

# Girl Scout SUMMER CAMP



# CAMP GUIDE



Camp Liberty  
2023



## Welcome to Camp Liberty!

Nestled on 245 wooded acres in New Liberty, Iowa, Camp Liberty is a special place for all girls to explore the outdoors and just be themselves. Summer camp programs are designed to challenge girls to find independence, create friendships, and take risks in a safe and supportive environment. Whether she's climbing to the top of the high ropes course for the first time, starring in an all-camp skit, hitting a bullseye, or steering a canoe, she's answering the call to adventure!

Call 800-798-0833 or send us an email at [Info@GirlScoutsToday.org](mailto:Info@GirlScoutsToday.org) with questions about Girl Scout summer camp. Every girl should have the opportunity to experience outdoor program, and our staff is trained and ready to help accommodate any needs.

**Registration opens for Summer Camp on January 30, 2023 at 6:00 a.m. on [GirlScoutsToday.org](https://www.girlscoutstoday.org).**

Girl Scout summer camp is a unique space where girls come together from across the council with different backgrounds, abilities, and experiences to have fun and learn new skills. Our trained and caring staff members support campers in discovering who they are and what they can become. Each activity is designed to support the following outcomes in every camper:



### **Strong Sense of Self**

Girls have confidence in themselves and their abilities, and form positive identities.



### **Positive Values**

Girls act ethically, honestly, and responsibly, and show concern for others.



### **Challenge Seeking**

Girls take appropriate risks, try things even if they might fail, and learn from mistakes.



### **Healthy Relationships**

Girls maintain healthy relationships by communicating their feelings directly and resolving conflicts constructively.



### **Community Problem Solving**

Girls desire to contribute to the world in purposeful and meaningful ways, learn how to identify problems, and create "action plans" to solve them.



# NEW at Camp Liberty



## Summer Camp Registration

Registration will look different this year!

We have a new platform for Summer Camp registration! If your camper has attended Camp Liberty in the past, you are already familiar with the CampDoc system used for health records. We are excited to share that CampDoc will now be our registration system. Now you will only need one profile for all your campers' information.

All members will receive an email with an invitation to the online registration system. It is important to use the most updated version of Google Chrome, Mozilla Firefox, Microsoft Edge, or Safari to accept your invitation. Other browsers will not work with this secure system. Step by step instructions for registration can be found by clicking the ? button on the top right hand corner of the screen.

When you register all sessions will be listed with the Tier A, full price of camp. If you prefer to pay Tier B or Tier C you will be able to apply a coupon at check out. Use code TIERB to receive the partially subsidized rate or use code TIERC for the standard subsidized fee.

## Digital Trading Post Account

The Camp Liberty Trading Post is your source for camp souvenirs, gifts, patches, toiletries, and many other fun camp accessories. Each camper will visit the Trading Post at least once during her time at camp.

New this year, you can deposit funds directly into her Trading Post account when you register. You can select an amount for her account when registering for her session. Any unused funds can be used in the shops in Cedar Rapids or Bettendorf to purchase merchandise or register for an event or program. Any funds remaining in the account on September 30th will be donated to help support operations at Camp Liberty.



# Overnight Accommodations



Camp Liberty offers a variety of accommodations that allow campers to be close to nature while still experiencing some of the comforts of home.

## Modern Cabins

**Clover, Violet, and Sunflower** cabins are newer additions to the property and are climate controlled. The cabins have a large bunk room and sleep 20 campers in bunk beds. Camp counselors sleep in a separate room adjoining the bunkroom. The cabins also have full restrooms and electricity.

## Mini Barns

**Horseshoe Bend** is just across the path from our Equestrian Center. Thanks to lifetime Girl Scout Rachel Wheeler, and our other generous donors, campers will be staying in mini barns! Each barn can host six campers. Camp Counselors stay in their own mini barn. This unit has a full restroom. There is electricity in the unit house.

## Mini Cabins

**Outpost and Prairie's Edge** units have mini cabins that each sleep four campers on cots with mattresses. Camp counselors stay close by in mini cabins of their own. These units have full restroom access. There is electricity in the units, but not in the individual cabins.

**The Ridge** has mini cabins that each sleep four campers on cots with mattresses. Camp counselors stay close by in a room of their own. In front of the mini-cabins is a large cabin used as the unit house, which is climate controlled and has a full restroom. The large cabin has electricity, but there is no electricity in the individual cabins.

**The Woodlands** replaces Trail's End. This new unit welcomes campers to experience the joys of sleeping in nature with modern amenities like electricity and new bathrooms. Camp counselors stay nearby in an individual cabin.

## Platform Tents

**North Star** sits right next to Flint Lake and uses the Swift Learning Center as the Unit House. North Star has fully screened platform tents with solid roofs and canvas coverings. Camp counselors stay close by in their own tent. This unit has port-a-potties. There is electricity in the unit but not in the individual tents.

The American Camp Association accredits Camp Liberty. This prestigious national organization sets high standards for the health and safety of campers and staff and the quality of programs.



## Tips for Registering

### Individuals

Girl Scouts attend summer camp on their own, at a time that fits their schedules. Girls do not need to attend with their troops to experience the fun of Camp Liberty. Because most girls are attending individually, camp is a great opportunity to make new friendships that will last a lifetime.

### Buddies

Girls are invited to bring friends to summer camp! Their buddies can already be members of Girl Scouts, or they can invite a friend who hasn't joined yet. During the registration process, there will be a field to indicate a buddy who is signing up for the same camp session. Both campers will need to have their buddy listed when registering to be paired together. Groups of three or more may not be placed together.

### Non-members

Every girl is invited to summer camp! Whether she is attending on her own, or as a buddy, she can find the perfect session for summer fun. For non-members, the Girl Scout membership fee is only \$25 and opens up the opportunity to join outdoor events throughout the year. Any girl who joins to attend summer camp does not need to join a troop, but our membership team is happy to help her find a troop.

## Need-To-Know Info

Session grade levels are based on the grade campers will be entering in the upcoming 2023-2024 school year. For example, first graders who are currently Daisies should look at Brownie sessions for grades 2-3.

Individual overnight sessions begin with Brownie sessions for girls entering grades 2-3 in the 2023-2024 school year.

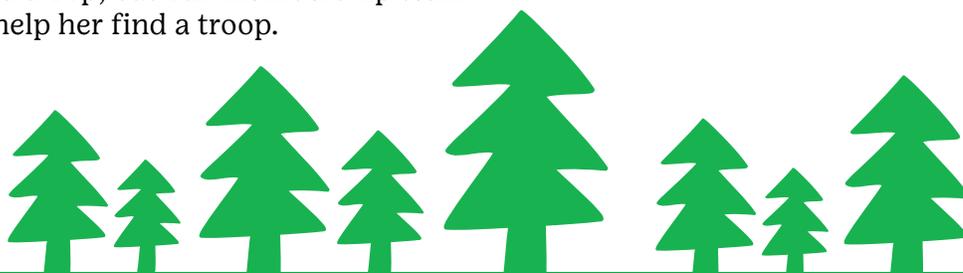
Unless indicated as a weekend or mini session, overnight camps run Sunday-Friday.

**Campers in grades 2-3: check-in at 3:00 p.m. on the start date of their session**

**Campers in grades 4-5: check-in at 2:00 p.m. on the start date of their session**

**Campers in grades 6-12: check-in at 1:00 p.m. on the start date of their session**

More details for the check-in process can be found in the Family Camp Handbook on [GirlScoutsToday.org/summercamp](https://GirlScoutsToday.org/summercamp).



## Very Important Camper

The Very Important Camper (V.I.C.) Program provides current campers priority registration for summer camp the following year. With high demand, and the potential to hit session capacity, advance registration will help your camper secure their spot.

After dropping off your camper at their session, you will receive information about becoming a V.I.C. All V.I.C.s must have an active Girl Scout membership for the summer they will be attending camp so make sure to renew your camper in the spring.

# Sign Up Tips

Review this guide with your camper in advance of registration opening.

If she wants to attend with a buddy, make sure the other family is registering at a similar time and names your camper as a buddy as well.

Registration for summer camp opens on January 30th, 2023, at 6:00 a.m. Typically, many sessions fill on the first day of registration.

A wait-list will be available for full sessions. All registrations require a \$60 non-refundable deposit that will be applied to the total camp fee.

Non-members or non-renewed members will pay an additional \$25 Girl Scout membership fee.

After completing summer camp registration, visit [GirlScoutsToday.org/summercamp](https://GirlScoutsToday.org/summercamp) and download a copy of the Family Camp Handbook. This handbook has all the important information your family needs to prepare your camper for their summer camp experience.



# Payment

To accommodate all of our families, there are three pricing levels. Choose the tier that is most suitable for your family. Each household makes this decision, and additional financial documents will not be required. We want to make sure every girl has the opportunity to explore the outdoors! When you register, you will be asked to select the tier your family can afford:

**Tier A** reflects the true cost of camp, including staff expenses, maintenance, food, program, and supplies. **Tier B** is a partially subsidized rate but closely reflects the costs associated with the camp. **Tier C** is our standard subsidized fee, supported by other revenue sources, donations, and grants.

With the new CampDoc registration process, parents will see the full cost of camp. Use code TIERB for tier B pricing and code TIERC for tier C pricing at checkout. Email [Info@GirlScoutsToday.org](mailto:Info@GirlScoutsToday.org) or call 800-798-0833 for more information about additional camper grants available.

*A \$15 fee will be added for disputed charges and a \$35 fee will be added for declined payments for summer camp.*

Girl Scouts can use program credits earned through the Fall Product and Cookie Programs to attend summer camp. Program credits cannot be used toward the initial, non-refundable deposit but can be applied later to the total camp fee in the registration system.

**The deadline to pay your camp session in full is May 8, 2023.**

**Check through the next pages of our camp guide with your camper to plan her empowering summer.**

# 2023 Summer Camp Merchandise

Girl Scouts attending summer camp have exclusive access to order official merchandise that will be available at your camper's unit when she arrives on the first day of her session. Parents must order shirts, patches, and care kits in advance at [GirlScoutsToday.org/SummerCamp](http://GirlScoutsToday.org/SummerCamp).

*The deadline to order merchandise is May 8, 2023. Merchandise is final sale and will be mailed to girls if they do not attend summer camp.*

Official 2023 summer camp t-shirt - \$15



Scan to order the official 2023 summer camp shirt, patch, and more!

## 2023 Camper Care Kit - \$45

Welcome your camper to her first night of summer fun with a special gift. The 2023 camper care kit includes a cute beach tote, sturdy water bottle with matching cooling towel, Ty plush, and Camp Liberty keychain.



Official 2023 summer camp patch - \$3.00

## Camp Liberty Trading Post

Girl Scouts can purchase gifts, souvenirs, camping supplies, toiletries, and more at the Girl Scout Trading Post. Parents are invited to send their camper with funds, add funds to their camper's accounts during registration, and use program credits earned during the Fall Product and Cookie Programs.

*\*If an item becomes unavailable a comparable item will be substituted.*

# Brownie Sessions

Brownies are ready to explore the outdoors! We have a variety of sessions planned that are great introductions to camping. In each session, she will find adventure, make new friends, and find a connection with nature. Brownie sessions are open to girls entering grades 2-3 this upcoming school year.

*All activities are subject to change. If a specified activity is canceled, we will provide a comparable activity.*

## Mini Sessions

**\$311    \$271    \$227**

## Full-Week Sessions

**\$545    \$474    \$398**

## Adventurer

Adventurer sessions are the perfect introduction to camping! This classic week of summer camp will bring exciting adventures every day. Campers will meet new friends and try outdoor activities like hiking, climbing a rock wall, and singing around the campfire. Girls will work as a group to choose their morning activities, so they can go on new adventures and do everything they love at Camp Liberty.

June 18-23 ..... Clover  
June 25-30 ..... Clover  
July 5-7 ..... Clover - *mini*  
July 9-14 ..... Clover  
July 16-21 .....Clover  
July 23-28 ..... Clover  
July 30-August 1 ..... Clover -*mini*  
August 2-4 ..... Clover - *mini*

## Fairies, Fireflies, & Friends

In this mini session, make new friends-big and small! You'll have the chance to build your very own fairy house, learn how to make flower crowns, and have a tea party with the fireflies.

June 18-23 ..... The Woodlands  
July 5-7 ..... The Ridge - *mini*  
July 30-August 1 ..... The Woodlands- *mini*  
August 2-4 ..... The Woodlands- *mini*

## Snack Attack

Explore the world of snacks! Learn special tips and tricks in the kitchen and create fun snacks for you and your friends. And the most exciting part? When you eat these snacks, you will have the energy to think, hike, and do all of the traditional camp activities you love!

June 18-23 ..... The Woodlands

## Splish Splash

Splish, splash, we're having a blast! Make a splash at Camp Liberty during this session. Explore the wonders of water, play water games, catch a few fish at Flint Lake, and make crafts with a water twist. When not in the water, enjoy traditional camp activities.

June 25-30 ..... The Ridge  
July 16-21 ..... The Woodlands



## Dr. Zoolittle

Spend your week at camp learning all about our animal friends! Visit the Environmental Learning Center to find out about different habitats and research creatures that swim, scurry, fly, and gallop. Crafts, songs, games, and snacks will be extra special this week! Plus, you will complete a service project that will benefit animals. The highlight of the week is a trip out of camp to Niabi Zoo

July 16-21 ..... The Woodlands



## Horseback Riding Session: Ponytails

Make a furry friend this summer at the Camp Liberty Equestrian Center! Visit the barn once to learn the basics of horse care and safety and enjoy an arena ride with a new four-legged friend. When not at the equestrian center, make delicious horse treats, create a horse-themed craft to take home, and discover more about the world of horses. Enjoy rock climbing, hiking, and other classic camp activities, too. This session is an excellent introduction to horses but not part of the progressive equestrian program.

July 5-7 ..... Outpost - *mini*

\$311	\$271	\$227
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July 9-14 ..... Outpost

\$545	\$474	\$398
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# Junior Sessions

As Juniors find their independence and discover their talents, they are ready for new camping adventures. Meet up with friends silver and gold to explore thrilling activities or kick back and enjoy the beautiful outdoors. Junior sessions are open to girls entering grades 4-5 this upcoming school year.

*All activities are subject to change. If a specified activity is canceled, we will provide a comparable activity.*



## Mini Sessions

\$311    \$271    \$227

## Full-Week Sessions

\$545    \$474    \$398

### Explorer

There is more to explore when you go outdoors! During this classic week of summer camp, your camper and her new friends will try outdoor activities like archery, geocaching, and cooking over a campfire. Girls will work as a group to choose their morning activities, so they can go on new adventures and do everything they love at Camp Liberty.

June 18-23 ..... Violet  
 June 25-30 ..... Violet  
 July 5-7 ..... Violet- *mini*  
 July 9-14 ..... Violet  
 July 16-21 ..... Violet  
 July 23-28 ..... Violet  
 July 30-August 1 ..... Violet- *mini*  
 August 2-4 ..... Violet- *mini*

### Afloat

Take a break from the heat and spend a week in the water! Stay cool with all your favorite water activities, like a floating lunch on Flint Lake. Wrap up the week building a boat and compete against your fellow Girl Scouts in the Duct Tape Boat Regatta.

June 18-23 ..... Prairie's Edge  
 July 9-14 ..... Prairie's Edge

### Challenge Academy

Test your limits during this action-packed session filled with teamwork, challenges, and fun. Complete a series of ropes course elements, tackle the zip line, conquer the climbing wall, build an obstacle course, and try tricks on the slackline. At the end of the week, head down to Flint Lake for the Duct Tape Boat Regatta.

June 18-23 ..... Prairie's Edge  
 July 23-28 ..... Prairie's Edge



## Moonlight Madness

It's a week of fun under the moonlight! Experience Camp Liberty when the sun goes down and everyone has gone to bed. Discover the wonders of the night sky, take a night hike, play glow-stick games, and watch a movie under the stars. Sleep in and cook breakfast in your unit, then enjoy more camp activities in the daylight. Each night, campers will stay up progressively later.

June 25-30 ..... The Woodlands  
July 23-28 ..... The Woodlands

## Gnome Place Like Liberty

What does every camping gnome need? A custom hat! Campers will begin their week designing this gnome disguise to blend in with other mystical campers rebuilding the gnome village. Embark on a quest to find the troll queen, solve riddles, master challenges, and discover clues that are only visible while high in the sky on the zip line and climbing wall. Join the journey today and help the gnomes keep their homes safe!

July 5-7 ..... Prairie's Edge- *mini*  
July 9-14 ..... The Woodlands

## The Great Liberty Cook-Off

Calling all foodies! Become a top chef in the kitchen AND over the campfire. From cooking an egg to making a three-course meal, campers will perfect their culinary skills. Campers will try unique recipes and techniques, participate in demos, and put their skills to the test with a cooking challenge. At the end of the week, girls will serve up a meal for their camp friends.

July 9-14 ..... The Woodlands  
July 23-28 ..... Prairie's Edge



## Outdoor Creators

Learn from camp's most experienced artist, Mother Nature! Forage to use natural elements in eco-friendly art projects. While experimenting with different art mediums like sculpture, paint, or mixed media, use the sights and sounds of the outdoors for inspiration. Infuse your creativity into classic camp activities while hiking, hitting the archery range, and making s'mores over the campfire.

July 9-14 ..... Prairie's Edge

## Leaf No Trace

Discover the fun of spending time outdoors and learn about responsibility for the environment. Create a nature impression keepsake, while leaving no trace and demonstrating respect for wildlife. Build a campfire to make a meal and practice fire safety. Then, take a hike through camp to locate Bigfoot! Wrap up the week by planting some trees and "leaf" your legacy in the woods at Camp Liberty.

July 5-7 ..... Prairie's Edge - *mini*

## Horseback Riding Session: Horsin' Around

Earn the Junior Horseback Riding badge and get first-hand experience in the Camp Liberty Equestrian Program. Learn the basics of horseback riding, like horse care and safety. Also, get to know the camp horses and practice control while riding in the arena. Visit the equestrian center twice and still have time for rock climbing, hiking, and other classic camp activities. This session is an excellent introduction to horses but is not part of the progressive equestrian program.

July 5-7 ..... Outpost - *mini*

**\$311**   **\$271**   **\$227**

July 9-14 ..... Outpost

**\$545**   **\$474**   **\$398**

# Cadette Sessions

Cadettes can take their outdoor skills to the next level while reconnecting with nature. Accept the challenge and take on the high-adventure activities while making friendships that will last a lifetime. Cadette sessions are open to girls entering grades 6-8 this upcoming school year.

*All activities are subject to change. If a specified activity is canceled, we will provide a comparable activity.*

## Mini Sessions

\$311    \$271    \$227

## Full-Week Sessions

\$545    \$474    \$398

## Wanderer

Not all those who wander are lost. The wanderers explore everything Camp Liberty offers while having fun with their friends. Campers will plan their week and choose their morning activities as a group, from classic adventures like zip line and rock wall to unique experiences like yoga, jewelry making, and whittling. And there will be additional challenge opportunities for girls to develop and advance their camp skills, like cooking over a fire, hiking trails, and geocaching. Wanderers never forget that all roads lead home to Camp Liberty.

June 18-23 ..... Sunflower  
 June 25-30 ..... Sunflower  
 July 5-7 ..... Sunflower- *mini*  
 July 9-14 ..... Sunflower  
 July 16-21 ..... Sunflower  
 July 23-28 ..... Sunflower  
 July 30-August 4 ..... Sunflower

## Up All Night

Enjoy your summer the way you've always wanted—by sleeping in! Each night, go to bed and wake up later and later to prep for the last night and stay up ALL NIGHT! Nighttime hours will be filled with hiking, glow-in-the-dark games, and a star search. Even host a nighttime party for other campers and share the mysteries of the world under the moonlight.

June 25-30 ..... The Woodlands  
 July 23-28 ..... The Woodlands

## Flint Lake Floaters

Gain new waterfront skills by canoeing, kayaking, and even paddle boarding! While backpacking on the property, experience portaging a canoe from one lake entrance to the other and prep for a future water-based camping trip. Spend the days in the rays on Flint Lake.

June 25-30 ..... North Star

## Legends of Liberty

Embark on a quest through the rolling hills of Camp Liberty! Campers will uncover the Legends of Liberty as their imagination runs free and creativity flows. While documenting the magical history of the camp forest, develop tales and fables while collaborating with other campers. Then, around the campfire, spread cheer and mystery to establish new camp traditions.

July 5-7 ..... The Woodlands- *mini*



## Challenge Quest

Take camping adventures to new heights! Start close to the ground with teambuilding, slacklines, and low ropes. Next, test gravity on the climbing wall and zip line before heading 30 feet in the air to tackle obstacles on the high ropes course. These life-changing opportunities will challenge the way campers think about themselves and the world around them.

July 9-14 ..... North Star

July 30-August 4 ..... North Star

## Cast Iron Chefs

Take culinary creativity to a new level while learning to cook outdoors. Try cooking with camp stoves, dutch ovens, and reflector ovens to whip up some unique and delicious dishes. Also, make a variety of meals, snacks, and desserts to prep for the cookie challenge!

July 16-21 ..... Prairie's Edge

July 30-August 4 ..... Prairie's Edge

## Create It!

Calling all creators: it's time to take crafting to the next level! Explore a variety of art mediums with DIY projects to take home. Learn how to crochet or knit a hat, create a canvas masterpiece, design a nail art plaque, and more.

July 16-21 ..... Prairie's Edge

July 30-August 4 ..... Prairie's Edge



## Into the Wild

Head into the wild and build on a passion for adventure in the outdoors! Start the week at Camp Liberty for traditions and teambuilding before heading out on a road trip to Dubuque County. Camp Little Cloud will be your home while exploring new outdoor skills with the rangers and naturalists from Dubuque County Conservation. Practice survival skills like orienteering and firearm safety at Swiss Valley Nature preserve and Izaak Walton Club and earn your hunter safety certification. In the evenings, relax by cooking over a campfire, swimming, and sharing stories over s'mores. Hunter's safety information will be sent to participants before the session and needs to be reviewed before arrival at the camp session.

July 23-28 ..... North Star

## Plantlandia

Let your imagination roam wild in Plantlandia, a land where you can celebrate the gifts of nature and use them to inspire your creativity. Make natural watercolors, tie dye with plants and create a natural journal! Make the world a better place by planting a tree and taking the Girl Scout Tree Promise.

July 5-7 ..... The Woodlands - mini



# Senior & Ambassador Sessions

Live the spirit of camp! The wonders of nature, confidence earned, and friendships fostered stay with every Senior and Ambassador camper for a lifetime. Put your outdoor skills to the test in a supportive environment and create memories with your best camp friends. Senior and Ambassador sessions are open to girls entering grades 9-12 this upcoming school year.

*All activities are subject to change. If a specified activity is canceled, we will provide a comparable activity.*



## Mini Sessions

**\$311    \$271    \$227**

## Full-Week Sessions

**\$545    \$474    \$398**

## Take Me to the Lake

After this week, campers will feel more confident on water-based trips and have had the chance to explore new areas of Camp Liberty! Learn how to measure rods, read maps, and design trips down a river or across a lake. Then, refine paddling skills and learn how to self rescue out of a kayak while building skills for a future trip. Even portage canoes while backpacking at Camp Liberty In the evenings, campers will have the best view of the stars down by the lake. Songs around the campfire will harmonize with the frogs who call Flint Lake home.

June 18-23 ..... North Star

## Give Me a Break

Between jobs, sports, family, and friends, teens have busy summers and need a chance to relax. Campers will catch up with camp besties and make new connections at this outdoor getaway. Chill by the pool, tackle the high ropes course, get creative with tie dye, and crush some gourmet Kit-Kat s'mores. This is the perfect opportunity to catch up with friends, relax in nature, and make memories around the campfire.

July 5-7 ..... North Star- *mini*

## Café Forage

Explore and feast in the forest at Café Forage! Learn how to identify and harvest ingredients to make tea, create spore and sun prints, and cook a meal using mushrooms on the trails. This session will leave a legacy in the forest at Camp Liberty while campers replace lost trees from the Derecho in partnership with the Girl Scout Tree Promise.

July 16-21 ..... North Star

## Into the Wild

Head into the wild and build on a passion for adventure in the outdoors! Start the week at Camp Liberty for traditions and teambuilding before heading out on a road trip to Dubuque County. Camp Little Cloud will be your home while exploring new outdoor skills with the rangers and naturalists from Dubuque County Conservation. Practice survival skills like orienteering and firearm safety at Swiss Valley Nature preserve and Izaak Walton Club and earn your hunter safety certification. In the evenings, relax by cooking over a campfire, swimming, and sharing stories over s'mores. Hunter's safety information will be sent to participants before the session and needs to be reviewed before arrival at the camp session.

July 23-28 ..... North Star



## Climb On

Conquer the Camp Liberty climbing wall, zip line and high ropes course. Enjoy an early morning climb to collect and eat your breakfast in the air. Then, take a road trip to another challenge course to try a whole new way to climb! While on the ground, build an awesome team, learn knots used at the ropes course, and complete a service project by building a new obstacle for the low ropes challenge course.

July 30-August 4 ..... Horseshoe Bend



# Teen Mentoring

When girls guide or teach others, they act as mentors. Campers who participate in the Teen Mentoring sessions will gain new experiences, develop important skills, and try different leadership roles. At Camp Liberty, campers in these programs will reinforce their understanding of what leadership development means and get excited about guiding others.

*All activities are subject to change. If a specified activity is canceled, we will provide a comparable activity.*

## Counselor in Training II: Ambassador

Join the ultimate internship opportunity! Live at camp, work in units, and get in-depth, on-the-job experience. During week one, brush up on camp skills, review camp procedures, and participate in a mock interview with professional hiring staff. Explore “Growth Mindset” and personality types to prepare for the internship. Then, choose the dates for your second week as an intern. Live and work as a professional camp staff team member with the potential of joining the staff for the remainder of the summer. To complete the program, participants must complete the full, one-week program and internship week. *Prerequisite: Successful completion of CIT I and recommendation of the mentoring specialist.*

June 18-23 ..... The Ridge

**\$552** **\$480** **\$403**

## Spark: Senior & Ambassador

Discover the SPARK that gets others fired up about the outdoors! Spend the week sampling activities at summer camp to find the ones you love the most as you build your skills to become the most authentic version of yourself. Campers will learn to identify their interests, master new skills, and consider what makes them unique.

June 25-30 ..... The Ridge

**\$545** **\$474** **\$398**

## Counselor in Training I: Ambassador

Prepare to become a camp counselor and share your passion for the outdoors with other Girl Scouts! Attendees will participate in camp adventures and develop the skills to become leaders in and out of Camp Liberty. Explore the challenges and rewards of working with youth by leading songs and games, facilitating activities, and mentoring younger campers. During this session, participants will take an overnight trip out of the camp to explore other outdoor programs. All CIT I participants must attend the full two weeks of the program. *Prerequisite: complete the application and participate in the virtual group interview process. The application deadline is March 30, 2023, and group interviews will be held on April 20 or 21, 2023, at 6:00 p.m. Visit <https://tinyurl.com/CITONLINE> to begin the application process.*

July 9-21 ..... The Ridge

**\$690** **\$600** **\$504**

## Spark II: Senior & Ambassador

Now that you’ve found your SPARK, it’s time to take the lead! Choose an activity you love and share your skillset to help other campers find their SPARKs. Specialize in outdoor activities like waterfront, climbing, zip-lining, horseback riding, and more. Enhance those skills and then begin teaching these activities to younger campers. Participants will have the skills to volunteer at weekend outdoor programs throughout the year! *Prerequisite: camper must complete Spark/Spark I to register for this session.*

July 23-28 ..... The Ridge

**\$545** **\$474** **\$398**

# Progressive Equestrian Program

The Camp Liberty Progressive Equestrian Program combines qualified staff, experienced horses, and excellent facilities to create an atmosphere where campers can advance their horseback riding skills, expand their horsemanship knowledge, and have fun riding with friends.

*All activities are subject to change. If a specified activity is canceled, we will provide a comparable activity. Excessively hot weather, rain, and skill set of the group can affect scheduled ride times.*

## Level 1: eQUESTrians Juniors & Cadettes (Grades 5-6)

Campers will begin their equestrian journey in the Camp Liberty Progressive Horse Program this summer! Spend time each day at the equestrian center learning to groom and saddle horses. Become familiar with proper equestrian terminology for parts of the tack and horse anatomy. Practice walking, turning, and stopping in the arena by playing games and performing skill builders. By the end of the week, get ready for a ride through the beautiful wooded trails of Camp Liberty.

June 18-23 ..... Outpost  
July 16-21 ..... Outpost  
July 23-28..... Outpost  
July 30- August 4 ..... Outpost

**\$587**   **\$511**   **\$429**



## Level 2: Giddy Up Girls Cadettes (Grades 6-7)

Ready to become more sure in the saddle? Advance basic riding skills and horse knowledge, both in the arena and on the trail, in the second level of the progressive program. Practice controlling a horse at a walk and watch a trotting demonstration by one of the equestrian staff. Campers will also learn critical skills such as tying a quick-release knot and identifying safe trail conditions. *Prerequisite: campers must be certified as successfully completing Level 1 or obtain the approval of the Equestrian Manager.*

June 25-30 ..... Horseshoe Bend  
July 16-21 ..... Horseshoe Bend  
July 23-28 ..... Horseshoe Bend

**\$587**   **\$511**   **\$429**



### Level 3: Trail Mates Cadettes & Seniors (Grades 7-10)

It's time to focus on precision riding and control in the third level of the progressive program. Learn more about horse care by cleaning hooves and learning to identify common hoof/leg injuries and ailments. Also, play games on horseback, try out trotting, manage tack care for horses, and learn about horse anatomy. As campers improve their riding skills, venture further from the barn on a more challenging trail. *Prerequisite: campers must be certified as successfully completing Level 2 or have the approval of the Equestrian Manager.*

June 18-23 ..... Horseshoe Bend  
June 25-30 ..... Outpost  
July 30- August 4 ..... Outpost

\$587    \$511    \$429

### Level 4: Trotters Cadettes, Seniors, & Ambassadors (Grades 8-12)

Prepare for new adventures while refining trotting and learning about new horse gaits and footfalls in the fourth level of the progressive program. Campers will learn more about horse health management and how to care for tack. Visit with professionals who work with horses daily to learn about careers in the field, too. *Prerequisite: camper must be certified as successfully completing Level 3 or obtain the approval of the Equestrian Manager.*

June 25-30 ..... Outpost  
July 30- August 4 ..... Horseshoe Bend

\$607    \$528    \$443

### Level 5: Take the Reins Seniors & Ambassadors (Grades 9-12)

Spend even more time with the horses at camp in the fifth level of the progressive program! During this 10-day program, experience more advanced riding like bareback, English, and loping. Learn more about caring for horses and what it takes to own a horse someday. Also, take an overnight trip to explore equestrian businesses. *Prerequisite: camper must be certified as successfully completing Level 4 or have the approval of the Equestrian Manager.*

July 5-14 ..... Horseshoe Bend

\$904    \$786    \$660

### Level 6: Liberty Riders Seniors & Ambassadors (grades 9-12)

During this 10-day adventure of the sixth level of the progressive program, continue to refine riding skills and get the opportunity to ride multiple horses. Take a two-night trip out of the camp to ride more horses on unique trails. Activities may include rodeo games, English riding, bareback riding, and more. *Prerequisite: camper must be certified as successfully completing Level 5 or obtain the approval of the Equestrian Manager.*

July 5-14 ..... Horseshoe Bend

\$1076    \$936    \$785

### Level 7: Equestrian Specialist Internship Ambassadors (grades 11-12)

NEW PROGRAM! Spend a week at camp as an intern at the Camp Liberty Equestrian Center. Learn the ins and outs of managing a barn and caring for a herd of horses while gaining experience teaching younger campers about horses. When not at the barn, enjoy other classic camp activities such as swimming, a challenge course, and hiking. Participants will live at the Ridge during this special experience. *Prerequisite: Campers must have successfully completed the Progressive Equestrian Program at Camp Liberty or obtain the approval of the Equestrian Manager.*

July 30-August 4 ..... The Ridge    \$587    \$511    \$429