## Getting Acquainted

Congratulations upon your selection of this CASIO watch. To get the most out of your purchase, be sure to read this manual carefully and keep it on hand for later reference when necessary.


Before using the watch for the first time...
Some watches are sent from the factory with the second hand stopped at 12 o'clock. Press the (B) button to start the second hand.

## About This Manual



- Button operations are indicated using the letters shown in the illustration.
- Each section of this manual provides you with the information you need to perform operations in each
mode. Further details and technical information can be found in the "Reference" section.


## General Guide

- This watch is designed so the function of a button is executed when you release the
- button, not when you press it.
-Use (A) and (B) to change from mode to mode as shown below


Hold down (B) for about five seconds, then press (B) twice.

Press (A)


Hold down (A) and (B) for about tive seconds.

Press (B).

## Radio-controlled Timekeeping

This watch receives a time calibration signal and updates its time setting accordingly. The time calibration signal includes both Standard Time and Daylight Saving Time (summer time) data.

- This watch is designed to pick up the time calibration signal transmitted in Germany (Mainflingen), England (Rugby), and the United States (Fort Colllins).


## Current Time Setting

This watch adjusts its time setting automatically in accordance with a time calibration
signal. You also can perform a manual procedure to set the time when necessary.

- The first thing you should do after purchasing this watch is to specify your Home Time Zone, which is the time zone where you normally will use the watch. For more information, see "To specify your Home Time Zone" below.
odjust the to adjust the current time setting manually as required. See "Timekeeping" for more information about manual time settings.
To specify your Home Time Zone

1. In the Timekeeping Mode, hold down (B) for about five
 seconds until the second hand moves to the hour marker that corresponds to the currently selected time
zone (see below) and stops. This is the setting mode - The GMT differential indicates the time difference in hours between Greenwich Mean Time and the applicable time zone, as described in the table below. 2. Press (A) to move the second hand to the hour marker for the time zone you want to select as your Home Time
Zone. Zone.

| To select this time zone: | Move the second hand to here: |
| :--- | :--- |
| London (GMT +0$)^{* 1}$ | 12 o'clock |
| Paris, Berlin, Milan, Rome, Amsterdam, <br> Hamburg, Frankfurt, Vienna, Barcelona, <br> Madrid (GMT +1) | 1 o'clock |
| Athens (GMT +2) 11 | 2 o'clock |
| Tokyo, Seoul, Pyongyang (GMT +9) | 9 o'clock |
| New York, Detroit, Miami, Boston (GMT -5)*2 | 5 o'clock |
| Chicago, Houston, Dallas/Fort Worth, New <br> Orleans (GMT -6)*2 | 6 o'clock |
| Denver, EI Paso, Culiacan (GMT -7) ${ }^{* 2}$ | 7 o'clock |
| Los Angeles, San Francisco, Las Vegas, <br> Seattle/Tacoma, Tijuana (GMT -8$)^{* 2}$ | 8 o'clock |
| None (auto receive disabled) | 11 o'clock |

*1 Also enables reception of European time calibration signals (Germany and U.K.) *2 Also enables reception of North American time calibration signal.
3. Press (B) three times to exit the setting mode

- The watch will also return to the Timekeeping Mode if you do not perform any operation for about three minutes.
- Normally, your watch should show the correct time as soon as you exit the Home Time Zone setting screen. If it does not, it should adjust automatically after the next auto receive operation (in the middle of the night). You can also perform manual
receive or you can set the time manually.
Even if the time calibration signal is rece the analog hands may not indicate the correct time. If this happens, use the procedures under "Adjusting the Home Positions" to check the home positions of the hands, and make adjustments as required.
- The watch will receive the time calibration signal automatically from the applicable information about the relationship between time zets settings accordingly. For transmitters, see "Transmitters". of the watch.
- You can disable time signal reception, if you want. See "To turn off time calibration signal reception" for more information.

Time Calibration Signal Reception
There are two different methods you can use to receive the time calibration signal:

- Auto Receive

With auto receive, the watch receives the time calibration signal automatically up to five times a day. When any auto receive is successful, the remaining auto receive operations are not performed. For more information, see "About Auto Receive".

- Manual Receive

Manual receive lets you start a time calibration receive operation with the press of a button. For more information, see "To perform manual receive".
Important!

- When getting ready to receive the time calibration signal, position the watch as shown in the nearby illustration, with its 6 o'clock side facing towards a window. Make sure there are no metal objects nearby.

- The watch should not be facing the wrong way.
- Proper signal reception can be difficult or even impossible under the conditions listed
- Proper

Inside or among

Inside a vehicle

Near
household household
appliances, applianc equipment,
or a mobile phone

Near a
construction
construction site, airport, or
other sources
other sources
of electrical
noise
- Signal reception is normally better at night than during the day.
- Time calibration signal reception takes from two to seven minutes, but in some cases it can take as long as 10 minutes. Take care that you do not perform any
- In Europe, this watch can receive either the Germany (Mainflingen) or England (Rugby) time calibration signal. See "Transmitters" for more information.
Reception Ranges

- Under good conditions, the signal reception range is approximately $1,500 \mathrm{~km}(930$ miles) from the German or U.K. transmitter, and approximately $3,000 \mathrm{~km}(2,000$ miles) from the U.S. transmitter.
- At distances greater than 500 km ( 310 miles) from the German or U.K. transmitter, and approximately 900 km ( 600 miles) from the U.S. transmitter, signal reception may not be possible at certain times of the day and during certain periods of the year. Radio interference may also cause problems with reception. problems with time calibration signal reception.


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About Auto Receive
With auto receive, the watch receives the time calibration signal automatically up to five times a day. When any auto receive is successful, the remaining auto receive operations are not performed. The reception schedule (calibration times) depends on your currently selected Home Time Zone, and whether standard time or Daylight

| Your Home Time Zone |  | Auto Receive Start Times |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 | 4 | 5 |
| GMT +0 | Standard Time Daylight Saving Time | $\begin{aligned} & 1: 00 \mathrm{am} \\ & \text { 2:00 am } \end{aligned}$ | $\begin{aligned} & \text { 2:00 am } \\ & \text { 3:00 am } \end{aligned}$ | $\begin{aligned} & 3: 00 \mathrm{am} \\ & \text { 4:00 am } \end{aligned}$ | $\begin{array}{\|l\|} \hline \text { 4:00 am } \\ \text { 5:00 am } \end{array}$ | 5:00 am <br> Midnight |
| GMT +1 | Standard Time Daylight Saving Time | $\begin{aligned} & \text { 2:00 am } \\ & \text { 3:00 am } \end{aligned}$ | $\begin{aligned} & 3: 00 \mathrm{am} \\ & \text { 4:00 am } \end{aligned}$ | $\begin{aligned} & \text { 4:00 am } \\ & \text { 5:00 am } \end{aligned}$ | 5:00 am <br> Midnight | Midnight 1:00 am next day |
| GMT +2 | Standard Time <br> Daylight Saving Time | $\begin{aligned} & 3: 00 \mathrm{am} \\ & 4: 00 \mathrm{am} \end{aligned}$ | $\begin{aligned} & \text { 4:00 am } \\ & \text { 5:00 am } \end{aligned}$ | $\begin{aligned} & \text { 5:00 am } \\ & \text { Midnight } \end{aligned}$ | Midnight <br> 1:00 am next day | 1:00 am next day 2:00 am next day |
| GMT -5, $\begin{aligned} & -6, \\ & -7, \end{aligned}$ | Standard Time and Daylight Saving Time | Midnight | 1:00 am | 2:00 am | 3:00 am | 4:00 am |

Note

- When a calibration time is reached, the watch will automatically receive the calibration signal only if it is in either the Timekeeping Mode or Receive Result Mode. Auto receive is not performed if a calibration time is reached while you are uring settings.
Auto receipt of the calibration signal is designed to be performed early in the morning, while you sleep (provided that the Timekeeping Mode time is set correctly) Before going to bed for the night, remove the watch from your wrist, and put it in a ocation where it can receive the signal easily.
The watch receives the calibration signal for two to seven minutes everyday when the time in the Timekeeping Mode reaches each of the calibration times. Do not perform any button operation within seven minutes before or after any one of the calibration times. Doing so can interfere with correct calibration
- Remember that reception of the calibration signal depends on the current time in the Timekeeping Mode. The receive operation will be performed whenever the display time is actually the correct time.


## To turn off time calibration signal reception



1. In the Timekeeping Mode, hold down (B) for about five seconds until the second hand moves to the currently 2. Press (A) many times as required to move the secon hand to 11 o'clock.
Time calibration signal reception is turned off when the second hand is pointing to 11 o'clock.
2. Press © three times to exit the setting mode.

- If you turn off signal reception and then select a home time zone that supports signal reception again, be sure to perform a manual receive operation to adjust the time setting.
To perform manual receive
Place the watch on a stable surface so its 6 o'clock side is facing towards a window.


Start of Signal Reception In the Timekeeping Mode, hold down (A) for about two seconds until the second hand moves to the area along the bottom of the face marked "•" ( 33 seconds).

- This will start manual calibration signal reception

3. The second hand indicates one of the following conditions described below during signal reception.

| If the second hand is pointing here: | It means this: |
| :---: | :---: |
| "•" area (33 seconds) | Getting ready <br> to receive |
| "•••" area (38 seconds) | Receiving |

The hour and minute hands continue to keep time normally.

- Time calibration signal reception takes from two to seven minutes, but in some cases it can take up to 10 minutes. Take care that you do not perform any button operations or move the watch during this time
- The watch will enter the Receive Result Mode automatically after signal reception is complete.
- To interrupt a receive operation and return to the Timekeeping Mode, press (A).


## Viewing the Latest Signal Reception Results

You can use the Receive Result Mode to check if signal reception was performed correctly.
To check the latest signal reception results


Enter the Receive Result Mode
watch wil enter the Receive Result Mode autoraticaly.

- The position of the second hand indicates the result of
the latest receive operation, as shown below.
" Y " area ( 22 seconds) : Receive successtul
" N " area ( 27 seconds) : Receive failed

The hour and minute hands continue to keep time normally in the Receive Result Mode. - The watch will not enter the Receive Result Mode when you press (A) if calibration signal reception is turned off.

- To return to the Timekeeping Mode, press (A).
- Manually changing the hour and minute hand setting clears the current receive - The second hand will point to the " N " area ( 27 seconds) if the last receive operation was interrupted for some reason.

Signal Reception Troubleshooting

| Problem | Probable Cause | What you should do |
| :---: | :---: | :---: |
| Cannot perform manual receive | - The watch is not in the Timekeeping Mode or Receive Result Mode. <br> - Signal reception is turned off. | - Enter the Timekeeping Mode or Receive Result Mode and try again. <br> - Select a time zone that enables calibration signal reception. |
| The second hand is pointing to the " N " area (27 seconds). | - You changed the time setting manually. <br> - You were adjusting the watch settings when the auto receive start times were reached. <br> - You pressed (A) while signal receive was in progress. | - Perform manual signal receive or wait until the next auto signal receive operation is performed. <br> - Check to make sure the watch is in a location where it can receive the signal. |
| Time setting is incorrect following signal reception. | - The Home Time Zone setting is not correct for the area where you are using the watch. <br> - The home position of the hands is off. | - Select the correct Home Time Zone. <br> - Enter the Home Position Adjustment Mode and adjust the home position. |

- For further information, see "Important!" under "Tin


## Adjusting the Home Positions

If the time settings are wrong even after the time calibration signal is received normally, use the following procedure to adjust their home positions.
To adjust the home positions

. Enter the Home Position Adjustment Mode. - If the home position of the second hand is currently correct, it will move to the 12 o'clock position - The analog hands do not keep time during home position adjustment.
The position of the second hand. pointing at 12 o'clock.
means that its hond is not pointing at 12 o'clock, it means that its home position is off. If this happens, press (A) to move the second hand clockwise in onesecond steps, until to poin
3. Press (B) to advance to hour and minute hand home If current hour
Iherrent hour and minute hand alignment is correct, they will both move to 12 o'clock.
If th the position of the hour and minute hands. - If the hour and minute hands are not pointing at 12 o'clock, it means that their home position is off. If this happens, press (A) to move the hour and minute hands clockwise in 20 -second steps, until they point at 12 o'clock.
5. Press (B) to exit home position adjustment.

This will cause the watch to return to the Timekeeping Mode. The hour, minute, and second hands will indicate
the current time.
Correct hour and minute hand home position

Timekeeping


Use the Timekeeping Mode to set and view the current time. This section also explains how to set the current time manually.
If you become confused and lose your way during the following procedures, simply put the watch down and do not perform any button operation for about three minutes. This will cause the watch to enter the movement of the second hand) automatically. After that, you can try performing the manual setting procedure again from the beginning.

Second hand

## Setting the Time

You can use the Timekeeping Mode to change the hand setting and to switch between Standard Time and Daylight Saving Time.

- You can also change the Home Time Zone setting in the Timekeeping Mode.

To change the time setting


In the Timekeeping Mode, hold down (B) for about five seconds until the second hand moves to the currently selected time zone and stops. This is the setting mode.
2. Press $\operatorname{B}$ thice.

- This will cause the second hand to the 8 -second position.

3. Press (A) to move the time setting forward by one minute - Holding down (A) for about two seconds starts highspeed hand movement. High-speed hand movement will continue until the hands complete a 12 -hour cycle
or until you stop them by pressing (A).
4. Coordinating with a time signal on the radio or TV, press (B) to restart normal
timekeeping. The second hand will move to 12 o'clock at the start of timekeeping.

- If you did not change any of the time settings (hour, minute), pressing (B) will cause the second hand to move to the seconds for the current time and resume
timekeeping from there.
perform auto receive starting setting between midnight and noon, the watch will he normal times (starting from midnight) After that, auto receive will be performed a setting between noon and midnight, the watch will. start performing normal auto receive starting from midnight.


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Daylight Saving Time (DST)
Daylight Saving Time (summer time) advances the time setting by one hour from Standard Time. Remember that not all countries or even local areas use Daylight Saving Time. The time calibration signal includes both Standard Time and Daylight Saving Time data. If you select AUTO for the DST setting, the watch will switch between Standard Time and Daylight Saving time automatically as required.

- Changing the Home Time Zone (GMT differential) setting to anything besides 9 o'clock (GMT +9 ) or 11 o'clock (receive off) will change the DST setting to AUTO. Selecting 9 o'clock (GMT +9 ) or 11 o'clock (receive off) will change the DST setting to OFF. See "To specify your Home Time Zone" for details about time zones.
To switch between Daylight Saving Time and Standard Time

1. In the Timekeeping Mode, hold down (B) for about five seconds until the second hand moves to the currently selected time zone and stops. This is the setting mode.

2. Press (B) once.

- This will cause the second hand to move to the 47 , 52 , or 57 seconds position. The hand position
Press (A) to cycle through the DST
h the DST settings.
- The following shows how the second hand indicates the DST settings.
47 seconds
52 seconds

4. When the setting is the way you want, press (B) twice to exit the setting mode.

## Reference

This section contains more detailed and technical information about watch operation.
It also contains important precautions and notes about the various features and functions of this watch.

## Back Cover

The back cover of the watch is marked with the relative positions of each time zone city code. The position of "LAX" on the back of the watch, for example, indicates that the "LAX" (Los Angeles) city code is located at 8 o'clock on the face of the watch.

## Auto Return Features

The watch will return to the Timekeeping Mode automatically if you do not perform any operation for about three minutes while it is in the Receive Result Mode, the Home Position Adjustment Mode, or a setting mode.

## Button Operation Timing

This watch is designed so the function of a button is executed when you release the button, not when you press it.
Scrolling

- The (A) button is used to change the hand setting in various setting modes. In most cases, holding down the (A) button will start high-speed movement of the applicable hand(s).
- High-speed movement of the hat


## Radio-controlled Timekeeping Precautions

- Strong electrostatic charge can result in the wrong time being set
- Even when the watch is within the reception range of the transmitter, signal reception will be impossible if the signal is blocked by mountains or other geological
mations between the watch and signal source.
changes.
- The time calibration signal bounces off the ionosphere. Because of this, such factors as changes in the reflectivity of the ionosphere, as well as movement of the ionosphere to higher altitudes due to seasonal atmospheric changes or the time of day may change the reception range of the signal and make reception temporarily Even if the
the time settine calibration signal is received properly, certain conditions can cause The current time setting in up to one second.
over any time setting in accordance with the time calibration signal takes priority
- If you are in an area where proper tinually.
watch keeps time within +20 proper time calibration signal reception is impossible, the
- If you have problems with proper time calibration signal temperature.
setting is wrong after sign proper time calibration signal reception or if the time differential) setting
The following are the initial factory defaults for this setting. Module 3779: GMT +1
Module 4306: GMT +0


Transmitters
The time calibration signal received by this watch depends on the currently selected home time zone
ves the time calibration signal When a European United States (Fort Collins).
signals transmitted from Germany (Mainflingen) and England (Rugby). The following tables show the reception priority for the European signals.

When time zone GMT +1 or GMT +2 is selected:

| In this case: | The watch does this: |
| :--- | :--- |
| The first signal search <br> operation after the Home Time <br> Zone has been changed | 1. Checks the Mainflingen signal first. <br> 2. If the Mainflingen signal cannot be received, <br> checks the Rugby signal. |
| The second and subsequent <br> signal searches | 1. Checks the signal of the transmitter of the first <br> receive operation (Rugby or Mainflingen). <br> 2. If the checked signal cannot be received, checks <br> the other signal. |

When time zone GMT +0 is selected:

| In this case: | The watch does this: |
| :--- | :--- |
| The first signal search <br> operation after the Home Time <br> Zone has been changed | 1. Checks the Rugby signal first. <br> 2. If the Rugby signal cannot be received, checks <br> the Mainflingen signal. |
| The second and subsequent <br> signal searches | 1. Checks the signal of the transmitter of the first <br> receive operation (Rugby or Mainflingen). <br> 2. If the checked signal cannot be received, checks <br> the other signal. |

## Timekeeping

- The current time for all time zones in the Timekeeping Mode is calculated in
accordance with the Greenwich Mean Time (GMT) differential of each zone, based on your Home Time Zone time setting
- GMT differential is calculated by this watch based on Universal Time Coordinated (UTC*) data UTC is the world-wide scientific standard of timekeeping. It is based upon carefully incos ync with the Earth's rotation. The reference point for UTC is Greenwich. Engla

