

# SAINT BRIGID OF KILDARE

## <u>Health Guide Book for Preschool</u> <u>Families</u>



#### A Note From Mrs. Harper...



Hello! In this guide you will find information from the Restart Ohio guide for child care centers in the state of Ohio. All of these guidelines will be listed on the left side of the page. These guidelines are required under our child care licensure. Saint Brigid's procedures , that follow these guidelines, will be listed on the right side of the page. Where applicable, information on the left side of the page may come from other resources such as the Center for Disease Control or the Ohio Department of Health.

To access a copy of the most recent guide from Restart Ohio, use the link below:

https://coronavirus.ohio.gov/static/responsible/Sector-fact-sheet-8-Child-Care.pdf

Thank you for your support!

### Class Sizes & Social Distancing

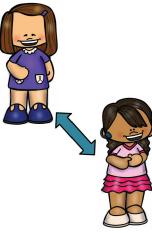




Effective Sunday, August 9, 2020, Ohio will return to regular ratio and class sizes with the strong recommendation that the class size not exceed the number of children that can safely socially distance in the classroom. Each provider's setting is different and will allow for a different number of children to safely be served, never to exceed what is listed below.

Preschool	1:12 (at least 3 years and less than 4 years)
	1:14 (at least 4 years and not enrolled in or eligible to be in Kindergarten)

Saint Brigid of Kildare preschool will split each classroom into two pods to ensure maximum space for children to play and learn. We will allow for 9 children per pod with one teacher and one assistant (floater) teacher per modular building. Each pod will have its own room in the modular building. This is below the state mandated ratio. We feel it is best practice at this time to have smaller class sizes to give students space and minimize exposure to others. Pods will have their own classroom and restroom and will not share common spaces or equipment indoors.



## Handwashing, Supplies, and Toys





Follow all handwashing procedures pursuant to rule, with the following additions:

• All employees shall wash their hands upon entering a classroom and prior to leaving for the day.

• All children shall wash their hands upon arrival and prior to leaving for the day. Centers and family child care homes may use non-permanent sinks to meet the handwashing requirements.

• Employees and children should frequently wash their hands.

• Teach children and employees appropriate handwashing practices.

• Require anyone entering the program to wash and/or sanitize their hands.

• Wash hands carefully with soap and water for at least 20 seconds.

• Wash hands after coughing, sneezing, or using a tissue.

• Provide a hand washing/sanitizing station at the program's entrance.

Saint Brigid of Kildare Preschool will follow all of these handwashing guidelines on the left in addition to the ones below.

Each classroom will have a sink for handwashing. Each restroom will have a sink for handwashing.

In addition, hand sanitizer will be placed at each play center/area that children visit in their classroom. They will be instructed to either wash or sanitize their hands before using any items during center play.

Children will also have their own school supplies to minimize spread on objects such as crayons, glue sticks, etc. These items, as well as hard surface items and toys, will be cleaned daily and in between morning and afternoon classes.

Each pod will have its own bin of toys for the day. These will not be shared with other pods. Toys will be cleaned and sanitized before being used with a different pod. No toys from home will be allowed.



## Health Screening Procedures





 Assess all administrators, employees, child care staff and children for the COVID-19 related symptoms listed below prior to or as soon as they arrive each day. · A temperature of at least 100 degrees Fahrenheit · Fever or chills · Cough · Shortness of breath or difficulty breathing · Fatigue · Muscle or body aches · Headache · New loss of taste or smell · Sore throat · Congestion or runny nose · Nausea or vomiting · Diarrhea · Anyone with a fever of at least 100 degrees Fahrenheit must stay home or be sent home. • Individuals who potentially have been exposed should follow guarantine and other recommendations from local public health officials.

• Refer those displaying symptoms of COVID-19 to an appropriate health care professional

• Incorporate social distancing while screening or use physical barriers to minimize exposure.

• Conduct health screening of any visitors to your program.

In accordance with these guidelines, preschool staff will be checking their own temperatures before they clock in with a no-contact thermometer. No one with a fever of 100\*F or greater or showing symptoms is allowed in the facility.

A preschool staff member will be assigned to check temperatures of children before they enter the building. The preschool owns a No-Contact thermometer to be used for this purpose.

A health screening policy form will be included with your child's enrollment paperwork and must be completed and on file before the start of school.

At this time, parents will not be allowed to enter the buildings at drop off or dismissal. Exact procedures for drop off and dismissal will be covered in another document. No other visitors or volunteers will be allowed at preschool at this time.



### Infection Protocols





• Immediately send home any child or employee who has any of the symptoms listed in rule.

• Individuals sent home shall not return until they have been symptom free for 24 hours without the use of medication.

• If the individual who had the symptoms has had known contact with someone confirmed or probable to have COVID-19, they must complete isolation or quarantine procedures for COVID-19 in coordination with the local health department prior to returning to the program.

• The above requirements also apply to anyone whose symptoms are taken to be observed after arrival.

• If an employee or a child tests positive for COVID-19, they must complete isolation or quarantine procedures for COVID-19 in coordination with the local health department prior to returning to the program. Saint Brigid of Kildare Preschool will follow all of the protocols regarding infection. In addition, we will take the following measures:

When a child meets the COVID-19 exclusion criteria or has symptoms of illness, isolate the child in a separate room or space until they are taken home.

Your child must be fever free without medication for 24 hours before returning to school.

Your child must be free of any vomiting for 24 hours before returning to school.

Your child must be free of any diarrhea for 24 hours before returning to school.



## Face Coverings





All employees, staff, administrators and in-home aides are required to wear a face mask, unless not medically appropriate, while indoors. • Employees who care for individuals with symptoms must use appropriate PPE, provided by the program, in accordance with OSHA standards.

• Programs can consider establishing a facial covering policy for younger children.

 Programs should work to reduce any social stigma for a child who, for medical or developmental reasons, cannot and should not wear a face covering.

• Face covering should not be worn on: • Children younger than 2 years of age. • Anyone who has trouble breathing or is unconscious. • Anyone who is unable to remove the face covering without assistance.

Face coverings should cover both the mouth and nose to maximize effectiveness. Face shields that wrap around the face and extend below the chin can be considered as an alternative where cloth face coverings would hinder the learning process. Staff and students (P-8) will wear a face covering during the school day.

Face coverings can include a cloth or disposable mask or a gaiter. The mask/gaiter must be able to cover the nose and mouth, but not worn as a hood or head covering.

Masks with an exhalation valve may not be worn at school.

Face shields may only be worn by students who cannot wear a mask. The shield must extend below the chin.

Face covering designs must be school appropriate.

The student should wear a mask that he/she can put on and take off independently.

It is advisable that each student have an extra mask in his/her totebag to be worn if the primary mask becomes wet or soiled.

Face coverings will be worn: while entering/exiting the building, in the hallways, in the restroom, and in the classroom.

The teacher will offer students a periodic mask break when physical distancing and the teaching/learning method permits.