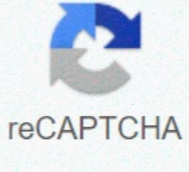




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# Beck anxiety inventory manual pdf

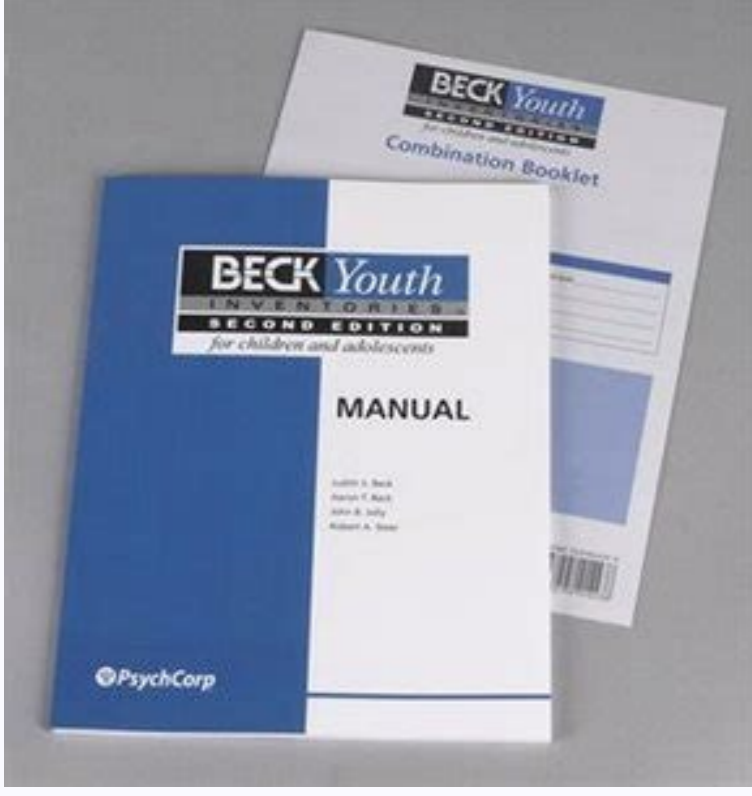
Loading... Ashman, T. A., Cantor, J. B., Gordon, W. A., Spielman, L., Flanagan, S., Ginsberg, A., et al. (2009). A randomized controlled trial of sertraline for the treatment of depression in persons with traumatic brain injury. *Archives of Physical Medicine & Rehabilitation*, 90(5), 733-740. Google Scholar Beck, A. T. (1978). PDR checklist. Philadelphia: University of Pennsylvania, Center for Cognitive Therapy. Google Scholar Beck, A. T. (1982). Situational anxiety checklist (SAC). Philadelphia: University of Pennsylvania, Center for Cognitive Therapy. Google Scholar Beck, A. T., Epstein, N., Brown, G., & Steer, R.



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Location, reference	Scale	Sample size	Anxiety prevalence, %	Associated findings
People's Republic of China, Lu et al <sup>28</sup>	SRAS	102	43.13	Anxiety and depression were associated with low CD4 <sup>+</sup> T-lymphocyte counts
Kenya, Masisi and Kinyanda <sup>27</sup>	ICD 10 criteria	82	45.6	Other comorbid disorders included depression, somatization, seizures, mania, and HIV-associated progressive encephalopathy
Thailand, Nuesch et al <sup>28</sup>	HADS	251	16.3	ART improved mental health and QoL
Tanzania, Marwick and Katya <sup>28</sup>	CIS-R	220	4.5	During HIV care, comorbid psychiatric disorders should be identified and managed
India, Sivasubramanian et al <sup>27</sup>	M.I.N.I.; DSM-IV	150	24	Anxiety associated with low levels of social support
Albania, Morrison et al <sup>27</sup>	Semistructured interview	79	82.3	Anxiety significantly associated with depression, first-line ART, recent HIV diagnosis, and greater medical and social needs
Nigeria, Oligunju et al <sup>27</sup>	SCAN	4,000	21.7	Anxiety was associated with low family support, lack of employment, and being unmarried
Canada, Ivanova et al <sup>28</sup>	HADS (HADS-A ≥ 11)	361	37 had high anxiety	Anxiety was associated with stigma, ART, and worries about reproductive health
India, Agrawal et al <sup>27</sup>	HADS	50	54	46% of PLWHA had low psychological well-being
South Africa, Poppin et al <sup>28</sup>	HADS	716	30.6	Anxiety was associated with ART side effects, avoidant coping, and stigma
India, Chaudhan et al <sup>28</sup>	HADS	100	19	Asymptomatic PLWHA had significantly higher prevalence of alcohol dependence, adjustment disorder, and sexual dysfunction compared to control subjects
Italy, Celesia et al <sup>28</sup>	SRAS	251	47	Anxiety was associated with a high number of ART switches
Nigeria, Oligunju et al <sup>28</sup>	SCID-NP	295	8.1	Compared to the general population, PLWHA suffer from more psychiatric disorders
USA, Farhani et al <sup>28</sup>	NA	7,834	16	53% of the patients had a psychiatric condition, including mood disorder (23%) and substance-related disorder (19%)
People's Republic of China, Liu et al <sup>29</sup>	SRAS	320	45.6	Depression and anxiety in PLWHA could be reduced by high social support
Israel, Levy <sup>28</sup>	STAI	57	18	Neurocognitive disturbances and psychiatric illnesses are common in asymptomatic PLWHA, independent of the time of being positive, immunological status, viral load, or treatment received
South Africa, Nel and Kagee <sup>28</sup>	BAI	101	28.7	—
Western Europe and Canada, Robertson et al <sup>28</sup>	HADS	2,863	33.3	No significant difference was found between those receiving combination ART and those not receiving it
Romania, Largu et al <sup>28</sup>	HAS	146	71 (54% mild, 14% severe, and 3% very severe anxiety)	PLWHA were afraid (of death, complications, other people's reaction to the diagnosis), confused (in terms of diagnosis, the mode of infection, the future), angry (against the source of infection, themselves, God), felt guilty and blamed themselves
Germany, Kitzner et al <sup>28</sup>	HADS	80	40 (male) and 73 (female)	Guilt for the HIV infection was present in 36% of PLWHA
People's Republic of China, Sun et al <sup>28</sup>	SRAS	772	49	Anxiety was associated with health status, social support, alcohol consumption, and condom use at the last sexual contact
People's Republic of China, Qiu et al <sup>27</sup>	GAD-7	370	30.5	Anxiety associated with employment status, sexual orientation, resident status, emergence of HIV-related symptoms, and stress
Ethiopia, Belete et al <sup>27</sup>	BAI	436	22.2	Being female, perceived stigma, started ART, and divorced were significantly associated with anxiety
Haitian females in USA, Glémaud et al <sup>27</sup>	NA	96	43	12.5% of subjects gave a history of abuse; 34% of subjects had PTSD
Lowther et al <sup>27</sup>	Systematic review	66 original studies	28.38	Low- and middle-income countries had a higher prevalence (33.92%) compared to high-income countries (25.53%)
South Korea, Kee et al <sup>28</sup>	STAI	840	32	Both anxiety and depression were associated with persistent symptoms, alcohol and tobacco use, and marital status

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**Beck Anxiety Inventory (BAI)**  
 Mark the level of anxiety experienced in each item. Please carefully read each item in the list. Indicate how much you have been bothered by that symptom during the past month, including today, by circling the number in the corresponding space in the column next to each symptom.

	Not at all	Mildly, but it doesn't bother me much	Moderately - it starts to bother me	Severely - it bothers me a great deal
Nervous or tingling	0	1	2	3
Headache	0	1	2	3
Weakness in legs	0	1	2	3
Unable to relax	0	1	2	3
Fear of worst happening	0	1	2	3
Dizzy or light-headed	0	1	2	3
Interfering with work	0	1	2	3
Unsteady	0	1	2	3
Shocked or afraid	0	1	2	3
Nervous	0	1	2	3
Feeling of choking	0	1	2	3
Heart pounding	0	1	2	3
Shaky or lurching	0	1	2	3
Fear of losing control	0	1	2	3
Difficulty concentrating	0	1	2	3
Fear of dying	0	1	2	3
Sweaty	0	1	2	3
Indigestion	0	1	2	3
Feeling frightened	0	1	2	3
Feeling alone	0	1	2	3
Fear of losing control	0	1	2	3
<b>Column Sum =</b>				

Scoring: Sum each column. Then sum the column totals to achieve a grand score. Write the score here.

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