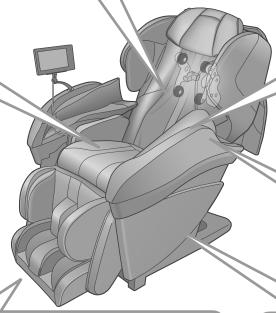
"撞击声"、"顿挫声"

当按摩轮从"挤压"改为"拉伸"时发出的声音

"摩擦声"

按摩轮在座椅面料上摩擦的声音

"锉磨声" 落座时发出的声



"锉磨声"

当靠垫在座椅倾斜时向扶手处移动时 发出噪声

"锉磨声"

靠背和扶手上发出的摩擦声

"撞击声"

腿部伸展动作时部件的撞击声

"爆破音"、"撞击声"

听起来感觉像足底滚轮正在挤压布料,令其产生褶皱时 发出的声音。

"咯吱声"

当足底滚轮运行时, 会产生咯吱声

"电机音"

当施加气囊压力时, 电机发出的声音

"撞击声"、"顿挫声"

当足底滚轮在"前进"和"反转"之间切换时发出的声音

"锉磨声"、"研磨声"

足底滚轮在布料上发出的摩擦声

"电机音"

电机音

"呼呼声"、"嘶嘶声"

气囊排气的声音

"泵的运作声"

座椅下面的泵发出的声音

"砰砰声"、"顿挫声"

座椅下面的阀门发出的声音

本机正常使用时的声音和感觉故障显示

如果这些声音越来越大,可能会出现故障。

请联系授权服务中心进行检查和维修。

规格

3源	220 V ~ 50 Hz
力率	135 W (当遥控器处于"关闭"状态时,约0.3 W)
美置额定功率	23 W
按摩区域 (自上而下)	约79 cm (按摩轮移动的总距离约为63 cm)
按摩区域 (从左至右)	揉按动作时滚轮的间距(包括滚轮宽度) 颈部、肩膀和背部: 约5 cm至21 cm: 腰部和臀部: 约5 cm至25 cm 背部拉伸、上下移动时滚轮的间距(包括滚轮宽度) 约5 cm至17 cm
按摩区域 (从前至后)	拉伸调整范围: 约10 cm
按摩速度	揉按:每分钟约4至73次 捶拍:每分钟约190至520次(一侧) 移动速度:每秒约1 cm至5 cm
气压 (膝盖后侧)	3.约34 kPa 2.约31 kPa 1.约18 kPa (因身体部位不同,该数值稍有不同)
按摩速度	每分钟约8至21次
度	靠背:约120°至170° 置脚台(腿部·足底按摩部分):约5°至85°
2 A	约19分钟(自动停止)
未倾斜时 (长×宽×高)	约130 cm×约85 cm×约120 cm
倾斜时 (长×宽×高)	约200 cm×约85 cm×约79 cm
	约87 kg
	合成皮革
百尺寸	约169 cm × 约77 cm × 约81 cm
量	约107 kg
示准	GB 4706.1 GB 4706.10
	下 置 按 (按 (按 (

但对于体重100 kg或以上的人士,产品操作可能产生更大的噪声而且面料外罩可能磨损得更快。

本机尺寸

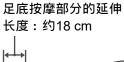
正面

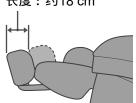
最大宽度:约85 cm (卸下扶手后约68 cm) 扶手高度: 约81 cm

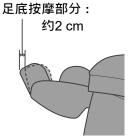
地面部分宽度:约64 cm

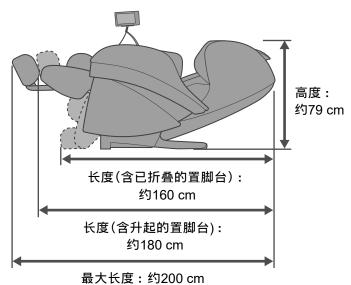
长度:约130 cm 靠背高度: 约120 cm

地面部分长度:约79 cm









产品中有害物质的名称及含量

7. 如个行去物质的石物及百里						
部件名称	有害物质					
101十名 11十名 11十名 11十二十二十二十二十二十二十二十二十二十二十二十二十二十二十二十二十二十二十	铅(Pb)	汞(Hg)	镉 (Cd)	六价铬 (Cr(VI))	多溴联苯 (PBB)	多溴二苯醚 (PBDE)
电路板	×	0	0	0	0	0
电源线 / 内部配线	×	0	0	0	0	0
驱动单元	×	0	0	0	0	0
布套 / 海绵	0	0	0	0	0	0
金属部件	×	0	0	0	0	0
阻燃塑料部件	0	0	0	0	0	0
非阻燃塑料部件	0	0	0	0	0	0

侧面

本表格依据SJ/T 11364的规定编制。

- 〇:表示该有害物质在该部件所有均质材料中的含量均在GB/T 26572规定的限量要求以下。
- ×: 表示该有害物质至少在该部件的某一均质材料中的含量超出GB/T 26572规定的限量要求。

规 格

Check interesting items immediately!

EN 10

Transport, installation and assembly

Dimensions of main unit! (EN49)

EN 18

You can massage in your preference by the touch panel easily!

- About user selection / user registration (EN22)
- When you want a complete massage (EN23)
- When you want a massage of a particular body part with your favorite action (EN24)
- Adjusting the intensity (EN30)

EN 28

How long does it take before completion?

- About timer of "Full body auto massage" (EN23)
- About course and operating time (EN28)
- To adjust to your liking the adjustments and settings (EN30)

EN 28

About heat massage

EN 47

The sound is irritating!

Operating sound, perception, etc.

Contents

Before Use	
Safety Precautions EN4	
Part names and functions of main unit EN8 Setting up the massage lounger EN10 Assembly EN12 Before starting massage EN14	
How to Use	
Part names and functions of the controller EN16 Simple use	
Relocation/Maintenance	
Moving the unit EN37 Cleaning and maintenance EN38	
Important Notes	

Safety Precautions Always follow these instructions

This section contains instructions that you must follow to prevent personal injury or damage to property.

■ The instructions are classified according to the level of injury or damage that may occur due to the mistaken use of this unit. Please ensure that you read all instructions before using the Household Massage Lounger.

MARNING	Denotes a potential hazard that could result in serious injury or death.			
ACAUTION	Denotes a hazard that could result in minor injury or property damage.			



Symptoms



- The following persons should not use this unit:
 - (1) Persons who are prohibited from receiving massages by a physician (e.g.: due to thrombosis, deep vein thrombosis of the lower limbs, pulmonary embolism, severe aneurism, acute varicose veins, phlebitis, any type of dermatitis or skin infection [including inflammation of the hypodermis], etc.)
 - (2) Persons suffering from osteoporosis, spine fracture, sprain or acute pain such as a pulled or torn muscle
 - (3) Persons who have a pacemaker, defibrillator, or other personal medical devices prone to electronic interference
 - (4) Pregnant women and women who have just given birth
 - (5) Persons with symptoms of acute low back pain, herniated disk, spondylolisthesis, spinal stenosis, degenerative lumbar spondylosis
 - (6) Persons who have abnormalities or curvature of the spine
- The following persons should not use the leg massage, lower back/hip massage or pelvis stretch.
 - (1) Those with symptoms of acute inflammation around the hip area, acute hip pain, piriformis muscle syndrome or sciatic neuralgia
 - Those suffering from osteoarthritis of the hip and bad hip joint
- (3) Those who feel pain, numbness, lethargy in the hip and legs during use (Otherwise it may worsen symptoms.)
- This unit is not intended for use by persons (including children) with reduced physical sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the unit by a person responsible for their safety. Children should be supervised to ensure that they do not play with the unit.

(Otherwise it may lead to accident or injury.)



- Persons with any of the conditions listed below or who are undergoing medical treatment should consult with their physicians before using the unit.
- (1) Persons who have a malignant tumor
- (2) Persons suffering from heart disease
- (3) Persons who have a loss of heat sensation
- (4) Persons who have sensory abnormalities due to a severe peripheral circulatory disturbance such as diabetes mellitus
- (5) Persons undergoing anticoagulation therapy
- (6) Persons who have a wound where the massager operates
- (7) Persons whose body temperature is over 38 °C (who have a fever) (E.g.: When a person has acute inflammation symptoms (fatigued, chills, blood pressure fluctuations, etc.) or when debilitated)
- (8) Persons who require bed rest or who are in poor physical shape
- (9) Persons other than those listed above who feel unwell
- If you begin to feel unwell during use or if you do not feel effects of the massage lounger, stop use immediately and consult a physician.
- The unit has a heated surface. Persons insensitive to heat must be careful when using the unit.

(Otherwise it may lead to accident, injury or become unwell.)

Take note of the following points as well



 Absolutely do not modify. Furthermore, do not attempt to disassemble or repair the unit yourself. (Otherwise it may lead to fire, or cause the unit to function abnormally resulting in injury.)

■ Instructions that you must follow are indicated using the following symbols. (The following symbols are examples.)



Denotes a specific operating procedure that must not be performed.



Denotes a specific operating procedure that must be performed.

When in use



- When massaging the neck area, be careful
 of the movement of the massage rollers
 and avoid massaging the throat area and
 excessively strong massage action.
- Do not sit on the legrest, backrest or armrests.
- This unit should not be used by children. Also, do not allow children to play on the unit, or to climb on the legrest, seat, backrest or armrests.
- Do not use the massage lounger while holding children.
- Do not push your hands, elbows, arms or feet against the fabric covering the moving parts of the backrest during use.

(Otherwise it may lead to accident or injury.)

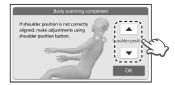
- When "HEAT" are used, do not let the massage rollers touch the same place for a long time. (Low temperature burns* may occur.)
- * Burns may occur at relatively low temperatures (40 °C to 60 °C) when in contact with the same area of skin for long periods of time, even if you do not feel heat or pain.



- Always check the fabric covering the backrest or legrest movable parts has not been ripped before using the unit. Please also check other areas to ensure the fabric has not been ripped. No matter how small the rip, if you find one then immediately stop using the unit, unplug the power plug and have the unit repaired at an authorized service center.
 - (Otherwise it may lead to injury or electric shock.)
- Start using a gentle Swedish massage.
- Do not massage for more than 30 minutes a day.
- Do not massage any one part of your body for more than 5 minutes at a time.

(Otherwise it may lead to adverse effect or injury.)

- Use the massage lounger correctly by following instructions for use provided in the Operating Instructions.
- Use buttons for adjustment to ensure that the massaging height is not lower than the shoulder position of the user when scanning the shoulder position (EN20).



 Make sure there are no persons or pets around the unit (front, back, underneath or sides of the unit) before using it for massaging or moving the backrest or legrest.

(Otherwise it may lead to accident or injury.)

 After each massage, slide the power switch on the backside of unit body to the "关" (off) position, turn the lock switch to the "锁定" (lock) position and then remove the lock switch key and power plug.

(To prevent breakage or injury from misuse by children.)

Safety Precautions (continued)

N WARNING

Power plug, power cord etc



Do not do anything that may damage the power cord or power plug.

Do not scratch, modify, use near a heater, excessively bend, twist, pull, place heavy objects on top of, or bundle the cord or plug. (Otherwise it may lead to electric shock, ignition, or fire due to a short circuit.)

- Contact the nearest authorized service center for repairs to the power cord or power plug.
- Do not insert or unplug the power plug with wet hands. Otherwise it may lead to electric shock.)



- Always use sockets and wiring devices at the correct rated value.
- Use AC 220 V. (Cannot be used overseas, nor with a transformer.)
- Always insert the power plug fully into the socket.

(Otherwise it may lead to electric shock or fire due to overheating.)

- Dust the power plug on a regular basis.
 - Remove dust using a dry cloth. (Otherwise it may lead to fire, due to damp shorting the insulation.)
- When unplugging the power plug, hold the plug itself and do not pull on the power cord. (Otherwise it may lead to electric shock, ignition, or fire due to a short circuit.)

If a malfunction or breakdown occurs



 If a malfunction or breakdown occurs, stop using the chair immediately and unplug the power plug from the wall socket. (Otherwise it may lead to smoke/ fire or electric shock.)

<Examples of malfunctions/breakdowns>

- The power supply goes on and off when the power cord is moved.
- Burning smells or abnormal sounds occurring during operation.
- The unit becomes deformed or unusually hot.
- →Contact an authorized service center immediately for inspection/repairs.

Symptoms



- Persons who are otherwise healthy but have any of the conditions listed below should consult with their physicians before using the unit.
 - (1) Persons whose muscles have deteriorated due to age or weight loss
 - (2) Persons with symptoms of lower back and hip pain caused by the bones and muscles, organs and nerves
 - Persons who suffer bruises or sprains easily
 - (4) Persons who suffer from severe motion sickness
 - (5) Persons who have undergone heart or internal surgery in the past

(Otherwise it may lead to adversely affected health.)

• If symptoms such as rashes, reddening, itching, etc. occur as a result of using this unit, stop using the unit and consult a physician. (Otherwise it may lead to accident or adversely affected health.)

Installation and movement



- The unit should not be used on top of heating appliances, such as electric carpets, etc. (Otherwise it may lead to fire.)
- Do not drag or push the unit in an installed state.
- Do not move the unit using the castors on the flooring. (Otherwise it may damage flooring.)
- Do not move with a person on it. (Otherwise it may lead to falls, causing an accident or injury.)
- Do not hold the sole massage section when moving the unit. (It may slide in movement, causing injury.)
- Do not use in damp or humid places such as a bathroom. (Otherwise it may lead to electric shock.)



- Use only on a horizontal surface. (Otherwise it may lead to a falling accident.)
- Place a mat or other such covering on the floor when moving the unit using the castors. (Otherwise it may damage the machine.)
- When moving the unit on its castors, remove any obstacles in the surroundings of the unit, lift up the backrest to the fully upright position, lift the legrest to a position below the waist (less than 80 cm from the floor), and move the unit slowly.
 - Place the controller and the power supply cord on
 - Since holding the toe part causes the sole massage section to slide, always hold the sides of the legrest.
 - Take care with your feet when lowering the body of the unit, and support the legrest with your hand until finished.

(Otherwise the unit may fall and cause injury.)

! CAUTION

Power supply



- To ensure safety, connect the unit to a properly grounded outlet.
 - Otherwise it may lead to accident or discharge.

(Otherwise it may lead to electric shock.)

Before and during use



- Do not use the massage rollers on your head, stomach or bare skin. Also, do not place your hands or feet between the massage rollers.
- Do not use the hand & arm massage section with only tips of fingers inserted.

 • Do not use the sole massage section with
- only tips of toes inserted.
- Do not place your knees between the leg & sole massage section.
 Do not fall asleep while using the unit. Do not
- use the unit after drinking alcohol.
- Do not stand, jump on, or place objects on the seat until the air is completely extracted after the air action. (Otherwise it may lead to accident or injury.)
- Do not insert your hands, fingers, feet or head into the following spaces:
 - (1) Between the backrest and seat or armrest
 - Between the legrest and seat or armrest
 - (3) Between the seat and armrest
 - Between the back cover and leg cover (5) Back of the legrest
- Do not unplug the power plug or turn the power switch "off" during massage.
 Do not use the sole massage in a standing
- position.

(Otherwise it may lead to injury.)

• Do not sit on, stand on, or place objects on the legrest when the legrest is not completely lowered. (Otherwise it may lead to rotation of the legrest or the unit tipping over, resulting in accident or injury.)

Take note of the following points as well



 Do not spill water on the unit or controller. (Otherwise it may lead to electric shock, ignition, or fire due to a short circuit.)



- Store the lock switch key out of the reach of (Otherwise it may lead to accident such as the child swallowing the key.)
- In the event of a power outage, unplug the power plug immediately. Otherwise it may lead to accident or injury when the power supply returns.)
- If you have not used the unit for a while, carefully read the operating instructions again and check that the unit is operating normally before use. (Otherwise it may lead to breakage or injury.)

- Always unplug the power plug from the wall socket when cleaning the unit or removing the cover. (Otherwise it may lead to electric shock or injury.)
- Always unplug the power plug from the wall socket when not using. (Since dust and humidity deteriorates insulation, which may result in fire due to electrical fault.)



 Do not use at the same time as another medical device. (Otherwise it may lead to accident or deteriorated health.)



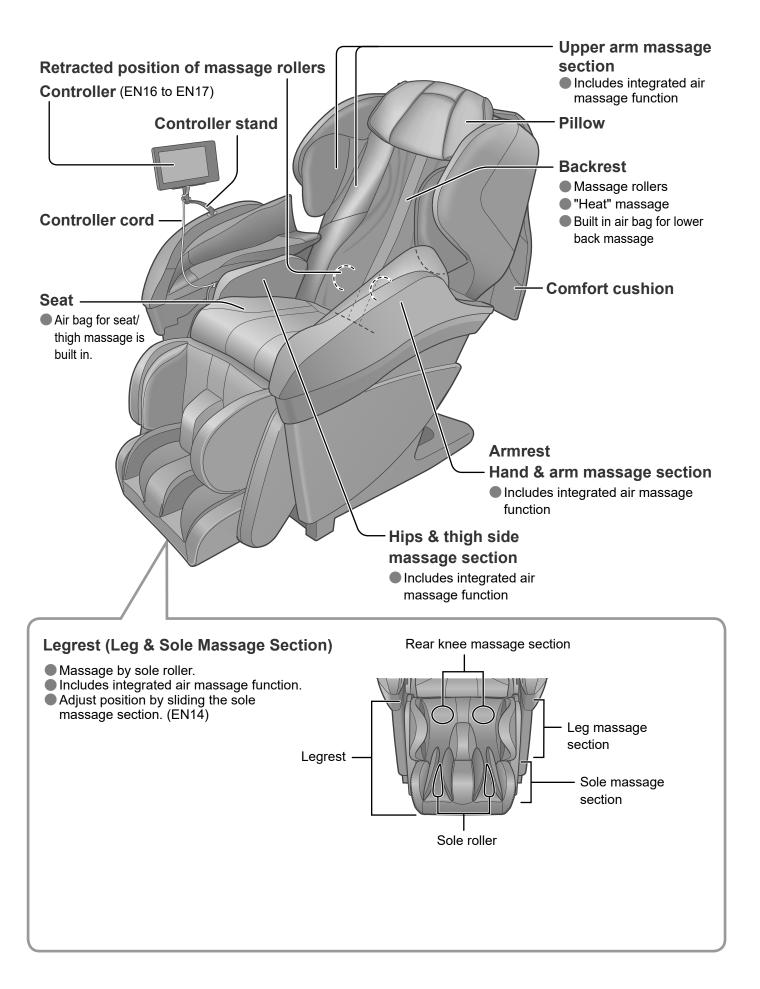
- Check that the massage rollers are in the retracted position.
- Be sure that all operations have stopped before getting off the unit during a massage. (Otherwise it may lead to accident or injury.)
- Check that there is no foreign matter between the parts of the unit before sitting down.
- Check that there are no foreign objects stuck in the backrest, legrest or hand & arm massage section.

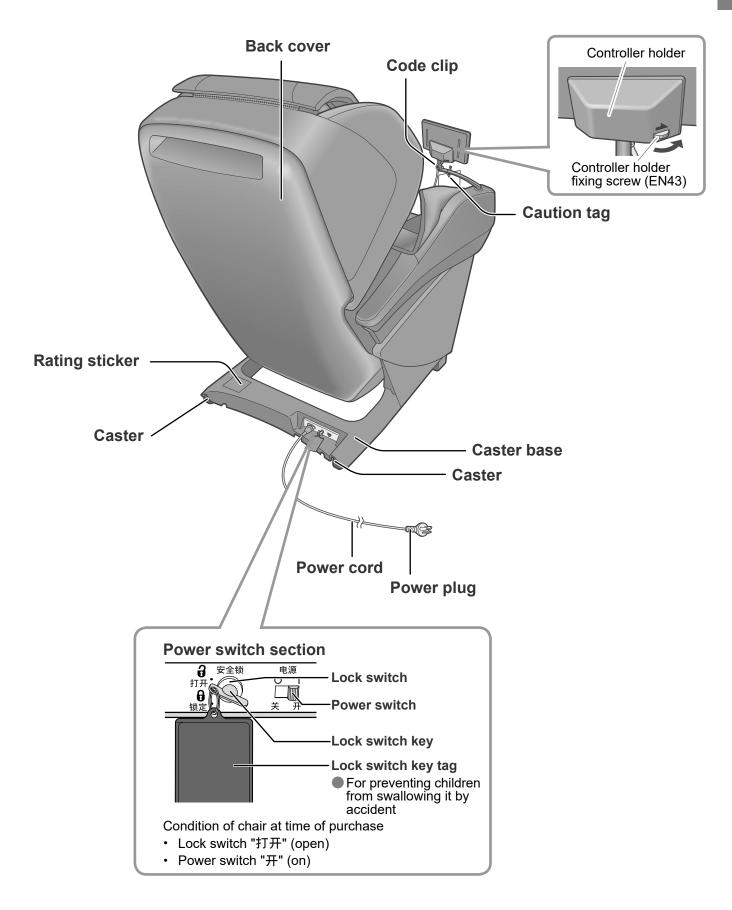
(Hands, feet or small objects may become trapped, resulting in an accident or injury.)

- Avoid wearing anything hard on your head like a hair accessory, etc. when using the
- Do not massage with any hard objects in
- your trouser pockets.

 Remove hard objects such as false fingernails, wristwatches or rings when massaging hands or arms. (Otherwise it may lead to injury.)
- Do not drop anything from your pockets, etc. into the gaps of the device. (Otherwise it may lead to loss due to fall.)

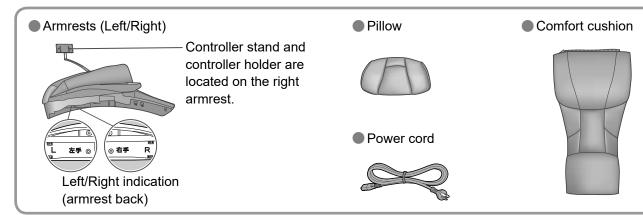
Part names and functions of main unit





Setting up the massage lounger

1) Checking the accessories



2) Where to use the unit

Ensure there is adequate space to recline.

- Unit body dimensions Height approx. 120 cm × Width* approx. 85 cm × Depth* approx. 200 cm (See EN49 for detailed unit dimensions.)
 - *When installing near a wall, etc.
 - In the reclining state, make sure that the backrest and the legrest are separated from walls, etc., by 10 cm or more, and the armrest is separated from walls, etc., by 5 cm or more.
- Do not expose the massage lounger to direct sunlight or high temperatures, such as in front of heating sources. This can cause discoloration or hardening of the synthetic leather.





- ① The unit must be carried by two or more persons.
 - Since the unit is heavy, be careful to avoid back injuries.

Unit weight Approx. 87 kg

(2) Watch your step carefully and put down the unit slowly.

Lay out a mat, etc.

Since the unit may damage the flooring, it is recommended to place the unit on a mat. When placing a mat under the unit, the size of the mat should be sufficient (at least 120 cm \times 70 cm) to cover the areas where the unit touches and where the legrest could touch the floor.

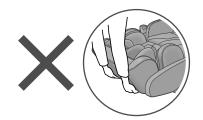
Hold the sides of the legrest.

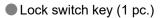


Hold the legrest with your hands until it has been set on the floor completely. If you release the legrest too soon, it will spring back to the initial position.

■ Do not hold the foot part!

The sole massage section might slide, and injuries may occur.

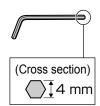






This is initially inserted in the lock switch of the power switch section prior to leaving the factory.

Allen key (1 pc.)



Attachment screws (M6 x 29), Silver



(2 pcs)

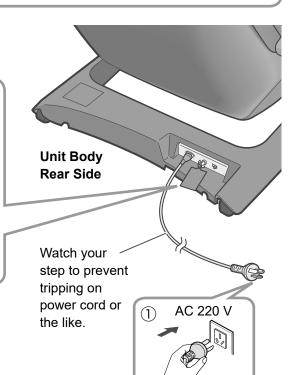
4) Turn on the power and raise the backrest to the upright position

- (1) Insert the power plug into the power outlet.
 - · Always be sure to insert into an AC 220 V plug.
- ② Confirm the lock switch key is set to the "打开" (open) position.
- ③ Confirm the power switch is set to the "开" (on) position.



- 4) Press twice.
 - Press once, and then press again approx.
 1 second later. Backrest will rise automatically.



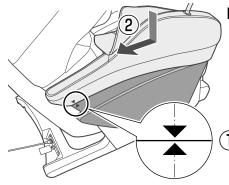


Assembly

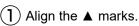
Fasten the armrest

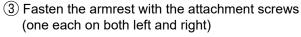
<Attaching the right armrest>

- (1) Insert the armrest into the unit.
 - "Right" and "Left" are indicated at the back of the armrest
 - Insert the armrest from the top aligning the ▲ marks on the side of the armrest.
 - Be careful to avoid pinching your fingers and controller cord.
- ② Slide the armrest toward the back while pushing it downward.



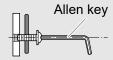
Front



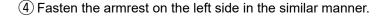


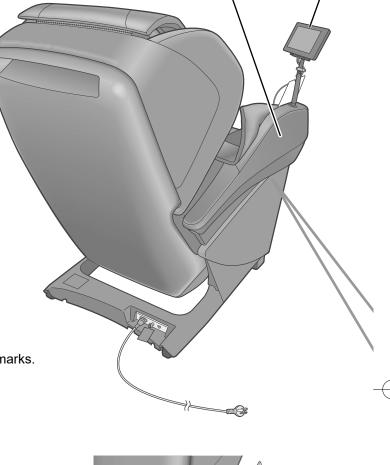
 Use this screw: Attachment screws (M6 x 29) x 2 pcs. (silver)

■ How to tighten the screws

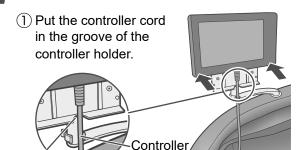


- 1. Place the screw on the tip of a allen key.
- 2. Tighten the screw while ensuring that the screw hole and the screw head become flat.
- Screw may be damaged if you tighten the screw inserted into the hole crookedly using an allen key.



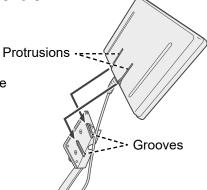


Attaching the controller to the controller holder



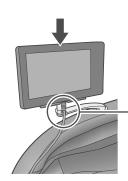
cord

2 Horizontally align the prove of the controller to the protrusions of the controller holder.

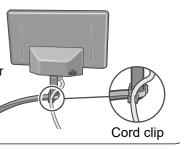


3 Push the controller.

 Push until it snaps into place.

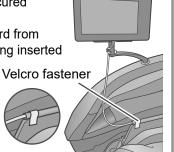


Secure the controller cord with cord clips to ensure the user is not caught by the controller cord when getting on and off the massage lounger.



The controller cord is secured with a velcro fastener.
 (This is to prevent the cord from obstructing the hand being inserted in the armrest.)

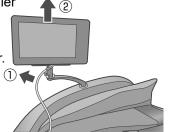
The controller stand and controller holder cannot be installed on the left armrest.



<Detaching the controller>

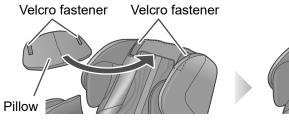
1 Remove the controller cord from the cord clips.

2 Lift up the controller.



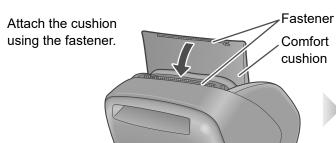
3 Attaching the pillow

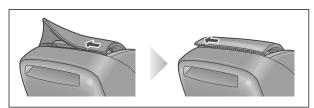
Attach the pillow using the velcro fastener.



 Recommended position of the pillow when using the massage lounger. (EN15)

Attaching the comfort cushion





Before starting massage

Check the surrounding area

Make sure there are no objects, persons, or pets in the vicinity of the unit.

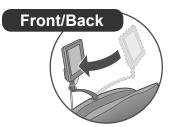
The massage lounger may not work when pets such as dogs and cats chew on or trip over the controller cord. (This may result in a breakdown.)



Watch for people and walls in the surrounding area to prevent hitting them when moving the controller stand to the outer side of the unit body.

Adjust the position and orientation of the controller

Position: Front - back adjustment using the controller stand.



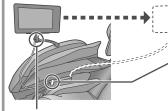


Orientation: Up - down and left - right using the controller holder.





Using with the controller detached>



The controller can be brought closer to the user by detaching the velcro fastener.

Remove the controller cord from the cord clips before use.

See EN43 for the method of fixing the controller holder.

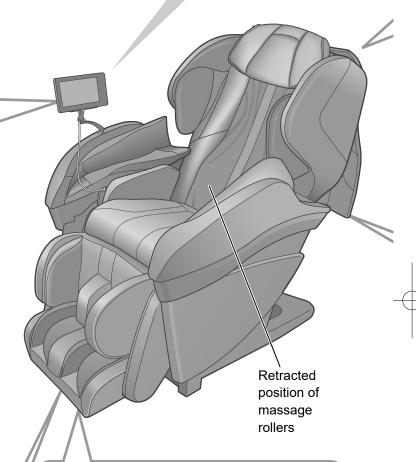
Check the legrest position

Make sure the legrest is in the fully lowered position.

(The legrest contacts the floor in the completely lowered state.)

- When the legrest is not fully lowered

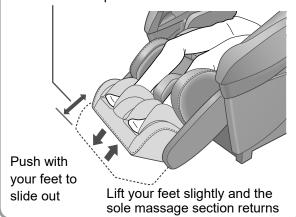
 The legrest will lower by pressing
 on twice.
- The fabric may emit a characteristic odor. It will fade with use.



Slide the sole massage section to your preferred position

Adjust to your preferred position after raising the legrest.

(See EN16 for Regarding the reclining angle adjustment) It will slides up to about 18 cm.



Insert the power supply plug, turn the lock key switch to "open", and power switch to "on".

(EN11)

Adjust the pillow position

Remove the pillow and adjust the height of the pillow so that the bottom edge is at ear level.

- The strength with which the massage roller presses the neck differs depending on the pillow position.
- When the reclining angle changes, the position of the pillow may shift. In that case, adjust the position again.



Flip up the comfort cushion to check the main unit

Check the following points:

- Is the fabric torn?
- Are there foreign objects sandwiched in the main unit?
- Are the massage rollers in their stowed positions?
 - When the massage rollers are not in the retracted position

Press twice to return the massage rollers to the retracted position.

Do not massage with the comfort cushion still on the backrest.

- · The fabric may wear faster.
- U10 may be displayed when the body is not detected. (EN40)

! WARNING

• Always check the fabric covering the backrest or legrest movable parts has not been ripped before using the unit. Please also check other areas to ensure the fabric has not been ripped. No matter how small the rip, if you find one then immediately stop using the unit, unplug the power plug and have the unit repaired at an authorized service center. (Otherwise it may lead to injury or electric shock.)

Check your sitting position

In order to deliver an effective massage, there is a bulging area in the center of the seat to make sure you sit all the way back.

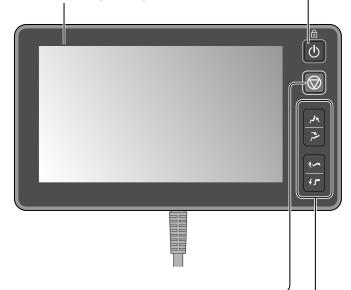


Refer to EN29 for details on correct placement of hands, arms, legs and soles.

Part names and functions of the controller

Controller

Touch Panel (EN17)



Emergency stop button

- In case of emergency or feeling abnormal sensations while in operations.
 - Press this button to stop the massage immediately.
 - The legrest, backrest, and massage rollers will not return to their storing positions.
 - Get off the unit body, being careful not to tip over.
 - In order to use, press twice returning the backrest and the massage rollers to their storing positions, and then use again.

Press the reclining angle adjustment button





Press to adjust.

- Turn the power of the controller on to use the massage lounger.
- Backrest and legrest angles can be adjusted.
- When holding down the adjustment buttons, chair adjustment will continue until you hear the limit sound (beep-beep-beep).
- Armrests will move in conjunction with the reclining of the backrest.

About language selection

The language selection screen will be displayed only the first time when the control unit is activated. (See EN35 for setting and changing)

OFF/ON button

- Starting massage operations
 - The power of the controller is turned on.
 - The power is automatically turned off when the massage operation is completed.
- Suspending ongoing massage operations
 - The legrest goes down automatically, the backrest rises, and the massage rollers are stored in the original positions.
- Setting and canceling child lock of the controller

Setting and canceling the child lock

If this setting is made, the operations are no longer accepted.

How to set

Long press of for about 5 seconds when the power supply of the controller is OFF or when the user selection / registration screen is being displayed.

The following screen is displayed, and about 10 seconds later the power is switched OFF automatically.



When is pressed after making the setting, the following screen is displayed, and after

about 10 seconds, the power supply to the controller is switched OFF automatically.



How to cancel

Press and hold down for about 5 seconds when the screen display described above is shown or when the power of the controller is turned off, in the set condition.



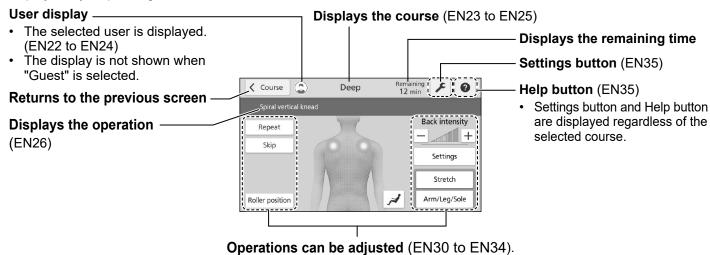


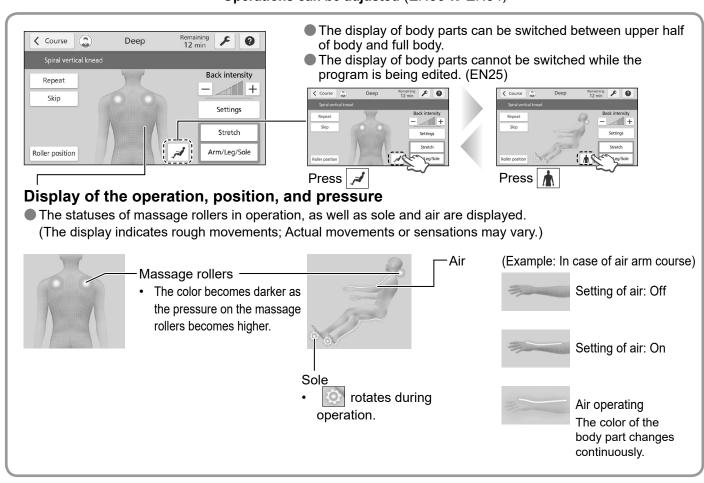
Screen displays during massaging operations

- Press the displayed buttons to operate.
- The power is turned OFF automatically if massage is not started and no operation is performed for about 3 minutes.

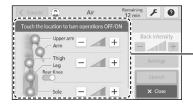
<Viewing screens>

The "Full body auto massage" course is used as an example for the screen displays shown below. Buttons and status displays vary, depending on the selected course.





 The screen on the right is displayed when the Air course or operations for body parts that only activates air is selected.
 (See EN26 for regarding air massage.)



Arm/Leg/Sole actions
Turning operations OFF/
ON, Intensity of actions
display (EN32 to EN33)

Simple use

User selection

Menu

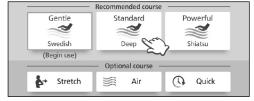
Course & body part selection

Just select the course and let the machine do the massaging



Full body auto massage

When you want a complete massage (EN23)



Select one course



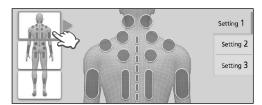
Select the user

- If the user is registered, the settings made will be stored in memory. This eliminates the need to make the same settings every time.
- Select "Guest" when you wish to use without registering as a user. (EN22)

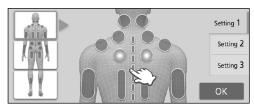
Massaging of the body part or operation according to your liking



When you want a massage of a particular body part with your favorite action (EN24 to EN25)



Select screen of desired body parts for massaging

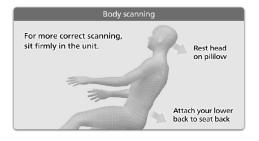


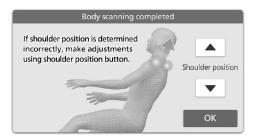
Select a body part and press "OK".

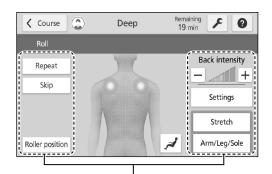
As many body parts as desired can be selected for massaging.

Scanning of shoulder roller position
Start the massage and adjust to suit your desire

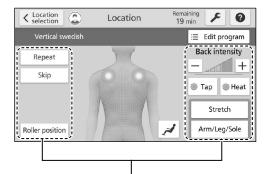
See EN20 to EN21 for details.







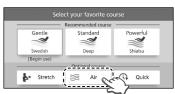
Operations can be adjusted (EN30 to EN34)



Operations can be adjusted (EN30 to EN34)

Sensing is not performed when any of the followings is selected.

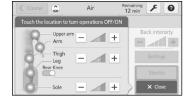
<When air course is selected>



<When operations for body parts that only activates air is selected>







Body parts for which only air is activated: Upper Arm/Arm/Pelvis/Leg/Sole

Example: Screen displays during massage operations EN19

Scanning of shoulder roller position

Scanning of shoulder roller position is the operation of estimating the shoulder position in order to ensure that
massaging is done matching with the body shape.
(Height range of scanning of shoulder roller position is about 140 cm to 185 cm.)

Scanning of shoulder roller position flow

Select a course Otherwise, select a body part and press "OK".

 No scanning is made if the air course, or operation with only air is selected. (See EN26 for regarding air massage.)



The unit body moves automatically and becomes reclined to an angle suitable for scanning.



The movement is not made when the unit body is deeply reclined.

Sit back and lean gently back so that your head touches the pillow.

 For adjustment of the position of the pillow. (EN15)



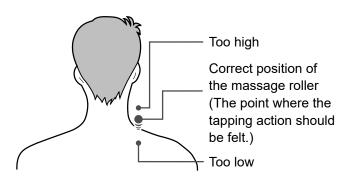
Shoulder tapping position is not aligned

Press "▲" or "▼" during the tapping action (about 12 seconds) to adjust the shoulder height position and press "OK".



Moves approx.
1.2 cm up or
down for each
press.

When "OK" is pressed, the scanning of shoulder roller position is completed and the massaging is started.



Scanning of shoulder roller position



Complete

Massage roller movements

- While a beeping sound is being made, the massage roller rises along the spine to the vicinity of the neck, and the massage roller projects out.
 (When the shoulder position is not correct, the massage roller rises again to the shoulder position repeating the scanning of shoulder
- Seat surface air operates to prevent the body from moving during scanning.

roller position.)

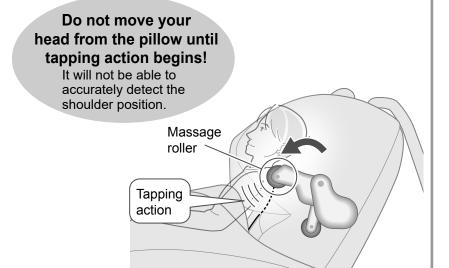
Tapping action

When adjusting the shoulder position, tapping action is performed to make it easy to identify where the massage rollers are.

 About 30 seconds after starting, the massage roller gradually goes down to the shoulder position and starts tapping.
 (When tapping position is not properly positioned, verify details described below.) When completed, the following screen is displayed, and the massaging is started.



- Even during the tapping action, when you press "OK", scanning will end and massage will start.
- To estimate the approximate height based on the shoulder position, the legrest may automatically adjust its angle so that the sole of the foot touches.



If the shoulder position is greatly shifted, one press of will stop the action.
 Rest your shoulders back against the backrest firmly and press the button to start again.

About user selection / user registration

When you would like to store the settings made to suit your liking in memory

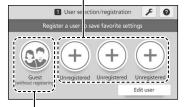
 Perform user registration before using the lounge for massaging.
 If user registration is made, the adjustments and settings to massaging are automatically stored and updated in memory.

There is no need to carry out any special operation for storing the settings.

• The contents of "Skip" and "Stretch" are not stored.

- Since the shoulder position differs depending on how the user sits, the "Scanning of shoulder roller position" is carried out every time, even if user registration has
- Even when terminated in the middle of massaging, the settings made until then are stored in memory.
 - However, the settings will not be stored in memory if there is a power failure, or the power supply switch at the back panel of the unit body is switched "OFF", or if the power supply cord is pulled out from its power socket.
- Select "Guest" if you do not wish to register and wish to start massaging immediately.

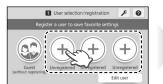
Register as a user and store the massage adjustments and settings made in memory.



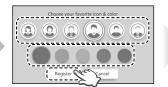
Start massaging immediately

The settings made to suit your desire are stored in memory, thereby avoiding the

User selection / registration method



Press the button for user registration



Select the icon and color to be registered and press "Register"



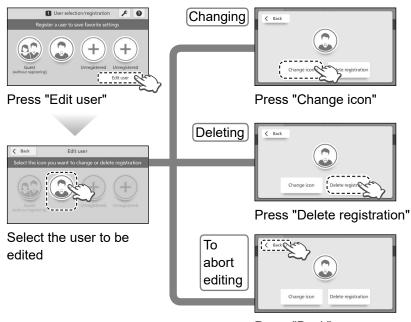
Once registration has been completed, the registered icon is displayed.

tediousness of having to make the same settings every time!

Once a user is registered, the user only needs to select the registered user for subsequent sessions and the massage lounger performs massage according to details recorded in memory from the previous session.

Edit user (Changing and deleting user buttons)

It is possible to change the icon of a registered user, and to delete the registration itself.



Press "Back"



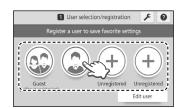
Select a new icon, then press "Register".



Press "Delete"

Select "Full body auto massage".





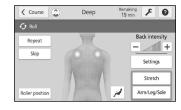
User display ah Full body auto ma

Select one course.

(The registered user is just an example) After scanning ends, massage starts. (EN20 to EN21)







Sensing operation starts (EN20 to EN21).

Displays for massage action. During the massage, you can create

After the massage is started, it will automatically end in a maximum of approximately 19 minutes.

favorite settings. (EN30 to EN34) Details of massage do not change even when Guest is selected.

♣ Stretch

Massage finished automatically.

From next time onwards, the operations will be started with the content previously stored in memory.

Features of full body auto massage

<Recommended course>

Until you get used to massaging, please use the Swedish course.

Soft (Beginning to use)

Swedish course: 19 minutes

When you want to gently loosen your body

Gently loosens tension primarily with a spreading operation on the surface of the body.

Air operation is used to apply pressure on fingertips and toe tips.

Standard

Deep course: 19 minutes

When you want to firmly loosen your body

Muscles are properly loosened, primarily with deeply loosening operations.

Finely circling "ultra knead" operation is applied to loosen knotted points. Arms, soles and calves are thoroughly loosened to release fotigue from the which is loosened to release fatigue from the whole body.

Stronger

Shiatsu course: 19 minutes

When you want to strongly loosen your body

Knotted points are powerfully loosened, primarily with shiatsu pressure operations.

Shiatsu pressure is applied in a perpendicular angle to the body, from the top of shoulders and by squeezing lower back from sides.

Arms, soles and calves are thoroughly loosened to release fatigue from the whole body.

<Optional course>

Stretch course: 16 minutes When you want to stretch the

whole body

This course relaxes the body with six stretching operations.

Stretching operations involve movements stretching or twisting the body through combined operation of air pressure and massage rollers.

Air course: 16 minutes When you want to gently loosen

your body with air

This course wraps the body with air only and gently loosens the body.

(Massage rollers for the upper body do not move)

Quick course: 10 minutes

When you want to quickly loosen your body

This course loosens tension in the whole body in about 10 minutes.

This course thoroughly loosens the body, primarily with grabbing and loosening operations. Finely circling "ultra knead" operation is applied to

loosen knotted points.

About user selection / user registration When you want a complete massage



When you want a massage of a particular I

- The power is turned OFF automatically if massage is not started and no operation is performed for about 3 minutes.
- In "Select favorite area", it is possible to select the desired part and select the desired massaging operation. (See EN25 for details)
- Massage is performed for about 19 minutes after starting. If only a small number of body parts are selected, the massage is repeated on respective body parts.
- Up to three patterns of setting details, such as body parts selected from personal preference, edited massage action and the like.

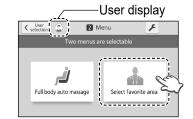
Turn on the power.

Select the user.

Select "Select favorite area".





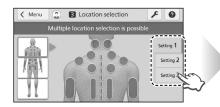


(The registered user is just an example)

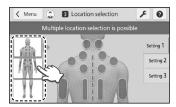
Select one of "Setting 1 to 3".

Select the screen for body parts.

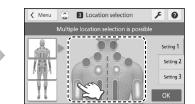
Select a body part.



Screen displays for selected body parts and body parts can be stored in memory.



Select the screen for the desired body part to massage.



- Select the desired body part for massaging.
- Multiple selection is possible.
- Repeat Steps 5 and 6 to select body parts.

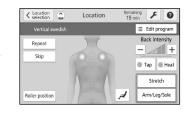
press "OK".



After scanning ends, massage starts. (EN20 to EN21)







- The selected body parts, from neck down to hips, are massaged in sequence.
 - When body part combination only consists of the upper arm, arm, pelvis, legs and sole, massage actions that involve air operations only is performed.
 - When the body part combination consists of the upper arm, arm, pelvis, legs or sole with any other body parts, massage actions are performed on such other body parts as well as the upper arms, arms, pelvis, legs or sole at the same time.
- Storing of details of settings in the memory starts.



- (EN20 to EN21)
- Scanning of shoulder roller position is not made if body parts are selected where only air operates. (See EN26 for air massage)



Details stored in the memory are used to start the operation for subsequent sessions, with the controller displaying the previously set "Setting 1 to 3", "Screen for the desired location" and "Location". There is no need to select body parts. When body parts or settings for ongoing massage are changed, details stored in the memory are overwritten. (Updating of memory does not occur if a power outage occurs)

was selected, "Settings 1 to 3" is not displayed.

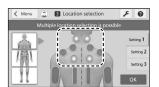
This eliminates the tediousness of having to select the desired body part or the adjustments of massaging every time!

r body part with your favorite action

Would like to massage with operations to my liking

- it is possible to switch OFF or ON the massaging operation for each body part, and to carry out only the desired massaging operation. (Edit program)
- The operation is made after starting to massage.
- If user registration has been made, the contents selected in program editing will be stored in memory.

Method of editing a program



Screen displays and actions are described, using the example of the "Neck shiatsu" course.

Body part selections: Neck and back.

1 Press "Edit program"





(2) Select the operation for editing.



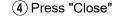
The edited operation is started.

- The program editing screen for the currently selected body part is displayed.
- The operations within the frame (yellow) is performed while the program is being edited.

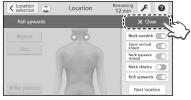
(Example: Neck squeeze-knead)

(3) Press











Switches each time it is pressed.

- The selected action expires and the next action is performed.
- If the massaging operations on the same location continue for five minutes, the massage rollers move upward by about 3 cm. (Massage rollers may move downward, depending on their position)

<When editing operations of other body parts>

Press | Next location |, then select the operation for editing, then perform Steps ③ and ④ described above.









Each time | Next location | is pressed, the program editing screen for the selected body part is displayed.

The contents of the action

Massage operation by massage rollers

- When "Full body auto massage" is selected, massaging operations that are suitable for the course are performed automatically.
- When "Select favorite area" is selected, operations that can be displayed or turned on/off vary depending on the selected body parts.

Ultra knead

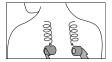
Small kneading action at points.



- 3D Ultra knead
- · Ultra knead · Hip ultra knead
- · Shoulder ultra knead
- · Squeeze ultra knead

Spiral ultra knead

Kneading action while moving up and down.



- · Spiral vertical knead
- 3D spiral knead
- · Spiral lateral knead
- · Spiral hip knead

Shiatsu

Action compressing muscle knots vertically.



- Neck shiatsu
- Shoulder shiatsu
- Squeezing shiatsu Triple shiatsu
- · Spiral vertical shiatsu
- · Hip shiatsu

Knead

Deep kneading action.



- · Neck squeeze-knead
- Compress upwards
- Squeeze-knead
- · Deep tissue
- · Shoulder knead
- Compress downwards
- · Hip knead
- Triple compress

Roll

Action to stretch an area.



- - · Roll upward · Compress roll upwards
 - Compress roll
- · Hip roll
- Waist compress

Swedish

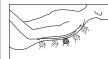
Action of rubbing gently across a wide area.



- Neck swedish
- Shoulder swedish
- · Upper shoulder swedish
- · Swedish downwards
- · Vertical swedish
- · Pat swedish
- · Vertical spreading swedish
- Hip swedish

Full back roll

Action stretching the body along the backbone.

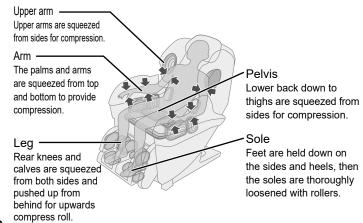


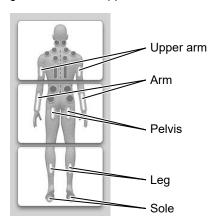
- Roll
- Knead roll
- · Swedish roll

The respective actions are suitable for specific body parts. (Actions of Shiatsu for the "Neck" are different from of the actions for the "Shoulder".)

About air massage operation

Air operation is that of softly relaxing the body with only air. (The massage rollers of the upper half of the body do not move)



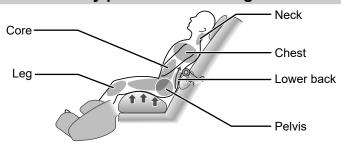




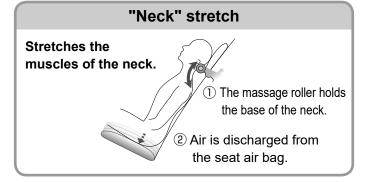
Stretching

A stretching operation is that of stretching or twisting the body using the movements of air or massage rollers.

Body parts for stretching



Description of stretch action

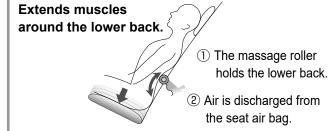


"Chest" stretch

Extends the muscles around the shoulder blades and chest.

- ① Hold the shoulders with the shoulder-side air bags.
- (2) Press the back forward with the massage roller.

"Lower back" stretch



"Pelvis" stretch

Stretches and twists the muscles around the pelvis to the left and right alternately.

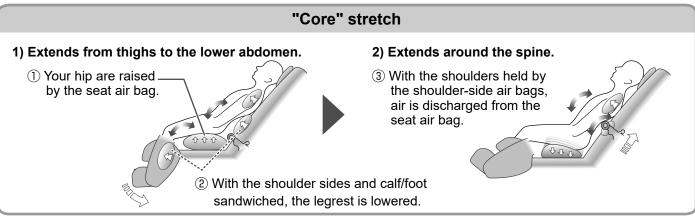
- 1 Legrest will lower.
- ② Seat air bag inflates alternately left and right.



"Leg" stretch

Extends the muscles from the knee area to the thighs.

- 1) The body is held down with air bags on the seat or on the sides of thighs.
- 2 The legrest is lowered, then calves and knees are pressed from behind.
- If you do "leg" stretching with the sole massage section slid out, it may hit the floor.



The contents of the action (continued)

Hip massage

During a hip massage, the seat air bag will lift up your hip and the massage rollers will go round your hip to massage. In addition, by supporting your lower back with the lower back air bag to raise your hip, the massage rollers will be able to reach the muscles of your hip more effectively.

Flow of hip massage

- Legrest rises to the highest level.
- ② Seat airbags are inflated to raise the body. (positions of legs and hands may shift when this occurs)
- ③ Rollers move to the buttocks to start massaging.
- Massaging on other body parts stop when hips are massaged. The air operation starts after massaging the hips when hip massage and air massage are selected in "Select favorite area". (See EN32 to EN33 for hip massage and EN26 for air massage)

How to use hip massage

- Sit back with your hip in contact with the backrest. (The massage rollers will not reach the hip adequately if you do not sit back.)
- The intensity of rollers contacting is raised when you bend your knees.

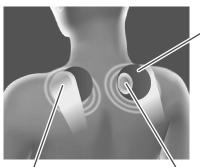


Sit firmly in the unit

"Heat"

The warm section in the "Heat" massage rollers will warm up the fabric of the massage areas.

- Temperature adjustment cannot be made.
- Sense of warmth differs depending on the room temperature, clothing, body shape, action, position, and course.



rollers rubber section

"Heat" massage

"Heat" massage rollers warm section

"Heat" massage rollers warm section

About course and operating time

Automatically stops at maximum 19 minutes from the start of the massage.

Timer function time setting differs depending on the course.



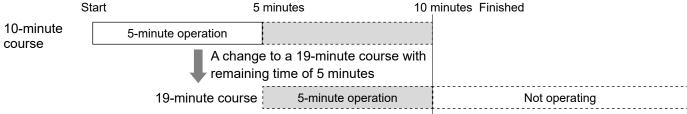
'Swedish", "Deep", "Shiatsu": about 19 minutes "Stretch", "Air": about 16 minutes "Quick": about 10 minutes

Select favorite area

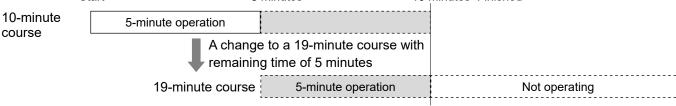
About 19 minutes

<When courses are changed>

- When the time setting for the course after change is shorter (example: A change from a 19-minute course to a 10-minute course), the remaining time is updated according to time setting after change.
- The remaining time never increases, even when courses are changed while one is ongoing. (Example: The operation that starts with a 10-minute course and changed to a 19-minute course does not result in the remaining time of 19 minutes.)



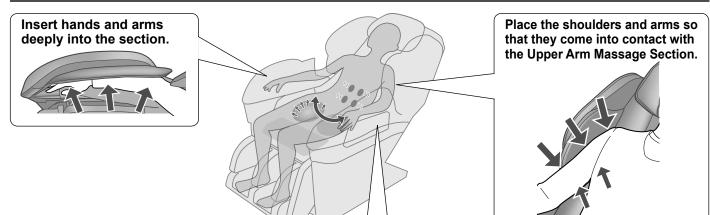
The remaining time starts with 5 minutes remaining, while the 19-minute course starts with body parts and operations according to the sequence set for the course.

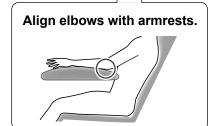


Proper placement of hands, arms, legs and soles The contents of the action

Proper placement of hands, arms, legs and soles

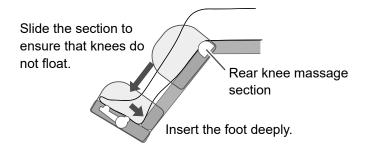
Hand & arm massage



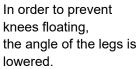


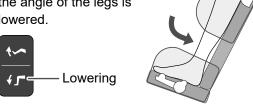
Leg & sole massage

If the contacting positions for rear knee massage section drift during massage, re-align the position again.

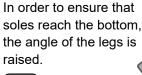


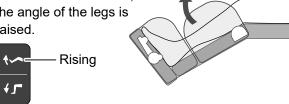
For taller persons: Knee floating even when legs are slided with section.



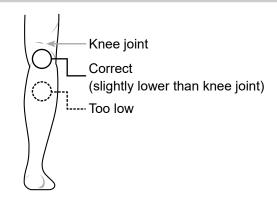


Short individuals: Soles do not reach the bottom.

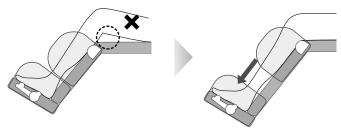




Rear knee massage section not properly aligned

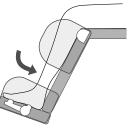


(1) Slide the section to ensure that knees do not float.



2 The angle of the legs is lowered if that does not work.





EN29

Adjusting the intensity

- It is possible to adjust to your liking the adjustments and settings, etc., during massaging.
 The overall operation time does not change even when adjustments are made with "Repeat", "Skip" or "Stretch" and the like during a massage operation.
 - When "Repeat" or "Stretch" is pressed: Time is taken for adjustment and the course may not be completed.
 - When "Skip" is pressed: The operation may be completed and then resumed from the beginning, depending on the
- The content that can be adjusted can differ depending on the selected course. See EN34 for details.

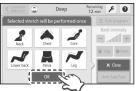
Function name	Description		
Repeat	The currently operating roller massage is repeated about twice the number of operations.	Sorial sectical proped Sorial section and Back intensity Roller position Press "Repeat".	Spiral vertical knead Repeat The roller massage mark by ongoing operation is displayed.
Skip	Suspend ongoing roller massage and move onto the next operation.	Sorre lectrical boxed Report Step Step Step Step Step Step Step Step	
Back intensity	Back intensity can be adjusted in 5 stages.	Course Deep Research F Refer position Deep Repeat Skip Refer position Deep Research F Refer position Deep R	Intensity Lowest Low Back intensity display
Stretch	One stretching operation is added to the ongoing course.	Sorrivertial boad Report Skip Roller position Press "Stretch".	Deep Receiving 12 min 1
Roller positions adjustment	Roller positions in vertical and horizontal directions can be adjusted.	Deep Renairing F Sorric vertual bread Back intensity - + Settings Sorech Arm Leap Sole Press "Roller position".	Course Deep Renairing F Sofiel version kneed Back intensity Back intensity - + Settings Stretch Arm Lapy Sole

Settings & adjusting method

- This may not be accepted if selected when an operation is switching to another operation.
- Details can be checked on the touch panel while the motion is repeated.
- The number of repetitions is the same whether pressed once or pressed twice or more times.

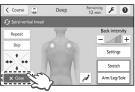
Medium	High	Highest
- +	- +	- +

- Refer to descriptions provided on EN42 for instructions when the highest intensity setting is not strong enough or when the lowest intensity setting is too strong.
- The adjustment may not be accepted if selected when an operation is switching to another operation.
- The intensity display section flashes while adjusting. Adjustments are not accepted when flashing.



Press "OK".

- The selected stretch operation is made once.
 After it is completed, the operation returns to the original course.
- See EN27 for details of stretch actions.



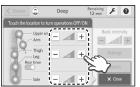
Press "Close".

- Press ** to perform adjustments when adjusting positions of rollers for an ongoing motion.
- Adjustments can be made up to three times in each direction.
- Adjustment may not be possible depending on the place where the massaging is being made.

Adjusting the intensity (continued)

Function name	Description	
	Turns OFF/ON operations for upper arm/arm, as well as thigh/leg and soles. The operating intensity can be adjusted in 3 stages.	Press "Arm/Leg/Sole". Select a body part When "Select favorite area" is selected, it is possible to add or cancel a body part from this screen.
Arm/Leg/Sole		<turning off="" on="" operations=""></turning>
actions		Motions are turned OFF/ON by pressing the body parts. Touch the location to turn operations OFF/ON Turned on: ON Turned off: OFF Since movement of the leg part is necessary for sole massaging, if the sole part is set to "ON", the leg part will also turn "ON".
		The rear knee operation is included in the operation of the leg part. It is possible to switch the rear knee part ON or OFF by making the leg part "ON".
Heat	Heat is turned OFF/ON.	Settings for full body auto massage Course
Tap action	Tapping operation is turned OFF/ON.	Settings for full body auto massage Course Deep Remarking F Deep Remarkin
	Hip massage is turned	Press "Settings". Press "Tap". Settings for full body auto massage
Hip massage	OFF/ON.	Course Deep Security Deep Software Press "Settings". Deep Software Press "Settings". Deep Security Deep Security Deep Security Deep Security Deep Security Security Deep Security Security Deep Secu

Settings & adjusting method





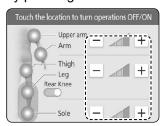
See EN26 for air action.

Press "-" or "+".

Press "Close".

<Intensity of actions>

Intensity of motions can be adjusted in 3 stages by pressing "-" or "+" for desired body parts.



Intensity	Low	Medium	High
Upper arm/arm and thigh/leg and sole intensity display	- +	- 4 +	- 4 +



Press "Close".

Settings for select favorite area

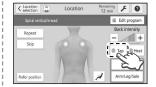


Press "Heat".



Press "Close".

Settings for select favorite area



Turned on: ON Turned off: OFF Individual operations can be turned OFF/ON.

Press "Tap".

Press "Close".

Settings for select favorite area

Hip massage can be turned OFF/ON on the Body Part Selection screen.



Adjusting the intensity (continued)

Details on available adjustments

Details on available adjustments vary depending on the selected course.

○: Adjustments available —: Adjustments not available

	Full body auto massage				
Adjustment function	Recommended course	se Optional course		Select favorite area	
	Swedish/Deep/Shiatsu	Stretch	Air	Quick	
Repeat		\bigcirc	_	\bigcirc	
Skip		\bigcirc	_	\bigcirc	
Back intensity		\bigcirc	_		
Stretch		\bigcirc	_	\bigcirc	
Roller position adjustment		\bigcirc	_	\bigcirc	
Arm/Leg/Sole actions		\bigcirc		\bigcirc	
Heat		\bigcirc	_	0	0
Tap action			_		Individual operations can be turned OFF/ON.
Hip massage	0	\bigcirc	_		_

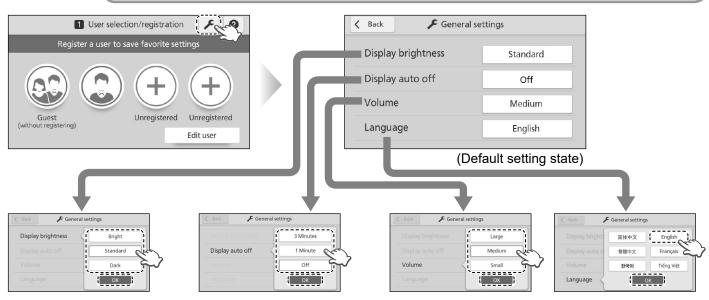
Adjusting the intensity About the settings and help screens

About the settings and help screens

Settings screen



- Display brightness Setting the brightness of the touch panel
- Display auto off Setting the time until the screen becomes dark
 - The screen is dimmed when operation is not performed for a set time.
 When the screen is touched, it returns to a brighter display.
 Operation is possible when the screen display is bright.
 - If massaging has not been started, the power supply turns OFF automatically if no operation is made for about 3 minutes.
- Volume Setting the operation tone volumeVolume
- Language Select a language



Select any one and press "OK"

Help screen



The help screen is displayed, and it will be possible to view the explanations according to the screen that was being displayed.



Press 2



Select the help menu that you wish to see



Select the item you wish to see



After completing the massage

Once the timer is up

After the timer has finished,

The legrest will lower so you can stand up safely.

If you have extended the sole massage section slide, it may hit the floor and not stow completely. Raise your legs to retract all the way.

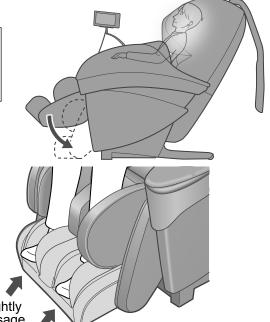
- Backrest does not rise automatically.
 Press Return the backrest and the backrest will rise.
- The massage rollers move to their retracted positions.

In the middle of the massage, when it ends with the Emergency stop button

Fully return the sole massage section to the original position and then press twice.

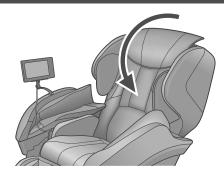
The legrest is lowered automatically, the backrest is returned to the upright position and massage rollers as well as sole rollers are stored at original positions.

Lift your soles slightly and the sole massage section returns.



Return the massage lounger to the position it is usually used

Place a comfort cushion on the backrest.

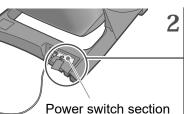


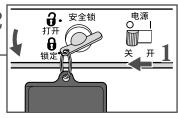
Turn the power off

- **1** Slide the power switch to the "关" (off) position.
- **2** Turn the lock switch key to the "锁定" (lock) position and remove it.
- Remove the power plug from the electrical outlet.



The lock switch key must be stored out of the reach of children.





WARNING

 After each massage, slide the power switch on the backside of unit body to the "关" (off) position, turn the lock switch to the "锁定" (lock) position and then remove the lock switch key and power plug. (To prevent breakage or injury from misuse by children.)



Lift the main unit when moving.

Lift and move with one person holding the sides of the legrest and one person holding the backrest cover groove. (EN10)

Always carry the lounge with at least two people!!

Moving the unit on its casters

- Remove the obstacles in the vicinity
- Move with the backrest fully upright.

The backrest rises up if (b) is pressed twice.

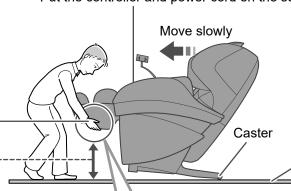
Since the unit is heavy, be careful to avoid back injuries.

Lifting weight when moving on casters

Approx. 35 kg

Hold the legrest at the sides and move the unit on its casters.

Put the controller and power cord on the seat



There is a risk of scratching the floor. Lay out a mat, etc.

Lift lower than the hip (Less than about 80 cm from the floor)

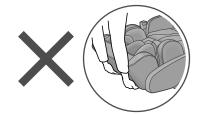
the sides

Hold the legrest at

Hold at the

sides





Do not hold by the foot part. The sole massage section might slide, and injuries may occur.

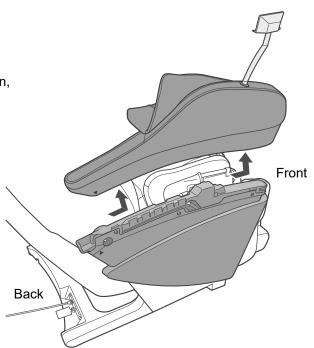
■ When you lower the unit

- Put the unit down slowly and watch your step carefully.
- Hold the legrest with your hands until it has been set on the floor completely. If you release the legrest too soon, it will spring back to the initial position.

Detaching the armrest

Detaching the armrest makes it easier to move.

- (1) Remove the attachment screws (EN12 Step 1 3).
- (2) Slide armrests to the front and raise with both hands.



After completing the massage Moving the unit

EN37

Cleaning and maintenance

Never use chemicals such as thinner, benzine, alcohol, etc.

Notes on use

- Be careful when using the unit with clothing such as jeans or colored clothes.
 (Cause of color transfer to the synthetic leather and fabric portions)
- Please avoid long time contact with plastic products etc. (Cause of discoloration)
- If you use hair dressing, please spread a towel on the parts they may touch.

Synthetic leather part

Wipe with a soft and dry cloth

- Never use cleaners available on the market that contain ethanol ingredients. (Cause of discoloration, change of properties)
- Do not rapidly dry off with a dryer, etc.



<When the dirt is severe>

- (1) Soak a soft cloth in water or a 3 % 5 % solution of neutral kitchen detergent with warm water and squeeze well.
- ② Briskly rub the surfaces.
- (3) Finally, rinse the cloth in water and wring it out, then wipe off all the detergent.
- (4) Wipe with a soft, dry cloth.
- (5) Allow the unit to dry naturally.
- For hard-to-clean soiling, wipe with the same neutral kitchen detergent solution, etc. but using a commercially available "sponge of melamine foam material".

Fabric parts

 Soak a soft cloth in water or a 3 % - 5 % solution of neutral kitchen detergent with warm water and squeeze well and wipe.



- (2) Use water or a neutral kitchen detergent and brush on areas where the seat fabric is particularly soiled.
 - Be careful not to brush the fabric too much to avoid damage.



(3) Finally, rinse the cloth in water and wring it out, then wipe off all the detergent.



- (4) Allow the unit to dry naturally.
 - Since color may transfer from clothing to the seat fabric, be careful when using the unit with clothing such as jeans or colored clothes.

Plastic area

- ① Soak a soft cloth in water or a 3 % 5 % solution of neutral kitchen detergent with warm water and squeeze well and wipe.
- ② Finally, rinse the cloth in water and wring it out, then wipe off all the detergent.
 - Make sure to wring tightly before wiping the controller (other than the touch panel part).
- (3) Allow the unit to dry naturally.





Touch panel part

Lightly wipe using a soft dry cloth such as a gauze.

<When the dirt is severe>

Wipe off the dirt using a cloth dipped in water and wrung thoroughly, and then lightly wipe using a dry soft cloth such as a gauze, etc.





	Š
	=
	ď
	2
	2
	your line and a line line line line line line line line
	į
	-
Q&A	2
≶	8

Question		Answer			
Ве	Before use				
illness that requires regular medical attention? Massage is a form of applied to the muscle		Consult your doctor before using Massage is a form of stimulation by tac applied to the muscles to relax them. T Be sure to consult a doctor if you have (EN4)	tile pressure in which pressure is his may exacerbate some illnesses.		
	The position of the upper body	Separating massage of the upper	body and legs is recommended.		
	and the position of the legs do not match. What can I do to align massaging positions?	Massaging only the upper body Raise the comfort cushion to expose the backrest and pillow for use.	Massaging only the legs Use the leg & sole massage section with the comfort cushion on the backrest.		
_					
How to use	Can people shorter than 140 cm or taller than 185 cm still use it?	Yes. The following methods are recomme position may not be found during sca	 		
		<pre><if 140="" cm="" shorter="" than=""></if></pre>	<if 185="" cm="" taller="" than=""></if>		
		Place a cushion on the seat and sit firmly.	Recline the backrest and slide your body down.		
		For taller persons: Please use by reclining the backrest. For shorter persons: Please use by raising the backrest and lifting the legrest.			
	How many times can this be used	Use for less than about 30 minutes	s in one day.		
	in one day?	Rest for about 10 minutes after us	sing for 16 minutes or more.		

Q&A (continued)

Question		Answer
Dı	uring operation	
Scanning of shoulder roller position*	During scanning of shoulder roller position or a massage, 7 short beeps sounded (U10 was displayed) and the action stopped. What happened?	Massages stop for safety if the body cannot be detected for one of the following reasons. The user is not sitting. The head and/or back is not touching the backrest. A cushion is placed against the backrest or the user is wearing thick clothing. Sit firmly, lean gently back so that your head touches the pillow, press and then press to start again. The comfort cushion is not raised.
	The mechanical intensity adjustment button for the upper half of the body does not work sometimes.	The upper body massage roller intensity button is ineffective in following instances. This is an intentional condition to prevent suddenly intensifying strength and is not a malfunction.
Up	There is a delay in movement when adjusting the position.	The massage rollers may not move immediately depending on when the position button is pushed. (There may be a small time lag. This is not an abnormality.) If you hear the limit sound (beep-beep-beep) when the button is pushed, this means that it is at the furthest position and cannot move any further.
Upper body	The height (intensity) on the left feels different to that on the right.	It is designed to differ in some cases. An alternating tapping mechanism is used to create a more natural sensation. The massage rollers therefore do not move in unison in some massages. The massage roller height (intensity) on the left differs from that on the right in these massages. This is not a malfunction.
	The massage rollers sometimes move bit by bit in a twitching manner.	The chair is detecting the pressure acting on the massage rollers and changing the massage strength. The massage rollers may move bit by bit depending on the pressure but this is not an abnormality.
	The massage intensity adjustment button of the massage lounger is invalid.	Based on safety considerations, when the massage lounger program is in the automatic adjustment state, the massage intensity button sometimes does not respond immediately. Please try to press the massage intensity button again after waiting for a while.
Soles	The sole roller sometimes moves before the course begins	Before the course begins, the sole roller moves into place. This is not an abnormality.
Hands & Arms	During auto course (including memory course), air action and sole roller action may suddenly stop and transit to the next operation	When hip massage or stretching operations start during an Automatic course, the supply of air used for operations and sole roller movements are suspended. This is due to the priority on the air motion that is linked to movements of rollers to enhance the effectiveness of hip massage or stretching operations. For this reason, in the number of times arm massage is performed on the left and the right may differ with alternated application of pressure for air arm massage.

^{*} Scanning of shoulder roller position: action of measuring the body.

During operation (continued)

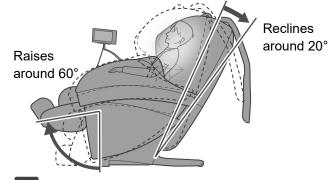
The angle of the backrest, legrest or armrest automatically changes at times.

The angle automatically changes in the following cases.

While scanning the shoulder roller position

The unit body moves automatically, and gets inclined to the angle that makes scanning easy.

• The movement is not made when the unit body is inclined deeply.



ecliniı

When by is pressed to end the massage.

The chair automatically returns to the upright position.

- Only the legrest returns to the original position if the massage is completed according to the timer.

The backrest is not restored to upright position after massaging.

Only the legrest is retracted when the motion comes to stop by timer operation.

Press (1) twice to restore the backrest to the upright position.

After use

Hand & arm

Red marks are left on the under side of my hands/arms after a hand & arm massage.

Marks may remain on the hands and arms after use. These eventually fade and are not a problem.

How to adjust the <Position>

scanning of shoulder roller position

The correct shoulder position cannot be found during scanning of shoulder roller position. (The shoulder position slips each time.)

Correct scanning of shoulder roller position may not be possible for some sitting positions (such as leaning forward).

Adjust with the shoulder position "▲" and "▼" button. (EN 20 to EN21) For more correct scanning, sit firmly in the unit and lean back gently so that your head is touching the pillow (backrest).

Q&A (continued)

Question Answer

How to adjust the <Intensity>

	,,			
Upper body	The auto course is "not strong enough even at the strongest setting" or is "too strong even at the weakest setting".	 Try the following methods. Maximum intensity is set for a course but the intensity is insufficient. Leaning back the backrest results in more body weight pressing against the main unit for stronger massaging. Minimum intensity is set for a course by the intensity is excessive. Placing cloth or blanket over the backrest can soften the contact sensation of massage rollers. 		
Hip	The hip massage is weak	Please sit further in. When you sit further in, the gap between the backrest and the hip becomes smaller, making it easier for the massage rollers to contact your body. (EN28)		
Hand & arm	Can hand & arm massage be performed simultaneously?	Massaging is performed alternately, to ensure that the user can stop the operation whenever any anomaly or danger is sensed.		
	I hardly feel any difference in intensity in the sole roller even after adjustment	The sole roller intensity is adjusted by the strength of the foot side air pressure holding the soles. Therefore, depending on the operating pattern, intensity difference may not be felt. Foot side air bag		
Sole	Sole roller is too intense even at the gentlest setting	Slightly lower the sole massage section so that the heel is raised above it, which will weaken the effect of the roller.		

Question Answer

Other

Ot	iiei			
Controller	The controller holder is unsteady. The displays of the operation or	Tighten the controller holder fixing screw. The holder is held tighter by turning the mounting screw in the direction of • Controller unit holder cannot be completely secured in order to allow adjustment to desired positions and orientations. Controller holder Controller holder fixing screw The actions shown represent rough movements.		
Noise	The noise grows louder after using the chair for a long time.	Actual movements or sensations may vary. This may be a malfunction. Contact the nearest authorized serv center for an inspection and repair.		
Is there a timer function? Yes. To prevent overuse, the massage 19 minutes after starting. (EN28) When the timer ends, the legres rollers are stowed.		To prevent overuse, the massage automatically ends at a maximum of 19 minutes after starting. (EN28) When the timer ends, the legrest automatically lowers and the massage rollers are stowed.		
Timer function	Does the time vary depending on the course? Can I change time settings myself?	The time setting of the timer function changes depending on the course. (EN28) That is not possible. The set time is predetermined for each course. Swedish Deep Shiatsu Stretch Air Quick about 10 minutes About 10 minutes About 19 minutes		
Power supply	What should I do if the massage lounger is powered off?	Please refer to SC11 to confirm first. ① If the power supply in your home is normal, you can try another power supply to connect the massage lounger. ② Is the power cord of your massage lounger loose? ③ Is the switch on the power control box of your massage lounger in the "开" position? ④ Is your massage lounger lock switch key connected properly and in the "锁定" position? Note: If the massage lounger cannot be started after the above steps are confirmed, please call the After-sales Service Hotline.		

Troubleshooting

Investigate the "Problem" and apply the "Remedy" below.

If the problem still exists after following the remedy, contact an authorized service center. Refer to EN51 for details when requesting repair.

Problem	Cause and Remedy
The action stops mid-way.	There was a power outage. → Since the operation would have stopped, press twice to return the backrest and the massage rollers to the storage position, and then start to use again. (The operation does not restart even if the unit has recovered from a power failure.)
	If excessive force is applied to the massage rollers during operation, in the interests of safety the action may stop. → Turn off the power switch, wait for approx. 10 seconds and then turn the power switch on again.
	If the operation returns to the menu selection screen while a course was ongoing, the operation stops.
The seat cannot be reclined and the legrest cannot be lowered.	If the unit encounters an obstacle or if excessive force is exerted on it during operation, in the interests of safety the unit will come to a stop. → When the backrest and the legrest have stopped, switch slide the power switch on the backside of unit body to the "关" position, and switch it "开" again after about 10 seconds, and then operate the unit.
The massage rollers do not come up to the shoulder or neck.	If your head does not contact the pillow or your back does not contact the backrest, the shoulder position may be detected as lower than the actual position during the scanning of shoulder roller position.
	→ Sit on the seat in the deepest position and put your head on the pillow, and then repeat the operations again from the start. (EN20 to EN21)
The height of the left and right massage rollers is different.	An alternating tapping method is employed, which means that this phenomenon will naturally occur. There is nothing wrong with the unit. (EN40)
"Heat" massage rollers do not	"Heat"is set to Off.
get warm.	Sense of warmth from the massage rollers differs depending on your body shape, the massage body part, massage action, clothing, and room temperature.
The "Heat" massage rollers do not cool down even after being turned off.	Because of the structure of the heater, the "Heat" massage rollers will feel warm for a while after heating due to the residual heat.
turned on.	Continuing to massage the same area even after turning off the "Heat" switch may increase the temperature felt.

Troubleshooting (continued)

Problem	Cause and Remedy
Reclining does not take place even though a massage is started. (The seat does not automatically recline.)	If the backrest has fallen over about 20 °, it does not recline automatically. (EN41)
The backrest does not return to the upright position.	If the unit is stopped by automatic shut-off or by pressing , it will not return automatically for safety. → To return from the reclined position to the original position, press twice.
The unit will not operate at all.	There is a power failure.
	The power plug has been disconnected. (EN11)
	Power switch on the rear panel is set to "关".
	The child lock has been applied. (EN16)
	Course selection or body part selection has not been made.
Touch panel is inoperable	Touch panel may become inoperable due to interference from other electronic devices in the vicinity. → Press the
It is not possible to massage hands and arms.	Air plug may come loose from the air plug insertion port if the armrest is not secured. Air plug insertion port Air plug → Check connection of the air plug and secure installation of the armrest. (EN12)
Sometimes the power won't turn on when by is pressed again when a massage has finished.	Due to shutdown (approx. 5 seconds)
Red, blue, or green pixels are visible on the touch panel	Defective pixels that do not light, remain continuously lit, appear non-uniform, or experience color shifts are characteristic of touch screens and considered normal.
The unit has been damaged.	→ To prevent accidents, be sure to contact an authorized service center. (EN51)
The power cord or power plug is abnormally hot.	

Error display

<Example of error display>

U10

For safety reasons, action will terminate automatically when it cannot detect if someone is seated.

If this error occurs even if you are seated, press the emergency stop switch, sit further in chair attaching your lower back to seat back, and repeat the operation.

Error display	Contents
U10	For safety reasons, action will terminate automatically when it cannot detect if someone is seated. If this error occurs even if you are seated, press , sit back all the way to the backrest, and operate from the start again.
F03 ~ F39	There is a malfunction inside the massage device. Stop using and ask your dealer to inspect and repair the chair. (Service and maintenance will be carried out smoother if the error number is communicated when contacting.)

The following sounds and sensations occur while using the unit. However, they occur due to the construction of the unit and are perfectly normal.

From each air massage unit (see EN8 for the position of each air massage unit)

"Snapping", "Hollow", "Bending" and "Thrusting" sounds

Inflating sound of air bag as well as sounds and sensations of air bag as they rub against each other during air operations.

"Popping", "Clunking" sounds

Sounds and feels like the massage rollers are straining to get over wrinkles in the cloth

"Rattle", "Squeak", "Rustle" sounds

Operating sounds of the kneading or tapping actions

"Creaking" sound

Creaking sound when the massage rollers are in operation

"Rattle", "Jerk" sounds

Operating sounds when the massage rollers move up or down

"Rumble" sound

Sound of the belt rotating

"Motor" sounds

Motor sounds when air pressure is applied

"Clunking", "Jerking" sounds

Sounds when the massage rollers change from "push" to "pull"

"Rubbing" sound

Rubbing sound of the massage rollers on the seat fabric

"Grating" sound

Sound when sitting down



'Grating" sound

Sound of the comfort cushion moving over the armrest when the seat is reclining

'Grating" sound

Grating sound in the backrest and armrest

"Clunking" sound

Clunking sound during leg stretch operation

"Popping", "Clunking" sounds

Sounds and feels like the sole roller is straining to get over wrinkles in the cloth.

"Creaking" sound

Creaking sound when the sole roller is in operation

"Motor" sounds

Motor sounds when air pressure is applied

"Clunking", "Jerking" sounds

Sound when the sole roller changes between "forward" and "reverse"

"Grating", "Grinding" sounds

Rubbing sound of the sole roller on fabric

"Motor" sounds

Motor sound

"Whoosh", "Hiss" sounds

Sound of discharging air

"Pump" sounds

Sounds of the pump beneath the seat

"Thudding", "Jerking" sounds

Sounds of the valve beneath the seat

Error display Sounds and sensations of the unit

If these sounds have grown louder, there may be a malfunction.

Contact the nearest authorized service center for inspection and repair.

EN47

Specifications

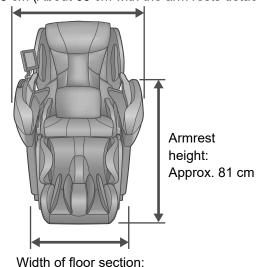
Power supply		220 V ~ 50 Hz
Power consumption		135 W (when "off" at the controller, approx. 0.3 W)
Heater unit power consumption		23 W
Upper body massage	Massage area (Up-Down)	Approx. 79 cm (The massage rollers move a total of approx. 63 cm)
	Massage area (Left-Right)	Roller spacing during kneading operations (including roller widths) Neck, shoulders and back: Approx. 5 cm to 21 cm; Lower back and buttocks: Approx. 5 cm to 25 cm Roller spacing (including roller widths) for vertical movements and spinal stretching Approx. 5 cm to 17 cm
	Massage area (Front-Back)	Strength adjustment range: Approx. 10 cm
	Massage speed	Kneaded: Approx. 4 times per minute to 73 times per minute Tap: Approx. 190 times per minute to 520 times per minute (one side) Moving speed: Approx. 1 cm per second to 5 cm per second
Air massage	Air pressure (Rear knee)	3: Approx. 34 kPa 2: Approx. 31 kPa 1: Approx. 18 kPa (there are slight variations between body parts)
Soles massage	Massage speed	Approx. 8 times per minute to 21 sets per minute
Reclining angle		Backrest: Approx. 120° to 170° Legrest (Leg & Sole Massage Section): Approx. 5° to 85°
Timer		Around 19 minutes (automatically ends)
Dime	When not reclining (H × W × D)	Approx. 120 cm × 85 cm × 130 cm
ensions	When reclining (H × W × D)	Approx. 79 cm × 85 cm × 200 cm
Mass		Approx. 87 kg
Upholstery		Synthetic leather
Dimension of packing box (H×W×H)		Approx. 192 cm × 82 cm × 92 cm
Weight (including the packing box)		Approx. 107 kg
Standard		GB 4706.1 GB 4706.10

For persons weighing 100 \mbox{kg} or more, the product operations may make more noise and the fabric cover may wear faster.

Unit dimensions

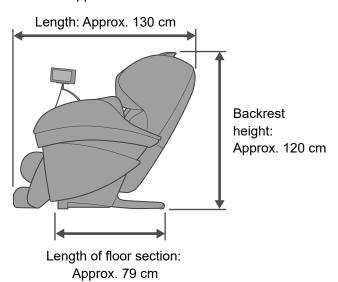
Front

Max. width: Approx. 85 cm (About 68 cm with the arm rests detached)

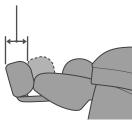


Width of floor section: Approx. 64 cm

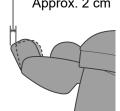
Side

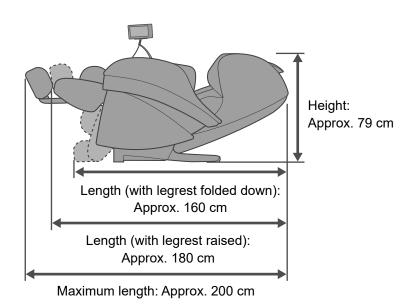


Extension length of sole massage section: Approx. 18 cm



Sole massage section movement:
Approx. 2 cm





本产品中包含以下软件:

- (1) Panasonic Corporation及其关联公司(以下称"松下")独立开发的软件;
- (2) 由第三方持有授权给松下的软件;
- (3) 开源软件。

上述(3)软件虽是期待它单体有效而发布,但不进行任何保证,包括但不限于对"适销性"及"针对特定目的的适用性"的暗示保证。具体请参考下记的许可条件。

Copyright 2012 Google Inc. All Rights Reserved.

Licensed under the Apache License, Version 2.0 (the "License"); you may not use this file except in compliance with the License.

You may obtain a copy of the License at

http://www.apache.org/licenses/LICENSE-2.0

Unless required by applicable law or agreed to in writing, software distributed under the License is distributed on an "AS IS" BASIS, WITHOUT WARRANTIES OR CONDITIONS OF ANY KIND, either express or implied. See the License for the specific language governing permissions and limitations under the License.

Apache License Version 2.0, January 2004 http://www.apache.org/licenses/

TERMS AND CONDITIONS FOR USE, REPRODUCTION, AND DISTRIBUTION

1. Definitions.

"License" shall mean the terms and conditions for use, reproduction, and distribution as defined by Sections 1 through 9 of this document.

"Licensor" shall mean the copyright owner or entity authorized by the copyright owner that is granting the License. "Legal Entity" shall mean the union of the acting entity and all other entities that control, are controlled by, or are under common control with that entity. For the purposes of this definition, "control" means (i) the power, direct or indirect, to cause the direction or management of such entity, whether by contract or otherwise, or (ii) ownership of fifty percent (50%) or more of the outstanding shares, or (iii) beneficial ownership of such entity. "You" (or "Your") shall mean an individual or Legal Entity exercising permissions granted by this License. "Source" form shall mean the preferred form for making modifications, including but not limited to software source code, documentation source, and configuration files. "Object" form shall mean any form resulting from mechanical transformation or translation of a Source form, including but not limited to compiled object code, generated documentation, and conversions to other media types. "Work" shall mean the work of authorship, whether in Source or Object form, made available under the License, as indicated by a copyright notice that is included in or attached to the work (an example is provided in the Appendix below).

"Derivative Works" shall mean any work, whether in Source or Object form, that is based on (or derived from) the Work and for which the editorial revisions, annotations, elaborations, or other modifications represent, as a whole, an original work of authorship. For the purposes of this License, Derivative Works shall not include works that remain separable from, or merely link (or bind by name) to the interfaces of, the Work and Derivative Works thereof. "Contribution" shall mean any work of authorship, including the original version of the Work and any modifications or additions to that Work or Derivative Works thereof, that is intentionally submitted to Licensor for inclusion in the Work by the copyright owner or by an individual or Legal Entity authorized to submit on behalf of the copyright owner. For the purposes of this definition, "submitted" means any form of electronic, verbal, or written communication sent to the Licensor or its representatives, including but not limited to communication on electronic mailing lists, source code control systems, and issue tracking systems that are managed by, or on behalf of, the Licensor for the purpose of discussing and improving the Work, but excluding communication that is conspicuously marked or otherwise designated in writing by the copyright owner as "Not a Contribution."

"Contributor" shall mean Licensor and any individual or Legal Entity on behalf of whom a Contribution has been received by Licensor and subsequently incorporated within the Work.

- 2. Grant of Copyright License. Subject to the terms and conditions of this License, each Contributor hereby grants to You a perpetual, worldwide, non-exclusive, no-charge, royalty-free, irrevocable copyright license to reproduce, prepare Derivative Works of, publicly display, publicly perform, sublicense, and distribute the Work and such Derivative Works in Source or Object form.
- 3. Grant of Patent License. Subject to the terms and conditions of this License, each Contributor hereby grants to You a perpetual, worldwide, non-exclusive, no-charge, royalty-free, irrevocable (except as stated in this section) patent license to make, have made, use, offer to sell, sell, import, and otherwise transfer the Work, where such license applies only to those patent claims licensable by such Contributor that are necessarily infringed by their Contribution(s) alone or by combination of their Contribution(s) with the Work to which such Contribution(s) was submitted. If You institute patent litigation against any entity (including a cross-claim or counterclaim in a lawsuit) alleging that the Work or a Contribution incorporated within the Work constitutes direct or contributory patent infringement, then any patent licenses granted to You under this License for that Work shall terminate as of the date such litigation is filed.
- 4. Redistribution. You may reproduce and distribute copies of the Work or Derivative Works thereof in any medium, with or without modifications, and in Source or Object form, provided that You meet the following conditions:

- (a) You must give any other recipients of the Work or Derivative Works a copy of this License; and (b) You must cause any modified files to carry prominent notices stating that You changed the files; and (c) You must retain, in the Source form of any Derivative Works that You distribute, all copyright, patent, trademark, and attribution notices from the Source form of the Work, excluding those notices that do not pertain to any part of the Derivative Works; and (d) If the Work includes a "NOTICE" text file as part of its distribution, then any Derivative Works that You distribute must include a readable copy of the attribution notices contained within such NOTICE file, excluding those notices that do not pertain to any part of the Derivative Works, in at least one of the following places: within a NOTICE text file distributed as part of the Derivative Works; within the Source form or documentation, if provided along with the Derivative Works; or, within a display generated by the Derivative Works, if and wherever such third-party notices normally appear. The contents of the NOTICE file are for informational purposes only and do not modify the License. You may add Your own attribution notices within Derivative Works that You distribute, alongside or as an addendm to the NOTICE text from the Work, provided that such additional attribution notices cannot be construed as modifying the License. You may add Your own copyright statement to Your modifications and may provide additional or different license terms and conditions for use, reproduction, or distribution of Your modifications, or for any such Derivative Works as a whole, provided Your use, reproduction, and distribution of the Work otherwise complies with the conditions stated in this License.
- 5. Submission of Contributions. Unless You explicitly state otherwise, any Contribution intentionally submitted for inclusion in the Work by You to the Licensor shall be under the terms and conditions of this License, without any additional terms or conditions. Not with standing the above, nothing herein shall supersede or modify the terms of any separate license agreement you may have executed with Licensor regarding such Contributions.
- 6. Trademarks. This License does not grant permission to use the trade names, trademarks, service marks, or product names of the Licensor, except as required for reasonable and customary use in describing theorigin of the Work and reproducing the content of the NOTICE file.
- 7. Disclaimer of Warranty. Unless required by applicable law or agreed to in writing, Licensor provides the Work (and each Contributor provides its Contributions) on an "AS IS" BASIS, WITHOUT WARRANTIES OR CONDITIONS OF ANY KIND, either express or implied, including, without limitation, any warranties or conditions of TITLE, NON-INFRINGEMENT, MERCHANTABILITY, or FITNESS FOR A PARTICULAR PURPOSE. You are solely responsible for determining the appropriateness of using or redistributing the Work and assume any risks associated with Your exercise of permissions under this License.
- 8. Limitation of Liability. In no event and under no legal theory, whether in tort (including negligence), contract, or otherwise, unless required by applicable law (such as deliberate and grossly negligent acts) or agreed to in writing, shall any Contributor be liable to You for damages, including any direct, indirect, special, incidental, or consequential damages of any character arising as a result of this License or out of the use or inability to use the Work (including but not limited to damages for loss of goodwill, work stoppage, computer failure or malfunction, or any and all other commercial damages or losses), even if such Contributor has been advised of the possibility of such damages.
- 9. Accepting Warranty or Additional Liability. While redistributing the Work or Derivative Works thereof, You may choose to offer, and charge a fee for, acceptance of support, warranty, indemnity, or other liability obligations and/or rights consistent with this License. However, in accepting such obligations, You may act only on Your own behalf and on Your sole responsibility, not on behalf of any other Contributor, and only if You agree to indemnify, defend, and hold each Contributor harmless for any liability incurred by, or claims asserted against, such Contributor by reason of your accepting any such warranty or additional liability.

END OF TERMS AND CONDITIONS

松下住宅电器(上海)有限公司

Panasonic Manufacturing (Shanghai) Co.,Ltd Panasonic Corporation

Panasonic Corporation
© Panasonic Corporation 2020
http://www.panasonic.com

制造商:松下住宅电器 (上海)有限公司 上海市松江工业区江田东路258号

原产地: 中国

发行日期:2020-12-12 Issued date:2020-12-12

中国印刷

Printed in China P9310MA100492 F1212Y1